

# Main building 1<sup>st</sup> Floor Group Programs April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>*Virtual Visits:</b> (15 min slots for out of town family/friends)		<b>*Virtual visits 10-12</b>		<b>*Virtual visits 3-4</b>		
<b>Recreation Staff:</b> <b>1<sup>st</sup> fl-</b> Sophia (m-f) <b>2<sup>nd</sup> fl-</b> Meena (su-th) <b>1<sup>st</sup> fl float</b> Serena (m,tu, th, f) <b>Float-</b> Sabrina(tu-sat)	<b>1</b> <b>Easter Monday</b> 3:15 <i>Drumming with Dave (MT)</i>	<b>2</b> 10:00 good news- Sophia 10:00 Chinese group - Sabrina 11:00 <b>"Take 10's"</b> North-Sophia 11:15 <u>Exercises with Cid</u> <b>1:30 Resident Council</b> – Sophia/Kim 3:00-4:40 float/sensory S/W-Sophia 3:15 word games – Kim 4:00 <u>sensory lounge-</u> Kim 6:00 <i>Karaoke with Johann (MT)</i>	<b>3</b> 10:00 song writing with Dave MT 11:00 sensory lounge meena 1:15 floor games- Sophia/Sabrina 3:00 float/sensory S/W - Sabrina 3:15 manicures with Sophia 4:00 Sensory lounge-Sabrina <b>4:00 Violin with Joshua</b> 4:00 <i>Bar open \$</i> - Sophia 6:00 \$Bingo with Sabrina	<b>4</b> 10:00 virtual Worship- Sophia 10-12 <b>"Take 10's"</b> West - Sabrina 11:00 float/sensory – Sophia 11:15 <u>Exercises with Cid</u> <b>12:00 Fast Food lunch</b> Sophia/Sabrina 1:15 art/music(cherry blossom-serena) 3:15 table games - Sabrina 4:00 <u>sensory lounge</u> - Serena 6:00 Hymns with Herb - Serena	<b>5</b> 10:00 Good News- Sophia 10:00-12:00 <b>"Take 10's"</b> East -Sabrina 11:00 float/sensory S/W – Sophia 11:00 Chinese Songs 中国歌曲 <i>with Vicky (MT)</i> <b>1:15 Pub with Lorraine \$</b> 3:00 <i>Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Sabrina 4:00 <u>sensory lounge</u> – Sophia	<b>6</b> <small>rec extra- Kim</small> 10:00 good news - Sabrina 11:15 Exercises with Sabrina 1:15 <i>Music w/ Johann (MT)</i> 2:15 <u>Violin w/ Julia (dining rm)</u> 3:00 Fun bingo – Sabrina <b>4:00 WORD Christian fellowship</b> - Sabrina
<b>7</b> <small>rec extra- Navida</small> 9:45 float/sensory - Meena 10:00 <i>music with Dave (MT)</i> 11:15 Exercises with Meena 1:15 games/ social - meena 3:15 Sensory lounge w/ Meena	<b>8</b> 10:00 Vinyl Café" Stuart Mclean stories – Sophia 11:00 knitting circle – Sophia 1:15 \$ Bingo (Sophia, Esther) 2:15 <u>flute with Julia (dining room)</u> 3:15-4:15 <b>"Take 10's"</b> South - Esther 3:15 <i>Drumming with Dave (MT)</i> 4:00 <u>sensory lounge-</u> Sophia <b>6:00 Swing Out! Jazz Show</b> - Meena	<b>9</b> 10:00 good news- Sophia 10:00 Chinese group - Sabrina 11:00 <b>"Take 10's"</b> North-Sophia 11:15 <u>Exercises with Cid</u> <b>1:00 Mike's Critters Animal show</b> 3:00-4:40 float/sensory S/W-Sophia 3:15 word games – Esther 4:00 <u>sensory lounge-</u> Esther 6:00 <i>Karaoke with Johann (MT)</i>	<b>10</b> 10:00 song writing with Dave MT 11:00 sensory lounge meena 1:15 floor games- Sophia/Sabrina 3:00 float/sensory S/W - Sabrina 3:15 manicures with Sophia 4:00 Sensory lounge-Sabrina 4:00 <i>Bar open \$</i> - Sophia 6:00 \$Bingo with Sabrina	<b>11</b> <b>10:00 Christian Fellowship</b> - Sophia 10-12 <b>"Take 10's"</b> West - Sabrina 11:00 float/sensory – Sophia 11:15 <u>Exercises with Cid</u> 1:15 art and music - Esther 3:15 table games - Sophia 4:00 men's group- Esther 4:00 <u>sensory lounge</u> - Sophia 6:00 Hymns with Herb - Esther	<b>12</b> 10:00 Good News- Sophia 10:00-12:00 <b>"Take 10's"</b> East -Sabrina 11:00 float/sensory S/W – Sophia 11:00 Chinese Songs 中国歌曲 <i>with Vicky (MT)</i> <b>1:15 Pub with Hugh</b> 3:00 <i>Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Sabrina 4:00 <u>sensory lounge</u> – Sophia	<b>13</b> <small>rec extra- Navida</small> <b>10:00 Caanan Church Choir</b> 11:15 Exercises with Sabrina 1:15 <i>Music w/ Johann (MT)</i> 2:15 <u>Violin w/ Julia (dining rm)</u> 3:00 Fun bingo – Sabrina 4:00 <u>sensory Lounge-</u> Sabrina
<b>14</b> <small>rec extra- Kim</small> 9:45 float/sensory - Meena 10:00 <i>music with Dave (MT)</i> 11:15 Exercises with Meena 1:15 games/ social - meena 3:15 Sensory lounge w/ Meena	<b>15</b> 10:00 Vinyl Café" Stuart Mclean stories – Sophia 11:00 knitting circle – Sophia 1:15 \$ Bingo (Sophia, Serena) 3:15-4:15 <b>"Take 10's"</b> South - Serena 3:15 <i>Drumming with Dave (MT)</i> 4:00 <u>sensory lounge-</u> Sophia <b>6:00 Art to music w/ Nelson and Meena</b>	<b>16</b> 10:00 good news- Sophia 11:00 <b>"Take 10's"</b> North-Sophia 11:15 <u>Exercises with Cid</u> <b>1:15 Birthday Party with Cindy</b> 3:00-4:40 float/sensory S/W-Sophia 3:15 word games – Serena 4:00 <u>sensory lounge-</u> Serena 6:00 <i>Karaoke with Johann (MT)</i>	<b>17</b> <i>Library book delivery</i> 10:00 song writing with Dave MT 11:00 sensory lounge meena 1:15 floor games- Sophia/ Kim 3:00 float/sensory S/W - Kim 3:15 manicures with Sophia 4:00 Sensory lounge- Kim 4:00 <i>Bar open \$</i> - Sophia 6:00 \$Bingo with - Kim	<b>18</b> <small>rec staff mtg 12:30</small> 10:00 virtual Worship- Sophia 10-12 <b>"Take 10's"</b> West - Amanda 11:00 float/sensory – Sophia 11:15 <u>Exercises with Cid</u> 3:15 table games - Sophia 4:00 men's group- Serena 4:00 <u>sensory lounge</u> - Sophia 6:00 Hymns with Herb - Serena	<b>19</b> 10:00 Good News- Sophia 10:00-12:00 <b>"Take 10's"</b> East -Amanda 11:00 float/sensory S/W – Sophia 11:00 Chinese Songs 中国歌曲 <i>with Vicky (MT)</i> <b>1:15 Pub with Mike Escueta \$</b> 3:00- 4:40 Float/1:1 – Amanda 4:00 <u>sensory lounge</u> – Sophia	<b>20</b> <small>rec extra- Navida</small> <b>10:00 Richmond Bible Baptist fellowship</b> - Kim 11:15 Exercises with Kim 2:15 <u>Violin w/ Julia (dining rm)</u> 1:15 <i>Music w/ Johann (MT)</i> 3:00 Fun bingo – Kim 4:00 <u>sensory Lounge-</u> Kim
<b>21</b> <small>rec extra- Kim</small> 9:45 float/sensory - Meena 10:00 <i>music with Dave (MT)</i> 11:15 Exercises with Meena 1:15 games/ social - meena 3:15 Sensory lounge w/ Meena	<b>22</b> 10:00 Vinyl Café" Stuart Mclean stories – Sophia 11:00 knitting circle – Sophia 1:15 \$ Bingo (Sophia, Serena) 3:15-4:15 <b>"Take 10's"</b> South - Serena 3:15 <i>Drumming with Dave (MT)</i> 4:00 <u>sensory lounge-</u> Sophia 6:00 Game Night- Meena	<b>23</b> 10:00 good news- Sophia 11:00 <b>"Take 10's"</b> North-Sophia 11:15 <u>Exercises with Cid</u> <b>1:15 Cherry blossom craft-</b> Sophia 3:00-4:40 float/sensory S/W-Sophia 3:15 word games – Serena 4:00 <u>sensory lounge-</u> Serena 6:00 <i>Karaoke with Johann (MT)</i>	<b>24</b> 10:00 song writing with Dave MT 11:00 sensory lounge meena <b>1:15 Cherry Blossom Social/Sing along with Susan</b> 3:00 float/sensory S/W - Kim 3:15 manicures with Sophia 4:00 Sensory lounge- Kim 4:00 <i>Bar open \$</i> - Sophia 6:00 \$Bingo with - Kim	<b>25</b> <b>10:00 Christian Fellowship</b> - Sophia 10-12 <b>"Take 10's"</b> West - - Amanda 11:00 float/sensory – Sophia 11:15 <u>Exercises with Cid</u> 1:15 art and music - Serena 3:15 table games - Sophia 4:00 men's group- Esther 4:00 <u>sensory lounge</u> - Sophia 6:00 Hymns with Herb - Serena	<b>26</b> <b>10:00 Catholic Communion</b> - Amanda 10:00 Good News- Sophia 11:00-12:00 <b>"Take 10's"</b> East -Amanda 11:00 float/sensory S/W – Sophia 11:00 Chinese Songs 中国歌曲 <i>with Vicky (MT)</i> <b>1:15 Pub with Pete Campbell \$</b> 3:00- 4:40 Float/1:1 – Amanda 4:00 <u>sensory lounge</u> – Sophia	<b>27</b> <small>rec extra- Navida</small> 10:00 good news - Kim 11:15 Exercises with Kim 2:15 <u>Violin w/ Julia (dining rm)</u> 1:15 <i>Music w/ Johann (MT)</i> <b>3:00 Harvest Church Choir</b> - Kim 4:00 <u>sensory Lounge-</u> Kim
<b>28</b> <small>rec extra- Navida</small> 9:45 float/sensory - Meena 11:15 Exercises with Meena <b>1:15 Rch Chinese Alliance Church service</b> - meena 3:15 Sensory lounge w/ Meena	<b>29</b> 10:00 Vinyl Café" Stuart Mclean stories – Sophia 11:00 knitting circle – Sophia 1:15 \$ Bingo (Sophia, Serena) 3:15-4:15 <b>"Take 10's"</b> South - Serena 3:15 <i>Drumming with Dave (MT)</i> 4:00 <u>sensory lounge-</u> Sophia 6:00 Game Night- Meena	<b>30</b> <b>10:00 Food committee</b> - Sophia 11:00 <b>"Take 10's"</b> North-Sophia 11:15 <u>Exercises with Cid</u> <b>1:15 craft/décor-</b> Sophia 3:00-4:40 float/sensory S/W-Sophia 3:15 word games – Serena 4:00 <u>sensory lounge-</u> Serena 6:00 <i>Karaoke with Johann (MT)</i>	<b>Float/Sensory:</b> staff assist with group programs or engage residents in 1:1 & small group activity. <b>Sensory Lounge:</b> staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 and group activities such as games, colouring, reading, sorting, matching, puzzles, Ipad, food. <b>"Take 10's"</b> – staff spend 10 mins with residents who prefer to stay in their rooms. <b>Music Therapy (MT)</b> therapists Dave, Johann & Vicky lead 1:1, small & larger groups using voice, instruments & mediums. Lon/Stev lounges: Small groups tues 9:15-10:45 & tues/thurs 1:00-2:45 <b>Bar open \$</b> - the bar is open Wednesdays at 4pm for residents wanting a drink before dinner. <b>"\$"</b> =Optional costs. <b>Bar/Pub drinks \$1-\$4, Paid entertainers \$4, Bus trips \$6</b>			

