

Special Care Unit April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Easter Monday 9:45-11:00 <i>Music with Dave (MT)</i>	2 9:30-11:45 rec programs 1:30 SCU Birthday Tea with Karen and Johann 2:45- 4:45 rec programs	3 9:30–11:45 rec programs 1:00- 4:45 rec programs 2:30-4:00 <i>Music w/ Dave (MT)</i>	4 9:30–11:45 rec programs 1:00- 4:45 rec programs 5:45-7:00 <i>Music with Dave (MT)</i>	5 9:30–11:45 rec programs 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 ☆ Pub with Lorraine \$ 2:45- 4:45 rec programs	6 <i>rec extra- Kim</i> 10:45-12:00 <i>Music with Johann (MT)</i> 1:00-3:45 Rec programs
7 <i>rec extra- Navida</i> 11-12 <i>Music w/ Dave (MT)</i> 1:00-2:30 <i>Music w/ Dave (MT)</i> 1:00-3:45 Rec programs	8 9:45-11:00 <i>Music with Dave (MT)</i> 11:15-12:00 rec 1:1's 12:45-4:45 rec programs 5:45-6:45 rec programs	9 9:30-11:45 rec programs 1:00 ☆Mike's Critters Animal Show 2:45- 4:45 rec programs	10 9:30–11:45 rec programs 1:00- 4:45 rec programs 2:30-4:00 <i>Music w/ Dave (MT)</i>	11 9:30–11:45 rec programs 1:00- 4:45 rec programs 5:45-7:00 <i>Music with Dave (MT)</i>	12 9:30–11:45 rec programs 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 ☆ Pub with Hugh 2:45- 4:45 rec programs	13 <i>rec extra- Navida</i> 10:45-12:00 <i>Music with Johann (MT)</i> 1:00-3:45 Rec programs
14 <i>rec extra- Kim</i> 11-12 <i>Music w/ Dave (MT)</i> 1:00-2:30 <i>Music w/ Dave (MT)</i> 1:30-3:45 Rec programs	15 9:45-11:00 <i>Music with Dave (MT)</i> 11:15-12:00 rec 1:1's 12:45- 4:45 rec programs 5:45-6:45 rec programs	16 9:30-11:45 rec programs 1:15 ☆Main building Birthday Party -sing along with Cindy 2:45- 4:45 rec programs	17 9:30–11:45 rec programs 1:00- 4:45 rec programs 2:30-4:00 <i>Music w/ Dave (MT)</i>	18 <i>rec staff mtg</i> 9:30–11:45 rec programs 2:00- 4:45 rec programs 5:45-7:00 <i>Music with Dave (MT)</i>	19 9:30–11:45 rec programs 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 ☆ Pub with Mike Escueta\$ 2:45- 4:45 rec programs	20 <i>rec extra- Navida</i> 10:45-12:00 <i>Music with Johann (MT)</i> 1:00-3:45 Rec programs
21 <i>rec extra-Kim</i> 11-12 <i>Music w/ Dave (MT)</i> 1:00-2:30 <i>Music w/ Dave (MT)</i> 1:00-3:45 Rec programs	22 9:45-11:00 <i>Music with Dave (MT)</i> 11:15-12:00 rec 1:1's 12:45- 4:45 rec programs 5:45-6:45 rec programs	23 9:30-11:45 rec programs 1:00- 4:45 rec programs	24 9:30–11:45 rec programs 1:15 ☆Cherry Blossom Sing along with Susan 2:45- 4:45 rec programs 2:30-4:00 <i>Music w/ Dave (MT)</i>	25 9:30–11:45 rec programs 1:00- 4:45 rec programs 5:45-7:00 <i>Music with Dave (MT)</i>	26 <u>10:45 catholic blessings</u> 9:30–11:45 rec programs 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 ☆Pub w/ Pete Campbell\$ 2:45- 4:45 rec programs	27 <i>rec extra - Navida</i> 10:45-12:00 <i>Music with Johann (MT)</i> 1:00-3:45 Rec programs
28 <i>rec extra- Navida</i> 11-12 <i>Music w/ Dave (MT)</i> 1:00-2:30 <i>Music w/ Dave (MT)</i> 1:00-3:45 Rec programs	29 9:45-11:00 <i>Music with Dave (MT)</i> 11:15-12:00 rec 1:1's 12:45- 4:45 rec programs 5:45-6:45 rec programs	30 9:30-11:45 rec programs 1:00- 4:45 rec programs				

Music Therapy: Music therapists (Dave, Vicky, Johann) divide their time between floors leading 1:1 & small groups incorporating voice & various musical instruments & mediums.

Mobility Program: (6 days/week). Physiotherapist assessment and Rehab assistants work with residents in the program

Face times (duo, zoom): for out of town family/friends: To schedule regular times (15 min sessions) contact Karen (SCU rec staff) at recreation@rosewoodmanor.org or 604-271-3590 ext 141

Recreation programs: Recreation staff: Karen (mon- fri) divides her time between the 3 floors. Afternoon recreation programs are offered on some weekends. Programs run 20- 45 minutes per floor with an average of 2 programs per floor per day. The programs are designed for residents with dementia and address cognitive, fitness, sensory, 1:1 visits, music, food, seasonal themes and care for the environment, programs are offered indoors and in the outdoor courtyard (as appropriate). *When recreation or music therapy programs are not occurring -Care staff engage residents with resources on the unit (puzzles, magazines, colouring, walking etc..)

☆ = program is in the main building. Staff will accompany SCU residents to these main building programs as appropriate.

“\$” indicate optional program costs: \$ = \$4 for paid entertainment +optional drink charges at pub), \$6 bus trip