

ROSEWOOD MANOR: SPRING / SUMMER MENU - WEEK 1 -

Sunday Day 1	Monday Day 2	Tuesday Day 3	Wednesday Day 4	Thursday Day 5	Friday Day 6	Saturday Day 7
BREAKFAST						
Milk & Juice Oatmeal Assorted Cold Cereals Scrambled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Cheese Slice Bran Muffin Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Scrambled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Yogurt Cinnamon Roll Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Raisin Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Spinach & Feta Omelet Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Toast & Jam
LUNCH						
Mediterranean Lentil Soup Belgian Waffles w/ Peach Compote Whipping Cream Bacon Slice Blueberry Jell-O	Cream of Spinach Soup Basil Pesto Chicken Salad on Brioche Hoagie Carrot – Pineapple Slaw Apple Crumble	Cream of Celery Soup Pork Chow Mein Mixed Asian Vegetables Fruit Salad	Hearty Vegetable Barley Soup Broccoli and Cheddar Frittata Baked Tomatoes Orange Sorbet	Potato Leek Soup Butternut Squash and Black Bean Chili Mexican Spring Mix Salad Sour Cream and Salsa Banana Pudding w/ Wafer	Cream of Tomato Soup Ham and Cheese Sandwich w/ a dill pickle Green Salad Raisin Square	Cream of Mushroom Soup Chicken Tenders and Plum Sauce Macaroni Salad Diced Melon Medley
Minced: Minced Menu Puree: Ham	Minced: Minced Menu Puree: Chicken	Minced: Minced Menu Puree: Turkey	Minced: Minced Menu Puree: Florentine Frittata	Minced: Minced Menu Puree: Fish	Minced: Ham Puree: Ham	Minced: Minced Menu Puree: Chicken
DINNER						
Chicken Congee Herb Roasted Pork with Apple Stuffing with Gravy Mashed Yams Green Beans Almandine Chocolate Pudding	Chicken Congee Spaghetti Bolognaise Baked Butternut Squash Lemon Macaroon	Chicken Congee Roasted Lemon Sole with Red Thai Curry Sauce Fried Rice Mixed Vegetable Nanaimo Bar	Chicken Congee Teriyaki Tofu Stir Fry Sticky Jasmine Rice Honey Glazed Carrot Strawberry Rhubarb Pie	Chicken Congee Baked Italian Chicken Penne Zucchini with Red Pepper Donut Hole with Choc Drizzle	Chicken Congee Paneer Tikka Masala Basmati Rice Steamed Broccoli Cherry Tart with Chocolate Ganache	Chicken Congee Pineapple Basa Roasted Potatoes Sliced Beets Ice cream with Caramelised Apples and Wafer Cookie
Minced: Puree:	Minced: Puree:	Minced: Puree:	Minced: Puree:	Minced: Puree:	Minced: Puree:	Minced: Puree:

Breakfast – Bananas available at Lunch – Crackers with soup PM – Homemade baked goods / fruit and juice or milk HS – Juice or milk and sandwich / cookies / banana.

Note: (1) Milk and juice are served at all meals. Tea, coffee, and water are offered at meals. (2) Rice and sandwiches are available at lunch and dinner. (3) Mashed Potato available at lunch. (4) Bread & butter available at dinner (5) Minced and Puree vegetables same as menu unless otherwise posted.