

# Main building 1<sup>st</sup> Floor Group Programs May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
<b>*Virtual Visits:</b> (15 min slots for out of town family/friends)		<b>*Virtual visits 10-12</b>		<b>Care Conf 9:30-11:30 Sophia</b>	<b>*Virtual visits 3-4</b>								
<p><b>Float/Sensory:</b> staff assist with group programs or engage residents in 1:1 &amp; small group activity. <b>Sensory Lounge:</b> staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 and group activities such as games, colouring, reading, sorting, matching, puzzles, Ipad, food. <b>“Take 10’s”</b> – staff spend 10 mins with residents who prefer to stay in their rooms.</p> <p><b>Music Therapy (MT)</b> therapists Dave, Johann &amp; Vicky lead 1:1, small &amp; larger groups using voice, instruments &amp; mediums. Lon/Stev lounges: Small groups tues 9:15-10:45 &amp; tues/ thurs 1:00-2:45 <b>Bar open \$</b>- the bar is open Wednesdays at 4pm for residents wanting a drink before dinner. <b>“\$”</b>=Optional costs. Bar/Pub drinks \$1-\$4, Paid entertainers \$4, Bus trips \$6</p>		<p><b>1</b> 10:00 song writing/music w/ Dave MT 11:00 sensory lounge meena <b>1:15 Richmond Singers Ensemble</b> 3:00 float/sensory S/W - Meena 3:15 manicures with Serena 4:00 Sensory lounge-Meena <b>4:00 Violin with Joshua</b> 4:00 Bar open \$ - Serena 6:00 \$Bingo with Serena</p>		<p><b>2</b> 10:00 virtual Worship- Amanda 10-12 <b>“Take 10’s” West - Meena</b> 11:00 float/sensory – Amanda 11:15 Exercises with Cid <b>12:00 Fast Food lunch</b> Sophia/Meena 1:15 art and music - Serena 3:15 table games - Amanda 4:00 sensory lounge - Amanda 4:00 Men’s group - Meena 6:00 Hymns with Herb - Serena</p>		<p><b>3</b> 10:00 Good News- Serena 10:00-12:00 <b>“Take 10’s” East -Amanda</b> 11:00 float/sensory S/W – Serena 11:00 Chinese Songs 中国歌曲 with Vicky (MT) <b>1:15 Pub with Bobby Bacchus \$</b> 3:00 Music Appreciation- Johann (MT) 3:00- 4:40 Float/1:1 – Serena 4:00 sensory lounge – Amanda</p>		<p><b>4</b> rec extra- Navida 10:00 good news - Navida 11:15 Exercises with Iris 1:15 Music w/ Johann (MT) 2:15 Violin w/ Julia (dining rm)  3:00 Fun bingo – Iris <b>4:00 WORD Christian fellowship - Iris</b></p>					
<p><b>5</b> rec extra-Navida  9:45 float/sensory - Meena 10:00 music with Dave (MT) 11:15 Exercises with Meena 1:15 games/ social - meena 3:15 Sensory lounge w/ Meena</p>		<p><b>6</b> 10:00 Vinyl Café” Stuart Mclean stories – Serena 11:00 knitting circle – Serena 1:15 \$ Bingo (Serena, Meena) 3:15-4:15 <b>“Take 10’s” south-Meena</b> 3:15 Drumming with Dave (MT) 4:00 sensory lounge- Serena 6:00 Game Night- Meena</p>		<p><b>7</b> 10:00 good news- Meena 11:00 <b>“Take 10’s” North- Meena</b> 11:15 Exercises with Cid <b>1:30 Resident Council</b> (serena/meena) 3:15 word games – Meena 4:00 sensory lounge– meena 6:00 Karaoke with Johann (MT)</p>		<p><b>8</b> 10:00 song writing/music w/ Dave MT 11:00 sensory lounge meena 1:15 floor games- Meena/ Serena 3:00 float/sensory S/W - Meena 3:15 manicures with Serena 4:00 Sensory lounge-Meena 4:00 Bar open \$ - Serena 6:00 \$Bingo with Serena</p>		<p><b>9</b> <b>10:00 Christ Fellowship</b> – Meena 11:00 float/sensory – Meena 11:15 Exercises with Cid 1:15 art and music - Meena <b>2:15-3:00 pop up café-cold brew coffee drinks</b> 3:15 table games - Meena 4:00 sensory lounge - Meena 6:00 Hymns with Herb - Serena</p>		<p><b>10</b> 10:00 Good News- Serena 10:00-12:00 <b>“Take 10’s” East -Sabrina</b> 11:00 float/sensory S/W – Serena 11:00 Chinese Songs 中国歌曲 with Vicky (MT) <b>1:15 Pub with Hugh</b> 3:00 Music Appreciation- Johann (MT) 3:00- 4:40 Float/1:1 – Serena 4:00 sensory lounge – Sabrina</p>		<p><b>11</b> rec extra- Navida  <b>10:00 Caanan Church Choir</b> 11:15 Exercises with Sabrina  1:15 Music w/ Johann (MT) 2:15 Violin w/ Julia (dining rm) 3:00 Fun bingo – Sabrina 4:00 sensory Lounge- Sabrina</p>	
<p><b>12</b> rec extra- amanda 9:45 float/sensory - Meena 10:00 music with Dave (MT) 11:15 Exercises with Meena <b>1:15 Mother’s day Social with Susan</b> – Meena &amp; amanda 3:15 Sensory lounge w/ Meena</p>		<p><b>13</b> 10:00 Vinyl Café” Stuart Mclean stories – Meena 11:00 knitting circle – Meena 1:15 \$ Bingo (Serena) 2:15 flute with Julia (dining room) 3:15 Drumming with Dave (MT) 4:00 sensory lounge- Serena <b>6:00 Swing Out! Jazz Show</b> – serena</p>		<p><b>14</b> 10:00 good news- Meena 11:00 <b>“Take 10’s” North-Meena</b> 11:15 Exercises with Cid <b>1:00 Mike’s Critters Animal show</b> 3:15 word games – Meena 4:00 sensory lounge- Meena 6:00 Karaoke with Johann (MT)</p>		<p><b>15</b> 10:00 song writing/music w/ Dave MT 11:00 sensory lounge meena 1:15 floor games- Meena/Sabrina 3:00 float/sensory S/W - Meena 3:15 manicures with Sabrina 4:00 Sensory lounge-Meena 4:00 Bar open \$ - Sabrina 6:00 \$Bingo with Sabrina</p>		<p><b>16</b> rec staff mtg 12:30 10:00 virtual Worship- Sabrina 10-12 <b>“Take 10’s” West - Meena</b> 11:00 float/sensory – Sabrina 11:15 Exercises with Cid 3:15 table games - Sabrina 4:00 men’s group- Meena 4:00 sensory lounge - Sabrina 6:00 Hymns with Herb - Serena</p>		<p><b>17</b> 10:00 Good News- Serena 10:00-12:00 <b>“Take 10’s” East -Sabrina</b> 11:00 float/sensory S/W – Serena 11:00 Chinese Songs 中国歌曲 with Vicky (MT) <b>1:15 Pub with Steve Warner \$</b> 3:00 Music Appreciation- Johann (MT) 3:00- 4:40 Float/1:1 – Serena 4:00 sensory lounge – Sabrina</p>		<p><b>18</b> rec extra- Navida  <b>10:00 Richmond Bible Baptist fellowship - Iris</b> 11:15 Exercises with Iris 1:15 Music w/ Johann (MT) 2:15 Violin w/ Julia (dining rm) 3:00 Fun bingo – Iris 4:00 sensory Lounge- Iris</p>	
<p><b>19</b> rec extra- Navida 9:45 float/sensory - Kim 10:00 music with Dave (MT) 11:15 Exercises with Kim 1:15 games/ social - Kim 3:15 Sensory lounge w/ Kim</p>		<p><b>20 Victoria Day</b>  3:15 Drumming with Dave (MT)</p>		<p><b>21</b> 10:00 good news- Meena 10:00 Chinese Group- Sabrina 11:00 <b>“Take 10’s” North-Meena</b> 11:15 Exercises with Cid <b>1:15 Birthday Party with Cindy</b> 3:00-4:40 float/sensory S/W-Meena 3:15 word games – Sabrina 4:00 sensory lounge- Sabrina 6:00 Karaoke with Johann (MT)</p>		<p><b>22</b> 10:00 song writing/music w/ Dave MT 11:00 sensory lounge meena 1:15 floor games- Meena/Sabrina 3:00 float/sensory S/W - Meena 3:15 manicures with Sabrina 4:00 Sensory lounge-Meena 4:00 Bar open \$ - Sabrina 6:00 \$Bingo with Sabrina</p>		<p><b>23 10:00 Christian Fellowship- Sab</b> 10-12 <b>“Take 10’s” West - Meena</b> 11:00 float/sensory – Sabrina 11:15 Exercises with Cid <b>1:15 Bus trip \$</b> sabrina / serena 1:15 art and music - meena 3:15 table games - Meena 4:00 sensory lounge - Sabrina 4:00 Men’s group - Meena 6:00 Hymns with Herb - Serena</p>		<p><b>24</b> <b>10:00 Catholic Communion</b> - Serena 10:00-12:00 <b>“Take 10’s” East -Sabrina</b> 11:00 float/sensory S/W – Serena 11:00 Chinese Songs 中国歌曲 with Vicky (MT) <b>1:15 Pub with Mike Kinal \$</b> 3:00 Music Appreciation- Johann (MT) 3:00- 4:40 Float/1:1 – Serena 4:00 sensory lounge – Sabrina</p>		<p><b>25</b> rec extra- Kim  <b>10:00 Church of Christ sing for a cause - Sabrina</b> 11:15 Exercises with Sabrina <b>1:15 Art 2 Heart crafts- bracelets</b> 1:15 lon/stev Music w/ Johann 2:15 Violin w/ Julia (dining rm) 3:00 Fun bingo – Sabrina 4:00 sensory Lounge- Sabrina</p>	
<p><b>26</b> rec extra- Navida 9:45 float/sensory - Meena 10:00 music with Dave (MT) 11:15 Exercises with Meena <b>1:15 Rch Chinese Alliance Church service</b> - meena 3:15 Sensory lounge w/ Meena</p>		<p><b>27</b> 10:00 Vinyl Café” Stuart Mclean stories – Serena 11:00 knitting circle – Serena 1:15 \$ Bingo (Serena, Meena) 3:15-4:15 <b>“Take 10’s” south-Meena</b> 3:15 Drumming with Dave (MT) 4:00 sensory lounge- Serena 6:00 Art to music w/ Nelson &amp; Meena</p>		<p><b>28 10:00 Food committee</b> - Meena 10:00 Chinese Group- Sabrina 11:00 <b>“Take 10’s” North-Meena</b> 11:15 Exercises with Cid <b>1:30 Resident Memorial Service</b> 3:00-4:40 float/sensory S/W-Meena 3:15 word games – Sabrina 4:00 sensory lounge- Sabrina 6:00 Karaoke with Johann (MT)</p>		<p><b>29</b> 10:00 song writing/music w/ Dave MT 11:00 sensory lounge meena 1:15 floor games- Meena/Sabrina 3:00 float/sensory S/W - Meena 3:15 manicures with Sabrina 4:00 Sensory lounge-Meena 4:00 Bar open \$ - Sabrina 6:00 \$Bingo with Sabrina</p>		<p><b>30</b> 10:00 virtual Worship- Sabrina 10-12 <b>“Take 10’s” West - - Meena</b> 11:00 float/sensory – Sabrina 11:15 Exercises with Cid 1:15 art and music - Meena 3:15 table games - Sabrina 4:00 men’s group- Meena 4:00 sensory lounge - Sabrina 6:00 Hymns with Herb - Serena</p>		<p><b>31</b> 10:00 Good News- Serena 10:00-12:00 <b>“Take 10’s” East -Sabrina</b> 11:00 float/sensory S/W – Serena 11:00 Chinese Songs 中国歌曲 with Vicky (MT) <b>1:15 Pub with Brian Zalo \$</b> 3:00 Music Appreciation- Johann (MT) 3:00- 4:40 Float/1:1 – Serena 4:00 sensory lounge – Sabrina</p>		<p><b>Recreation Staff:</b>  1<sup>st</sup> floor- Sabrina(tu-sat) 2<sup>nd</sup> floor- Sophia (m-f) 1<sup>st</sup> fl float- Meena (su-th) Float- Serena (m,tu, th, f)</p>	