

# Main building 2<sup>nd</sup> Floor Group Programs May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Virtual Visits (15 min slots for out of town family/friends)</b>		Virtual visits 10-12-	Care conf. 9:30-11:30-Sophia	Virtual visits 3-4-	<b>3</b>	<b>4</b> (rec extra- Navida)
<b>Float/Sensory:</b> staff assist with group programs or engage residents in 1:1 & small group activity. <b>Sensory Lounge:</b> staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 or group activity such as games, colouring, reading, sorting, matching, puzzles, Ipad, food. <b>“Take 10’s”</b> – staff spend 10 mins with residents who prefer to stay in their rooms. <u>Library Delivery:</u> sign up to have books delivered. .“\$”=Optional costs. Pub drinks \$1-\$4, Paid entertainers \$4, Bus \$6 <b>Music Therapy (MT)</b> Music therapists Dave, Johann & Vicky lead 1:1, small & larger groups using instruments, voice & mediums. Small groups Tues Steveston lg 1:00-1:40 & London lounge 1:45-2:15			<b>1</b> 10:00 good news - meena 11:00- music with Dave (MT) <b>1:15 ☆Rch Singers Ensemble</b> 3:15 word games- Sophia 4:00 sensory lounge – Sophia <b>4:00 ☆Violin with Joshua</b> 6:00 ☆Bingo (Serena)	<b>2</b> 10:00 Good news with Sophia 11:00 sensory lounge/1:1’s Sophia 11:15☆Exercises with Cid <b>12:00 Fast food lunch (invite only)</b> 1:15 program of the day - Sophia 3:15 manicures – Sophia 4:00 sensory lng –Serena ☆men’s group 6:00 ☆hymns with Herb- Serena	10:00 Exercises with Sophia 11:00 sensory lounge- Sophia 11:00 ☆Chinese Songs with Vicky (MT) 中国歌曲 1 <sup>st</sup> fl <b>1:15☆Pub w/ Bobby Bacchus\$</b> 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	10:00 good news- Navida 11:15☆exercises w/ Iris 11:15 sensory lounge-Navida  1:15 sensory lounge– Iris 2:45 Music with Johann (MT) <b>4:00 ☆WORD Christian Fellowship</b>
<b>5</b> (rec extra- navida)  10:00 coffee talk with Navida 10:00 ☆music w/ Dave 1 <sup>st</sup> fl 11:00 Sensory lounge-Navida 11:15☆Exercises w/ Meena 1:15☆games -Meena 3:15 Music appreciation with Dave (MT)	<b>6</b> 10:00 Good News- Sophia 11:00 sensory lounge – Sophia 11:00 ☆knitting circle (Serena) 1:15 ☆Bingo (Serena/Meena) 1:15 sensory/1:1’s - Sophia 3:15 word games with Sophia 4:00 sensory lounge – Sophia 6:00 ☆Game Night - Meena	<b>7 9:45 Virtual Worship* Sophia</b> 11:00 sensory lounge – Sophia 11:15☆Exercises with Cid <b>1:30 ☆Res Council</b> - sensory 3:00-4:30 “Take 10’s” - Serena 3:00 Music Appr. w/ Johann (MT) 4:00 sensory lounge- Sophia 4:00 piano with Monica 6:00 ☆Karaoke w/ Johann (MT)	<b>8</b> 10:00 good news - meena 11:00- music with Dave (MT) 1:15 Crafts/Décor- Sophia 3:15 word games- Sophia 4:00 sensory lounge – Sophia 6:00 ☆Bingo (Serena)	<b>9 10:00 ☆Christian fellowship</b> 10:00 Good news with Sophia 11:00 sensory lounge/1:1’s Sophia 11:15☆Exercises with Cid 1:15 program of the day - Sophia <b>2:15- pop up café- cold brew coffee</b> 3:15 manicures – Sophia 4:00 sensory lng –Serena 6:00 ☆hymns with Herb- Serena	<b>10</b> 10:00 Exercises with Sophia 11:00 sensory lounge- Sophia 11:00 ☆Chinese Songs with Vicky (MT) 中国歌曲 1 <sup>st</sup> fl <b>1:15☆ Pub with Hugh</b> 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	<b>11</b> (rec extra-navida) 10:00 good news – Navida <b>10:00☆Caanan church choir</b> 11:15☆exercises w/ Sabrina 11:15 sensory lounge- Navida 1:15 sensory lounge– Sabrina 2:45 Music with Johann (MT)
<b>12</b> (rec extra- amanda)  10:00 coffee talk - amanda 10:00 ☆music w/ Dave 1 <sup>st</sup> fl 11:00 Sensory lounge- amanda 11:15☆Exercises w/ Meena <b>1:15☆Mother’s day Social with Susan</b> – Meena & amanda 3:15 Music appreciation with Dave (MT)	<b>13</b> 10:00 Good News- Sophia 11:00 sensory lounge – Sophia 11:00 ☆knitting circle (Serena) 1:15 ☆Bingo (Serena) 1:15 sensory/1:1’s - Sophia 3:15 word games with Sophia 4:00 sensory lounge – Sophia <b>6:00 ☆Swing out Jazz group</b>	<b>14</b> <b>9:45 Virtual Worship* Sophia</b> 11:00 sensory lounge – Sophia 11:15☆Exercises with Cid <b>1:00 ☆Mike’s critters animals</b> 3:00 Music Appr. w/ Johann (MT) 4:00 sensory lounge- Sophia 4:00 piano with Monica 6:00 ☆Karaoke w/ Johann (MT)	<b>15</b> 10:00 good news - meena 11:00- music with Dave (MT) 1:15 Crafts/Décor- Sophia 3:15 word games- Sophia 4:00 sensory lounge – Sophia 6:00 ☆Bingo (Sabrina)	<b>16</b> 12:30 rec staff mtg 10:00 Good news with Sophia 11:00 sensory lounge/1:1’s Sophia 11:15☆Exercises with Cid 3:15 manicures – Sophia 4:00 sensory lounge – Serena 4:00 ☆ men’s group – Meena 6:00 ☆hymns with Herb- Serena	<b>17</b> 10:00 Exercises with Sophia 11:00 sensory lounge- Sophia 11:00 ☆Chinese Songs with Vicky (MT) 中国歌曲 1 <sup>st</sup> fl <b>1:15☆ Pub w/ Steve Warner\$</b> 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	<b>18</b> rec extra- Navida 10:00 good news – Navida <b>10:00☆Richmond Bible Baptist service</b> 11:15☆exercises w/ Iris 11:15 sensory lounge- Navida 1:15 sensory lounge- Iris 2:45 Music with Johann (MT)
<b>19</b> (rec extra- Navida)  10:00 coffee talk with Navida 10:00 ☆music w/ Dave 1 <sup>st</sup> fl 11:00 Sensory lounge- Navida 11:15☆Exercises w/ Kim 1:15☆games -Kim 3:15 Music appreciation with Dave (MT)	<b>20</b> <b>Victoria Day</b>  3:15 ☆Drumming w/ Dave (MT)	<b>21 9:45 Virtual Worship* Sophia</b> 10:00☆Chinese group- Sabrina 11:00 sensory lounge – Sophia 11:15☆Exercises with Cid <b>1:15 ☆Birthday Party w/ Cindy</b> 3:00-4:30 “Take 10’s” - Serena 3:00 Music Appr. w/ Johann (MT) 4:00 Sensory-Sophia Piano- Monica 6:00 ☆Karaoke w/ Johann (MT)	<b>22</b> 10:00 good news - meena 11:00- music with Dave (MT) 1:15 Crafts/Décor- Sophia 3:15 word games- Sophia 4:00 sensory lounge – Sophia 6:00 ☆Bingo (Sabrina)	<b>23 10:00 ☆Christian fellowship</b> 10:00 Good news with Sophia 11:00 sensory lounge/1:1’s Sophia 11:15☆Exercises with Cid <b>1:15 Bus trip</b> , 1:1 visits – Sophia 3:15 manicures – Sophia 4:00 sensory lounge – Serena 4:00 ☆ men’s group – Meena 6:00 ☆hymns with Herb- Serena	<b>24 ☆10:00 Catholic Mass</b> 10:00 Exercises with Sophia 11:00 sensory lounge- Sophia 11:00 ☆Chinese Songs with Vicky (MT) 中国歌曲 1 <sup>st</sup> fl <b>1:15☆Pub w/ Mike Kinal\$</b> 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	<b>25</b> (rec extra- Kim) 10:00 good news- Kim 11:15☆exercises w/ Sabrina 11:15 sensory lounge-Kim <b>1:15 ☆Art 2 Heart crafts</b> 2:45 Music w/Johann (MT)
<b>26</b> (rec extra-navida)  10:00 coffee talk with Navida 10:00 ☆music w/ Dave 1 <sup>st</sup> fl 11:00 Sensory lounge- Navida 11:15☆Exercises w/ Meena <b>1:15☆Richmond Chinese alliance church service</b> 3:15 Music appreciation with Dave (MT)	<b>27</b> 10:00 Good News- Sophia 11:00 sensory lounge – Sophia 11:00 ☆knitting circle (Serena) 1:15 ☆Bingo (Serena/Meena) 1:15 sensory/1:1’s - Sophia 3:15 word games with Sophia 4:00 sensory lounge – Sophia 6:00☆Art to music w/ Nelson and Meena	<b>28 9:45 Virtual Worship* Sophia</b> 10:00☆Chinese group- Sabrina 11:00 sensory lounge – Sophia 11:15☆Exercises with Cid <b>1:30 ☆Memorial Service</b> 3:00-4:30 “Take 10’s” - Serena 3:00 Music Appr. w/ Johann (MT) 4:00 Sensory-Sophia Piano- Monica 6:00 ☆Karaoke w/ Johann (MT)	<b>29</b> 10:00 good news - meena 11:00- music with Dave (MT) 1:15 Crafts/Décor- Sophia 3:15 word games- Sophia 4:00 sensory lounge – Sophia 6:00 ☆Bingo (Sabrina)	<b>30</b> 10:00 Good news with Sophia 11:00 sensory lounge/1:1’s Sophia 11:15☆Exercises with Cid 1:15 program of the day - Sophia 3:15 manicures – Sophia 4:00 sensory lounge – Serena 4:00 ☆ men’s group – Meena 6:00 ☆hymns with Herb- Serena	<b>31</b> 10:00 Exercises with Sophia 11:00 sensory lounge- Sophia 11:00 ☆Chinese Songs with Vicky (MT) 中国歌曲 1 <sup>st</sup> fl <b>1:15☆Pub w/ Brian Zalo\$</b> 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	<b>Recreation Staff:</b>  1 <sup>st</sup> floor- Sabrina(tu-sat) 2 <sup>nd</sup> floor- Sophia (m-f) 1 <sup>st</sup> fl float- Meena (su-th) Float- Serena (m,tu, th, f)

