

ROSEWOOD MANOR: SPRING / SUMMER MENU - WEEK 1 -

Sunday Day 1	Monday Day 2	Tuesday Day 3	Wednesday Day 4	Thursday Day 5	Friday Day 6	Saturday Day 7
BREAKFAST						
Milk & Juice Oatmeal Assorted Cold Cereals Scrambled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Cheese Slice Bran Muffin Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Scrambled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Yogurt Cinnamon Roll Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Raisin Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Spinach & Feta Omelet Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Toast & Jam
LUNCH						
Mediterranean Lentil Soup Belgian Waffles w/ Peach Compote Whipping Cream Bacon Slice Blueberry Jell-O	Cream of Spinach Soup Basil Pesto Chicken Salad on Brioche Hoagie Carrot – Pineapple Slaw Apple Crumble	Cream of Celery Soup Pork Chow Mein Mixed Asian Vegetables Fruit Salad	Hearty Vegetable Barley Soup Broccoli and Cheddar Frittata Baked Tomatoes Orange Sorbet	Potato Leek Soup Butternut Squash and Black Bean Chili Mexican Spring Mix Salad Sour Cream and Salsa Banana Pudding w/ Wafer	Cream of Tomato Soup Ham and Cheese Sandwich w/ a dill pickle Green Salad Raisin Square	Cream of Mushroom Soup Chicken Tenders and Plum Sauce Macaroni Salad Diced Melon Medley
Minced: Minced Menu Puree: Ham	Minced: Minced Menu Puree: Chicken	Minced: Minced Menu Puree: Turkey	Minced: Minced Menu Puree: Florentine Frittata	Minced: Minced Menu Puree: Fish	Minced: Ham Puree: Ham	Minced: Minced Menu Puree: Chicken
DINNER						
Chicken Congee Herb Roasted Pork with Apple Stuffing with Gravy Mashed Yams Green Beans Almandine Chocolate Pudding	Chicken Congee Spaghetti Bolognaise Baked Butternut Squash Lemon Macaroon	Chicken Congee Roasted Lemon Sole with Red Thai Curry Sauce Fried Rice Mixed Vegetable Nanaimo Bar	Chicken Congee Teriyaki Tofu Stir Fry Sticky Jasmine Rice Honey Glazed Carrot Strawberry Rhubarb Pie	Chicken Congee Baked Italian Chicken Penne Zucchini with Red Pepper Donut Hole with Choc Drizzle	Chicken Congee Paneer Tikka Masala Basmati Rice Steamed Broccoli Cherry Tart with Chocolate Ganache	Chicken Congee Pineapple Basa Roasted Potatoes Sliced Beets Ice cream with Caramelised Apples and Wafer Cookie
Minced: Puree:	Minced: Puree:	Minced: Puree:	Minced: Puree:	Minced: Puree:	Minced: Puree:	Minced: Puree:

Breakfast – Bananas available at Lunch – Crackers with soup PM – Homemade baked goods / fruit and juice or milk HS – Juice or milk and sandwich / cookies / banana.

Note: (1) Milk and juice are served at all meals. Tea, coffee, and water are offered at meals. (2) Rice and sandwiches are available at lunch and dinner. (3) Mashed Potato available at lunch. (4) Bread & butter available at dinner (5) Minced and Puree vegetables same as menu unless otherwise posted.

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ROSEWOOD MANOR: SPRING / SUMMER MENU - WEEK 2 -

Sunday Day 8	Monday Day 9	Tuesday Day 10	Wednesday Day 11	Thursday Day 12	Friday Day 13	Saturday Day 14
BREAKFAST						
Milk & Juice Oatmeal Assorted Cold Cereals Scrambled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Raisin Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Scrambled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Yogurt Banana Bran Muffin Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Raisin Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Cheese Slice Mini Croissant Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Mushroom & Cheese Omelet Toast & Jam
LUNCH						
Vegetable Split Pea Soup French Toast Cinnamon Apple Compote Breakfast Sausage Strawberry Ice Cream	Minestrone Soup Chicken Caesar Salad Plate w Parm, and Bacon Bits Garlic Bread Bavarian Cream Tart	Broccoli Cheddar Soup Honey Garlic Pork Stir fry Steam Fried Noodles Mixed Bean Medley Apricot Halves	Chicken Veg Soup Western Frittata w Cheddar Homestyle Hashbrowns Baked Tomato w/ Basil Mixed Berry Crumble	Cream of Corn Tuna Salad Sandwich Spring Greens Salad Peach Jellied Mandarins	Squash Soup BBQ Chicken Potato Salad Cucumber Slices Pear Halves	Garden Vegetable Soup Grilled Hamburger with Lettuce and Tomato Yam Fries Tapioca Pudding
Minced: Minced Menu Pureed: Sausage	Minced: Minced Menu Pureed: Egg	Minced: Minced Menu Pureed: beef	Minced: Chicken Pureed: Chicken	Minced: Beef Pureed: Beef	Minced: Minced Menu Pureed: Meat Sauce	Minced: Minced Menu Pureed: Tuna
DINNER						
Chicken Congee Roast Beef Savory Gravy Roasted Sweet Potato Peas w/ Pearl Onions Vanilla Bean Yogurt with Peaches	Chicken Congee Turkey Schnitzel with Gravy Scalloped Potato Or Rice Braised Cabbage Lemon Streusel	Chicken Congee Coconut Chicken Curry Jasmine Rice Parslied Cauliflower Caramel Custard	Chicken Congee Beef Burgundy Parsley Potato Or Rice Butternut Squash Macaroon Madness square	Chicken Congee Bangers with Onion and Gravy Mashed Potato Sliced Beets w/ Side of Cottage Cheese Berry Shortcake	Chicken Congee Lemon Pepper Salmon with Cucumber Yogurt Sauce Rice Pilaf Grilled Tuscan Vegetables Carrot Cake	Chicken Congee Pasta Primavera w/ Italian Chicken Italian Mixed Veg Raspberry Sorbet
Minced: Minced Menu Pureed: Beef	Minced: Minced Menu Pureed: Turkey	Minced: Minced Menu Pureed: Chicken	Minced: Minced Menu Pureed: Beef	Minced: Minced Menu Pureed: Pork	Minced: Minced Menu Pureed: Fish	Minced: Minced Menu Pureed: Chicken

Breakfast – Bananas available at Lunch – Crackers with soup PM – Homemade cookies / fruit and juice or milk HS – Juice or milk and sandwich / cookies / banana.

Note: (1) Milk and juice are served at all meals. Tea, coffee, and water are offered at meals. (2) Rice and sandwiches are available at lunch and dinner. (3) Mashed Potato available at lunch. (4) Bread & butter available at dinner (5) Minced and Puree vegetables same as menu unless otherwise posted.

ROSEWOOD MANOR: SPRING / SUMMER MENU - WEEK 3 -

Sunday Day 15	Monday Day 16	Tuesday Day 17	Wednesday Day 18	Thursday Day 19	Friday Day 20	Saturday Day 21
BREAKFAST						
Milk & Juice Oatmeal Assorted Cold Cereals Cheese Slice Custard Danish Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Scrambled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Yogurt Cheese Scone Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Raisin Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Green Onion & Cheese Omelet Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Toast & Jam
LUNCH						
Vegetable and Red Lentil Soup Breakfast Sandwich (egg, cheese, sausage patty) Baked Tomato Berry Yogurt w/ Granola	Chicken Noodle Soup Vegetarian Meatballs in Mushroom Cream Sauce Apple Broccoli Salad Garlic Cheese Bread Vanilla Cake w/ Van Bean Frosting	Corn Chowder Greek Chicken Thigh Lemon Potato Wedges Greek Salad Banana Cream Pie	Beef and Vegetable Ham and Swiss Frittata Cucumber and Tomato slices Date Square	Minestrone Soup Pepperoni Pizza Spring Greens Craisins Salad Pineapple Jell-O w/ Whip	Tuscan Bean Soup Turkey Sandwich, Honey Mustard, Lettuce, Tomato Caesar Salad Chocolate Ice Cream With Wafer	Cream of Mushroom Fish and Chips Coleslaw Fresh Blueberries and Diced Watermelon
Minced: Menu	Minced: Menu	Minced: Chicken	Minced: Menu	Minced: Ham	Minced: Menu	Minced: Fish
Puree: Eggs	Puree: Fish	Puree: Chicken	Puree: Leek/Cheddar Florentine	Puree: Ham	Puree: Turkey	Puree: Fish
DINNER						
Chicken Congee Roast Turkey w Cranberry Sauce Glazed Sweet Potatoes Steamed Brussels Sprout Lemon Pudding	Chicken Congee Homestyle Shepherds Pie Seasoned Peas and Fresh Mushrooms Mango Delight w/ Condensed Milk Drizzle	Chicken Congee Curried Green Lentils Basmati Rice Mediterranean Vegetables Baked Custard	Chicken Congee Italian Herb Basa Mediterranean Orzo Sautéed Zucchini Tropical Fruit Salad	Chicken Congee Fajita Beef Sour Cream Mashed Potato Gourmet Grilled Vegetables Apple Strudel	Chicken Congee Baked Sole Mashed Yams or Rice Steamed Buttered Squash Two-Bite Brownie	Chicken Congee Almond Chicken Brown Rice Garlic Sauteed Swiss Chard Rainbow Sorbet
Minced: Turkey	Minced: Menu	Minced: Pork	Minced: Menu	Minced: Beef	Minced: Menu	Minced: Chicken
Pureed: Turkey	Pureed: Lamb	Pureed: Pork	Pureed: Basa	Pureed: Beef	Pureed: Sole	Pureed: Chicken

Breakfast – Bananas available at Lunch – Crackers with soup PM – Homemade cookies / fruit and juice or milk HS – Juice or milk and sandwich / cookies / banana.

Note: (1) Milk and juice are served at all meals. Tea, coffee, and water are offered at meals. (2) Rice and sandwiches are available at lunch and dinner. (3) Mashed Potato available at lunch. (4) Bread & butter available at dinner (5) Minced and Puree vegetables same as menu unless otherwise posted.

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ROSEWOOD MANOR: SPRING / SUMMER MENU- WEEK 4 -

Sunday Day 22	Monday Day 23	Tuesday Day 24	Wednesday Day 25	Thursday Day 26	Friday Day 27	Saturday Day 28
BREAKFAST						
Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Scrambled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Yogurt Blueberry Bran Muffin Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Scrambled Egg Raisin Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Spinach & Feta Omelet Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Toast & Jam
LUNCH						
Borscht Soup Pancake w/ Syrup Turkey Sausage Melon Slices Coconut Pudding w/ Wafer	Navy Bean Soup Open-Faced Pizza Sub Caesar Salad Peach Melba	Cream of Spinach Mango Chicken Salad Plate with Greens and Almonds Bread Stick Macaroon Madness Square	Cream of Tomato Filet O' Fish Burger Lettuce, Tomato Coleslaw with chopped apples Lemon Meringue Pie	Clam Chowder Soup Ginger Beef Fresh Asian Mixed Vegetables Chow Mein Watermelon Slices	Cream of Cauliflower Salmon Salad Sandwiches w/ Garlic Cucumber Aioli Carrot and Pineapple Slaw Maple Mania Cake	Red Lentil Soup Macaroni and Cheese Spring Mix Salad with Beets and Carrot S'mores Galore Ice Cream
Minced: Minced Menu Pureed: Ham	Minced: Minced Menu Pureed: Chicken	Minced: Minced Menu Pureed: Fish	Minced: Minced Menu Pureed: Chicken	Minced: Minced Menu Pureed: Fish	Minced: Minced Menu Pureed: Beef	Minced: Minced Menu Pureed: Chicken
DINNER						
Chicken Congee Roast Beef Baked Potatoes w/ Sour Cream or Rice Corn with Red Pepper Peach Sorbet	Chicken Congee Rosemary Chicken Garlic Mash Sautéed Peppers and Green Beans Vanilla Swirl Cake	Chicken Congee Beef Stroganoff Herbed Noodles Or Rice Braised Red Cabbage Triple Berry Crumble	Chicken Congee Greek Chicken Thighs w/ Tzatziki Sauce Mediterranean Farro California Mixed vegetables Cheesecake w/ Strawberry Sauce	Chicken Congee Caramelized Onion and Parmesan Pork Loin Rice Pilaf Steamed Broccoli with Julienne Carrots Carrot Cake	Chicken Congee Turkey A La King Mashed Sweet Potato Oriental Vegetables Caramel Almond Delicacy	Chicken Congee Chicken and Chickpea Curry w/ Spinach and Tomato Basmati Rice Bean Medley Lime Jell-O w Whip
Minced: Beef Pureed: Beef	Minced: Chicken Pureed: Chicken	Minced: Menu Pureed: Beef	Minced: Chicken Pureed: Chicken	Minced: Pork Pureed: Pork	Minced: Menu Pureed: Salmon	Minced: Menu Pureed: Chicken

Breakfast - Bananas available at Lunch - Crackers with soup PM - Homemade cookies / fruit and juice or milk HS - Juice or milk and sandwich / cookies / banana.

Note: (1) Milk and juice are served at all meals. Tea, coffee, and water are offered at meals. (2) Rice and sandwiches are available at lunch and dinner. (3) Mashed Potato available at lunch. (4) Bread & butter available at dinner (5) Minced and Puree vegetables same as menu unless otherwise posted.

ROSEWOOD MANOR: SPRING / SUMMER MENU WEEK - 5 -

Sunday Day 29	Monday Day 30	Tuesday Day 31	Wednesday Day 32	Thursday Day 33	Friday Day 34	Saturday Day 35
BREAKFAST						
Milk & Juice Oatmeal Assorted Cold Cereals Cheese Slice Mini Croissant Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Scrambled Egg Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Yogurt Cheese Scone Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Scrambled Egg Raisin Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Red Peppers & Onion Omelet Toast & Jam	Milk & Juice Oatmeal Assorted Cold Cereals Boiled Egg Toast & Jam
LUNCH						
Summer Squash Soup Mushroom and Cheese Omelet Hash browns Cucumber Slice Cream puff w/ Chocolate Sauce	Mushroom Soup Turkey Melt on Cranberry Sourdough Spring Mix Salad Pineapple Slices	Cream of Tomato Pastrami and Mustard Sandwich w/ Pickle Broccoli Carrot Salad with Honey Dijon Vinaigrette Donut Holes w/ Cinnamon Sugar	Split Pea & Ham Soup Spinach & Feta Strata Baked Tomato Cherry Strudel	Broccoli-Cheddar Soup Sweet Soy Glazed Chicken Thigh Strawberry Almond Spinach Salad Boston Cream	Egg Drop Soup Sweet and Sour Meatballs on Rice Mixed Vegetable Stir fry Eclair	Cream of Cauliflower Perogies w/ Caramelized Onion, Sour Cream, Bacon Bits Tossed Salad Diced Peaches
Minced: Sausage Patty Pureed: Sausage Patty	Minced: Turkey Pureed: Turkey	Minced: Fish Pureed: Fish	Minced: Beef Pureed: Beef	Minced: Chicken Pureed: Chicken	Minced: Mincing Menu Pureed: Chicken	Minced: Beef Pureed: Beef
DINNER						
Chicken Congee Baked Ham Gravy Whipped Potatoes Or Rice Julienne Carrot Rice Pudding with Raisin	Chicken Congee Chicken Paprika Buttered Orzo Peas and Pearl Onions Coconut Cream Pie	Chicken Congee Cajun Pork Cutlet With Gravy Scalloped Potato Wax Beans Pecan Pie	Chicken Congee Herb Marinated Basa Lemon Garlic Sauce Roasted Potatoes Italian Mix Vegetables Vanilla Swirl Cake	Chicken Congee Beef Teriyaki Rice Pilaf Sliced Beets Diced Pear and Mandarins	Chicken Congee Baked Herb Haddock with Cucumber Yogurt Sauce Garlic Mashed Potato PEI Mixed vegetables Banana Pudding	Chicken Congee Oven Fried Chicken Country Gravy Roasted Sweet Potatoes Or Rice Corn w/ red peppers Cyclone Ice Cream
Minced: Ham Pureed: Ham	Minced: Chicken Pureed: Chicken	Minced: Chicken Pureed: Chicken	Minced: Seafood Pureed: Seafood	Minced: Beef Pureed: Beef	Minced: Menu Pureed: Fish	Minced: Chicken Pureed: Chicken

Breakfast – Bananas available at Lunch – Crackers with soup PM – Homemade cookies / fruit and juice or milk HS – Juice or milk and sandwich / cookies / banana.

Note: (1) Milk and juice are served at all meals. Tea, coffee, and water are offered at meals. (2) Rice and sandwiches are available at lunch and dinner. (3) Mashed Potato available at lunch. (4) Bread & butter available at dinner (5) Mincing and Puree vegetables same as menu unless otherwise posted.