

2nd Floor Group Programs

September 2025

“★”= program on main floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Staff: 1 st floor- Sabrina (tu-sat) 2 nd floor- Sophia (m-f) 1 st fl float -Meena (su-th Float- Iris (m,tu, th, f)	1 Labour day 1:15 Music with Dave (MT) 3:15🌟Music with Dave (MT) (1 st floor)	2 <u>9:45 Virtual Worship Service*</u> Sophia 10:00🌟Chinese group-Sabrina 11:00 Sensory lounge – Sophia 11:15🌟Exercises with Nico 1:30 🌟res council & sensory lng 3:00 Music Appr. w/ Johann(MT) 3:00-4:30 “Take 10’s” - Iris 4:00 Sensory lounge- Sophia 6:00 🌟Karaoke w/ Johann (MT)	3 10:00 music with Dave (MT) 11:00 Sensory lounge- Meena 1:15 Crafts/Décor – Sophia 3:15 word games- Sophia 4:00 Sensory Lounge – Sophia <u>4:00 🌟Bar Open</u> 6:00 🌟Bingo (Sabrina)	4 🌟 <u>Fast Food Lunch- invite only</u> 10:00 Good news with Sophia 11:00 sensory lounge/1:1’s – Sophia 11:15🌟Exercises with Eddie 1:15 Manicures - Sophia 3:15 sensory, 1:1- Iris 3:30 🌟Hymns with Herb 4:00 sensory lounge - Sophia 6:00 🌟art to music - Iris	5 10:00 Exercises with Sophia 11:00 Sensory Lounge- Sophia <i>11:00 🌟Chinese Songs w/ Vicky (MT</i> 1:15 🌟Pub with Hand Over Heart \$ 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	6 (rec extra- Kim) 10:00 good news- Kim 11:15🌟exercises w/ Sabrina 11:15 sensory lounge- Kim 1:15 sensory lounge – Sabrina 2:45 <i>Music with Johann (MT)</i> 4:00 🌟 <i>WORD Christian fellowship</i>
7 (rec extra- Navida) 10:00 coffee talk with - Navida 11:00 Sensory lounge- Navida 11:15🌟Exercises w/ Meena <i>11:15 Piano with Chloe</i> 1:15🌟games with Meena 3:15 Music appreciation with Dave (MT)	8 10:00 Good News- Sophia 11:00 sensory lounge - Sophia 11:00 🌟 knitting circle (Iris) 1:15 🌟Bingo (Iris/Meena) 1:15 sensory/1:1’s – Sophia 3:15 word games with Sophia 4:00 sensory lounge – Sophia 6:00 🌟Game night- Meena	9 <u>9:45 Virtual Worship Service*</u> Sophia 10:00🌟Chinese group-Sabrina 11:00 Sensory lounge – Sophia 11:15🌟Exercises with Nico 1:00 🌟Mike’s Critters Animals\$ 3:00 Music Appr. w/ Johann(MT) 3:00-4:30 “Take 10’s” - Iris 4:00 Sensory lounge- Sophia 6:00 🌟Karaoke w/ Johann (MT)	10 rec extra- kim 10:00 music with Dave (MT) 11:00 Sensory lounge- Meena 1:15 Crafts/Décor – Sophia 1:15 Bus trip \$ (Karen/Sabrina) 3:15 word games- Sophia 4:00 Sensory Lounge – Sophia <u>4:00 🌟Bar Open</u> 6:00 🌟Bingo (Sabrina)	11 10:00 🌟Christian fellowship 10:00 Good news with Sophia 11:00 sensory lounge/1:1’s – Sophia 11:15🌟Exercises with Eddie 1:15 Manicures - Sophia 3:15 sensory, 1:1- Iris 3:30 🌟Hymns with Herb 4:00 sensory lounge - Sophia 6:00 🌟art to music - Iris	12 10:00 Exercises with Sophia 11:00 Sensory Lounge- Sophia <i>11:00 🌟Chinese Songs w/ Vicky (MT</i> 1:15 🌟Pub with Susan 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	13 (rec extra- Kim) 10:00 good news- Kim 10:00 🌟Canaan Choir 11:15🌟exercises w/ Sabrina 11:15 sensory lounge- Kim 1:15 sensory lounge – Sabrina 2:45 <i>Music with Johann (MT)</i>
14 (rec extra-Navida) 10:00 coffee talk with - Navida 11:00 Sensory lounge- Navida 11:15🌟Exercises w/ Meena <i>11:15 Piano with Chloe</i> 1:15🌟games with Meena 3:15 Music appreciation with Dave (MT)	15 10:00 Good News- Sophia 11:00 sensory lounge - Sophia 11:00 🌟 knitting circle (Iris) 1:15 🌟Bingo (Iris/Meena) 1:15 sensory/1:1’s – Sophia 3:15 word games with Sophia 4:00 sensory lounge – Sophia 6:00 🌟Game night- Meena	16 <u>9:45 Virtual Worship Service*</u> Sophia 10:00🌟Chinese group-Sabrina 11:00 Sensory lounge – Sophia 11:15🌟Exercises with Nico 1:15 🌟Hawaiian Dancers 3:00 Music Appr. w/ Johann(MT) 3:00-4:30 “Take 10’s” - Iris 4:00 Sensory lounge- Sophia 6:00 🌟Karaoke w/ Johann (MT)	17 (rec extra- kim 10:00 music with Dave (MT) 11:00 Sensory lounge- Meena 1:15 Crafts/Décor – Sophia 1:15 🌟Birthday Party w/ Cindy 3:15 word games- Sophia 4:00 Sensory Lounge – Sophia <u>4:00 🌟Bar Open</u> 6:00 🌟Bingo (Sabrina)	18 rec staff mtg 10:00 Good news with Sophia 11:00 sensory lounge/1:1’s – Sophia 11:15🌟Exercises with Eddie 3:30 🌟Hymns with Herb 4:00 sensory lounge - Sophia 6:00 🌟art to music - Iris	19 10:00 Exercises with Sophia 11:00 Sensory Lounge- Sophia <i>11:00 🌟Chinese Songs w/ Vicky (MT</i> 1:15 🌟 Pub with Steve Warner \$ 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	20 (rec extra- Navida) 10:00 good news- Navida 10:00 🌟Richmond Bible Baptist fellowship 11:15🌟exercises w/ Sabrina 11:15 sensory lounge- Navida 1:15 sensory lounge– Sabrina 2:45 <i>Music with Johann (MT)</i>
21 (rec extra- Navida) 10:00 coffee talk with - Navida 11:00 Sensory lounge- Navida 11:15🌟Exercises w/ Meena <i>11:15 Piano with Chloe</i> 1:15🌟games with Meena 3:15 Music appreciation with Dave (MT)	22 10:00 Good News- Sophia 11:00 sensory lounge - Sophia 11:00 🌟 knitting circle (Iris) 1:15 🌟Bingo (Iris/Meena) 1:15 sensory/1:1’s – Sophia 3:15 word games with Sophia 4:00 sensory lounge – Sophia 6:00 🌟art to music w/ Nelson- Meena	23 <u>9:45 Virtual Worship Service*</u> Sophia 10:00🌟Chinese group-Sabrina 11:00 Sensory lounge – Sophia 11:15🌟Exercises with Nico 1:30 🌟 Resident memorial Service 3:00 Music Appr. w/ Johann(MT) 3:00-4:30 “Take 10’s” - Iris 4:00 Sensory lounge- Sophia 6:00 🌟Karaoke w/ Johann (MT)	24 10:00 music with Dave (MT) 11:00 Sensory lounge- Meena 1:15 🌟 Day for Truth & Reconciliation Presentation 3:15 word games- Sophia 4:00 Sensory Lounge – Sophia <u>4:00 🌟Bar Open</u> 6:00 🌟Bingo (Sabrina)	25 10:00 🌟Christian fellowship 10:00 Good news with Sophia 11:00 sensory lounge/1:1’s – Sophia 11:15🌟Exercises with Eddie 1:15 Bus trip \$ (Karen/Sabrina) 1:15 Manicures - Sophia 3:30 🌟Hymns with Herb 4:00 sensory lounge - Sophia 6:00 🌟art to music - Iris	26 🌟 <i>10:00 catholic comm.</i> 10:00 Exercises with Sophia 11:00 Sensory Lounge- Sophia <i>11:00 🌟Chinese Songs w/ Vicky (MT</i> 1:15 🌟 Pub with Mike Kinal \$ 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	27 (rec extra- Navida) 10:00 good news- Navida 10:00 🌟Church of Christ Fellowship 11:15🌟exercises w/ Sabrina 11:15 sensory lounge- Navida 1:15 sensory lounge - Sabrina 2:45 <i>Music with Johann (MT)</i>
28 (rec extra-Navida) 10:00 coffee talk with Navida 11:00 Sensory lounge- Navida 11:15🌟Exercises w/ Meena <i>11:15 Piano with Chloe</i> 1:15🌟Richmond Chinese alliance church service 3:15 Music appreciation with Dave (MT)	29 10:00 Good News- Sophia 11:00 sensory lounge - Sophia 11:00 🌟 knitting circle (Iris) 1:15 🌟Bingo (Iris/Meena) 1:15 sensory/1:1’s – Sophia 3:15 word games with Sophia 4:00 sensory lounge – Sophia 6:00 🌟Game night- Meena	30 Stat Day of Truth and Reconciliation <i>10:00 Music with Vicky (MT)</i> <i>3:00 Music Appr. w/ Johann(MT)</i> 6:00 🌟Karaoke w/ Johann (MT)	Sept 30 National Day for Truth and Reconciliation 	Sensory Lounge: staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 or group activity such as games, colouring, reading, sorting, matching, puzzles, lpad, food. “Take 10’s” – staff spend 10 mins with residents who prefer to stay in their rooms. Library Delivery: <i>sign up to have books delivered.</i> “\$” =Optional program at a cost. Pub drinks \$1-\$4, Paid entertainers \$4, Bus trip \$6 (combined with SCU) Virtual Worship Service www.spiritualeldercare.com Music Therapy (MT) Music therapists Dave, Johann & Vicky lead 1:1, small & larger groups using instruments, voice & mediums. Virtual Visits (15 min slots for out of town family/friends) to book recreation@rosewoodmanor.org		

