

Special Care Unit

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day 9:45-11:00 <i>Music with Dave (MT)</i>	2 9:30-11:45 rec programs 1:30 SCU Birthday Party with Karen and Dave 2:45- 4:45 rec programs	3 9:30–11:45 rec programs 12:45-4:45 rec programs 2:30-4:00 <i>Music with Dave (MT)</i>	4 9:30–11:45 rec programs 12:45- 4:45 rec programs 2:45-4:45 <i>Music w/ Dave (MT)</i> 5:45-7:00 <i>Music w/ Dave (MT)</i>	5 9:30–11:45 rec programs 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15🌟 Pub w/ Hand over Heart \$ 2:45- 4:45 rec programs	6 rec extra- Kim <i>10:45-12:00 Music with Johann (MT)</i> 1:00-3:45 Rec programs
7 rec extra- Navida <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i> 1:00-3:45 Rec programs	8 9:45-11:00 <i>Music with Dave (MT)</i> 11:15-12:00 rec 1:1's 1:00- 4:45 rec programs 5:45-6:45 rec programs	9 9:30-11:45 rec programs 1:00 🌟Mike's Critters animal show \$ 2:45- 4:45 rec programs	10 rec extra- Kim 9:30-11:45 rec programs (Karen/Kim) 1:15 Bus trip\$ – Scenic Drive (Karen/Sabrina) 12:45-4:45 rec programs (Kim) 3:00-4:45 rec programs (Karen) 2:30-4:00 <i>Music with Dave (MT)</i>	11 9:30–11:45 rec programs 12:45- 4:45 rec programs 2:45-4:45 <i>Music w/ Dave (MT)</i> 5:45-7:00 <i>Music w/ Dave (MT)</i>	12 9:30–11:45 rec programs 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 🌟 Pub with Susan 2:45- 4:45 rec programs	13 rec extra- Kim <i>10:45-12:00 Music with Johann (MT)</i> 1:00-3:45 Rec programs
14 rec extra- Navida <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i> 1:00-3:45 Rec programs	15 9:45-11:00 <i>Music with Dave (MT)</i> 11:15-12:00 rec 1:1's 12:45- 4:45 rec programs Arnold palmers 5:45-6:45 rec programs	16 9:30-11:45 rec programs 1:15 🌟Hawaiian Dancers 2:45- 4:45 rec programs	17 rec extra -Kim 9:30–11:45 rec programs (Karen/Kim) 1:15 🌟Main Building Birthday Party 2:45- 4:45 rec programs (Karen/Kim) 2:30-4:00 <i>Music with Dave (MT)</i>	18 rec staff meeting 9:30–11:45 rec programs 12:45- 4:45 rec programs 2:45-4:45 <i>Music w/ Dave (MT)</i> 5:45-7:00 <i>Music w/ Dave (MT)</i>	19 9:30–11:45 rec programs 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 🌟 Pub w/ Steve Warner \$ 2:45- 4:45 rec programs	20 rec extra- Navida <i>10:45-12:00 Music with Johann (MT)</i> 1:00-3:45 Rec programs
21 rec extra- Navida <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i> 1:00-3:45 Rec programs	22 9:45-11:00 <i>Music with Dave (MT)</i> 11:15-12:00 rec 1:1's 1:00- 4:45 rec programs 5:45-6:45 rec programs	23 9:30-11:45 rec programs 1:30 🌟Resident Memorial 2:45- 4:45 rec programs	24 9:30–11:45 rec programs 12:45- 4:45 rec programs 2:30-4:00 <i>Music with Dave (MT)</i>	25 9:30–11:45 rec programs 1:15 Bus trip\$ – Scenic Drive (Karen/Sabrina) 2:45-4:45 <i>Music w/ Dave (MT)</i> 3:00- 4:45 rec programs 5:45-7:00 <i>Music w/ Dave (MT)</i>	26 <i>Catholic blessings</i> 9:30–11:45 rec programs 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 🌟 Pub with Mike Kinal \$ 2:45- 4:45 rec programs	27 rec extra- Navida <i>10:45-12:00 Music with Johann (MT)</i> 1:00-3:45 Rec programs
28 rec extra- Navida <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i> 1:00-3:45 Rec programs	29 9:45-11:00 <i>Music with Dave (MT)</i> 11:15-12:00 rec 1:1's 1:00- 4:45 rec programs 5:45-6:45 rec programs	30 National Day for Truth and Reconciliation & Orange shirt Day 1:00-3:45 Music with Vicky	Both the National Day for Truth and Reconciliation and Orange Shirt Day take place on September 30. Orange Shirt Day is an Indigenous-led grassroots commemorative day intended to raise awareness of the individual, family and community inter-generational impacts of residential schools, and to promote the concept of “Every Child Matters”. The orange shirt is a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations. On September 30, all Canadians are encouraged to wear orange to honour the thousands of Survivors of residential schools.			

Music Therapy: Music therapists (Dave, Vicky, Johann) divide their time between floors leading 1:1 & small groups incorporating voice & various musical instruments & mediums.

Mobility Program: (6 days/week). Physiotherapist assessment and Rehab assistants work with residents in the program

Face times (duo, zoom): for out of town family/friends: To schedule regular times (15 min sessions) contact Karen (SCU rec staff) at recreation@rosewoodmanor.org or 604-271-3590 ext 141

Recreation “Rec” programs: Recreation staff: Karen (mon- fri) divides her time between the 3 floors. Afternoon recreation programs are offered most weekends. Programs run 20- 45 minutes per floor with an average of 2 programs per floor per day. The programs are designed for residents with dementia and address cognitive, fitness, sensory, 1:1 visits, music, food, seasonal themes and care for the environment. Programs are offered indoors and in the outdoor courtyard (as appropriate). *When recreation or music therapy programs are not occurring -Care staff engage residents with resources on the unit (puzzles, magazines, colouring, walking etc..)

☆= program is in the main building. *Staff will accompany SCU residents to these main building programs as appropriate.*

“\$”=Optional program at a cost. Pub drinks \$1-\$4, Paid entertainers \$4, Bus Trips \$6. (Bus trips are combined with the main building)