

Main building 1 st Floor Group Programs October 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Virtual Visits: (15 min slots for out of town family/friends)		*Virtual visits 10-12-		*Virtual visits 3-4		
Float/Sensory: staff assist with group programs or engage residents in 1:1 & small group activity. Sensory Lounge: staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 and group activities such as games, colouring, reading, sorting, matching, puzzles, Ipad, food. “Take 10’s” – staff spend 10 min “check-ins” with residents who prefer to stay in their rooms. Library Delivery- sign up to have books delivered Music Therapy (MT) therapists Dave, Johann & Vicky lead 1:1, small & larger groups using voice, instruments & mediums. Lon/Stev lounges: Small groups tues 9:30-10:30, 1:15-2:15 “\$” =Optional program at a cost. Pub drinks \$1-\$4, Paid entertainers \$4, DR= dining room		Care Conf 9:30-11:30 Sophia		2 Fast Food lunch- by invitation Kim/Meena		3
5 rec extra- Navida 10:00 float/sensory – Meena 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 games with Meena 2:15 guitar/ukuele w/Sabina (DR) 3:15 Sensory lounge w/ Meena 3:15 <i>Guzhong (Chinese Harp) with Charity</i>		6 10:00 Talk TV- Youtube-Serena 11:00 knitting circle – Serena 1:15 \$ Bingo (Serena/Sophia) 3:15-4:15 “Take 10’s” south-Sophia 3:15 <i>Music with Dave (MT)</i> 4:00 <u>sensory lounge-</u> Serena 6:00 Game Night- Meena		7 10:00 Chinese Group - Sabrina 10:00 good news- Sophia 11:00 “Take 10’s”North- Meena 11:15 <u>Exercises</u> with Nico 1:30 Resident Council 3:00-4:40 float/sensory S/W-Sophia 3:15 word games – Serena 4:00 <u>sensory lounge-</u> Serena 6:00 <i>Karaoke with Johann (MT)</i>		4 rec extra- Navida 10:00 good news - Sabrina 11:15 Exercises 运动 Sabrina 3:00 Fun bingo – Sabrina 4:00 WORD Christian Fellowship - Sabrina
12 rec extra-Navida 10:00 float/sensory – Iris 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Iris 1:15 games with Iris 2:15 guitar/ukuele w/Sabina (DR) 3:15 Sensory lounge w/ Iris 3:15 <i>Guzhong (Chinese Harp) with Charity</i>		13 Thanksgiving 3:15 <i>Music with Dave (MT)</i>		8 10:00 good news – meena 11:15 song writing/music w/ Dave MT 1:15 Floor games- Meena 3:00 float/sensory S/W – Serena 3:15 manicures with Meena 4:00 Sensory lounge- Serena 4:00 <i>Bar open \$ Meena</i> 6:00 \$Bingo with Sabrina		10 10:00 Good News- Sophia 10:00-12:00 “Take 10’s”East -Kim 11:00 float/sensory S/W – Sophia 1:15 Pub with Susan 3:00 <i>Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Kim 4:00 <u>sensory lounge – Sophia</u>
19 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 games with Meena 2:15 guitar/ukuele w/Sabina (DR) 3:15 Sensory lounge w/ Meena 3:15 <i>Guzhong (Chinese Harp) with Charity</i>		14 10:00 Chinese Group - Sabrina 10-12 “Take 10’s”North- Sophia 11:15 <u>Exercises</u> with Nico 1:00 Mike’s Critters animal show 3:15 word games – Sophia 4:00 <u>sensory lounge-</u> Sophia 6:00 <i>Karaoke with Johann (MT)</i>		15 10:00 good news – meena 11:15 song writing/music w/ Dave MT 1:15 Floor games- Sophia 3:00 float/sensory S/W – Meena 3:15 manicures with Sophia 4:00 Sensory lounge- Meena 4:00 <i>Bar open \$ Sophia</i> 6:00 \$Bingo with Sabrina		17 10:00 Good News- Sophia 10:00-12:00 “Take 10’s”East -Serena 11:00 float/sensory S/W – Sophia 11:00 <i>Chinese Songs 中国歌曲 MT</i> 1:15 Pub with Kristen \$ 3:00 <i>Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Sophia</u>
26 rec extra- Navida 10:00 float/sensory – Meena 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 Rch Chinese Alliance Church service - meena 2:15 guitar/ukuele w/Sabina (DR) 3:15 Sensory lounge w/ Meena 3:15 <i>Guzhong (Chinese Harp) with Charity</i>		21 10:00 Chinese Group - Sabrina 10:00 good news- Serena 11:00 “Take 10’s”North- Serena 11:15 <u>Exercises</u> with Nico 1:15 Birthday Party with Cindy 2:00 Diwali Rangoli 3:00-4:40 float/sensory S/W-Sophia 3:15 word games – Serena 4:00 <u>sensory lounge-</u> Serena 6:00 <i>Karaoke with Johann (MT)</i>		22 10:00 good news – meena 11:15 song writing/music w/ Dave MT 1:15 Minoru Glee Club Sing out! 3:00 float/sensory S/W – Meena 3:15 manicures with Sophia 4:00 Sensory lounge- Meena 4:00 <i>Bar open \$ Sophia</i> 6:00 \$Bingo with Sabrina		23 10:00 Christ Fellowship – Sophia 10-12 “Take 10’s” West Meena 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 1:15 Table games - Sophia 3:30 Hymns with Herb- <i>Serena</i> 3:30-4:30- 1:1/sensory/float - Sophia 6:00 art and music- Serena
27 10:00 Talk TV- Youtube-Serena 11:00 knitting circle – Serena 1:15 \$ Bingo (Serena/Sophia) 3:15-4:15 “Take 10’s” south-Sophia 3:15 <i>Music with Dave (MT)</i> 4:00 <u>sensory lounge-</u> Serena 6:00 Game Night- Meena		28 10:00 <u>Food committee-</u> Serena 10:00 Chinese Group - Sabrina 11:00 “Take 10’s”North- Serena 11:15 <u>Exercises</u> with Nico 1:15 Decorating – Rock & Roll Halloween 3:00-4:40 float/sensory S/W-Sophia 3:15 word games – Serena 4:00 <u>sensory lounge-</u> Serena 6:00 <i>Karaoke with Johann (MT)</i>		29 10:00 good news – meena 11:15 song writing/music w/ Dave MT 1:15 Rch Singers Ensemble Concert 3:00 float/sensory S/W – Meena 3:15 manicures with Sophia 4:00 Sensory lounge- Meena 4:00 <i>Bar open \$ Sophia</i> 6:00 \$Bingo with Sabrina		31 rec extra – Iris Halloween 10:00 Good News- Sophia 10:00- “Take 10’s”East -Serena 11:00 dress up– Sophia/Serena 11:00 <i>Chinese Songs 中国歌曲 MT</i> 1:15 Rock & Roll Halloween Pub w/ Ron & Don 3:00 <i>Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Sophia</u>
25 rec extra- Navida 10:00 good news - Sabrina 11:15 Exercises with Sabrina 1:15 <i>Music w/ Johann (MT)</i> 3:00 Fun bingo – Sabrina 4:00 <u>sensory Lounge-</u> Sabrina		24 10:00 Catholic Communion- Serena 10:00 Good News- Sophia 11:00-12:00 “Take 10’s”East -Serena 11:00 float/sensory S/W – Sophia 11:00 <i>Chinese Songs 中国歌曲 MT</i> 1:15 Rosewood Anniversary Party with Staff Talent 3:00 <i>Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Sophia</u>		30 10:00 virtual Worship- Sophia 10-12 “Take 10’s” West Meena 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 1:15 Table games - Sophia 3:30 Hymns with Herb- <i>Serena</i> 3:30-4:30- 1:1/sensory/float - Sophia 6:00 art and music- Serena		18 10:00 Richmond Bible Baptist fellowship - 11:15 Exercises with Sabrina 1:15 <i>Music w/ Johann (MT)</i> 3:00 Fun bingo – Sabrina 4:00 <u>sensory Lounge-</u> Sabrina
11 rec extra- Navida 10:00 Caanan chuch choir -kim 11:15 Exercises with Kim 1:15 <i>Music w/ Johann (MT)</i> 2:15 Violin w/ Julia (dining room) 3:00 Fun bingo – Kim 4:00 <u>sensory Lounge-</u> Kim		16 10:00 virtual Worship- Sophia 10-12 “Take 10’s” West – Meena 11:15 Exercises 运动with Eddie 1:15 Table games - Sophia 3:30 Hymns with Herb- <i>Serena</i> 3:30-4:30- 1:1/sensory/float - Sophia 6:00 art and music- Serena		13 rec extra- Navida 10:00 float/sensory – Meena 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 games with Meena 2:15 guitar/ukuele w/Sabina (DR) 3:15 Sensory lounge w/ Meena 3:15 <i>Guzhong (Chinese Harp) with Charity</i>		Recreation Staff: 1 st floor- Serena (m,tu, th, f) 2 nd floor-Sabrina(tues-sat) 1 st fl float- Sophia (m-f) Float- Meena (su-th)