

Special Care Unit	October 2025
-------------------	--------------

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30–11:45 rec programs 12:45-4:45 rec programs 2:30-4:00 <i>Music with Dave (MT)</i>	2 9:30–11:45 rec programs 12:45- 4:45 rec programs 2:45-4:45 <i>Music w/ Dave (MT)</i> 5:45-7:00 <i>Music w/ Dave (MT)</i>	3 9:30–11:45 rec programs 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15🌟 Pub w/ Brian Zalo \$ 2:45- 4:45 rec programs	4 rec extra- Navida <i>10:45-12:00 Music with Johann (MT)</i> 1:00-3:45 Rec programs
5 rec extra- Navida <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i> 1:00-3:45 Rec programs	6 9:45-11:00 <i>Music with Dave (MT)</i> 11:15-12:00 rec 1:1's 1:00- 4:45 rec programs 5:45-6:45 rec programs	7 9:30-11:45 rec programs 1:30 SCU Birthday Party with Ellie and Dave 2:45- 4:45 rec programs	8 9:30–11:45 rec programs 12:45-4:45 rec programs 3:00-4:45 rec programs (Karen) 2:30-4:00 <i>Music with Dave (MT)</i>	9 9:30–11:45 rec programs 12:45- 4:45 rec programs 2:45-4:45 <i>Music w/ Dave (MT)</i> 5:45-7:00 <i>Music w/ Dave (MT)</i>	10 9:30–11:45 rec programs 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 🌟 Pub with Susan 2:45- 4:45 rec programs	11 rec extra- Navida <i>10:45-12:00 Music with Johann (MT)</i> 1:00-3:45 Rec programs
12 rec extra- Navida <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i> 1:00-3:45 Rec programs	13 Thanksgiving 9:45-11:00 <i>Music with Dave (MT)</i>	14 9:30-11:45 rec programs 1:00 🌟Mike's Critters Animal Show \$ 2:45- 4:45 rec programs	15 9:30–11:45 rec programs 12:45- 4:45 rec programs (2:30-4:00 <i>Music with Dave (MT)</i>	16 <i>rec staff meeting</i> 9:30–11:45 rec programs 2:45- 4:45 rec programs 2:45-4:45 <i>Music w/ Dave (MT)</i> 5:45-7:00 <i>Music w/ Dave (MT)</i>	17 9:30–11:45 rec programs 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 🌟 Pub w/ Kristen \$ 2:45- 4:45 rec programs	18 <i>10:45-12:00 Music with Johann (MT)</i>
19 <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i>	20 9:45-11:00 <i>Music with Dave (MT)</i> 11:15-12:00 rec 1:1's 1:00- 4:45 rec programs 5:45-6:45 rec programs	21 9:30-11:45 rec programs 1:15 🌟Main building Birthday Party 2:45- 4:45 rec programs	22 9:30–11:45 rec programs 1:15 🌟Minoru glee club 2:45- 4:45 rec programs 2:30-4:00 <i>Music with Dave (MT)</i>	23 9:30–11:45 rec programs 12:45- 4:45 rec programs 2:45-4:45 <i>Music w/ Dave (MT)</i> 5:45-7:00 <i>Music w/ Dave (MT)</i>	24 Catholic blessings 9:30–11:45 rec programs 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 🌟 Rosewood Anniversary Pub/Party with Staff Talent 2:45- 4:45 rec programs	25 rec extra- Navida <i>10:45-12:00 Music with Johann (MT)</i> 1:00-3:45 Rec programs
26 rec extra- Navida <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i> 1:00-3:45 Rec programs	27 9:45-11:00 <i>Music with Dave (MT)</i> 11:15-12:00 rec 1:1's 1:00- 4:45 rec programs 5:45-6:45 rec programs	28 9:30-11:45 rec programs 12:45- 4:45 rec programs	29 9:30–11:45 rec programs 1:15 🌟Rch Singers Ensemble 2:45- 4:45 rec programs 2:30-4:00 <i>Music with Dave (MT)</i>	30 9:30–11:45 rec programs 12:45- 4:45 rec programs 2:45-4:45 <i>Music w/ Dave (MT)</i> 5:45-7:00 <i>Music w/ Dave (MT)</i>	31 rec extra - Iris 9:30–11:45 rec programs (Ellie, Iris) 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 🌟 Rock and Roll Pub with Rob and Don \$ 2:45- 4:45 rec programs (Ellie, Iris)	

An update to recreation staff- Recreation staff member, Karen is now going by her middle name which is Ellie. **Ellie is on vacation Oct 14-24- Kim is covering**

Music Therapy: Music therapists (Dave, Vicky, Johann) divide their time between floors leading 1:1 & small groups incorporating voice & various musical instruments & mediums.

Mobility Program: (6 days/week). Physiotherapist assessment and Rehab assistants work with residents in the program

Face times (duo, zoom): for out of town family/friends: To schedule regular times (15 min sessions) contact Ellie (SCU rec staff) at recreation@rosewoodmanor.org or 604-271-3590 ext 141

Recreation “Rec” programs: Recreation staff: Ellie (mon- fri) divides her time between the 3 floors. Afternoon recreation programs are offered most weekends. Programs run 20- 45 minutes per floor with an average of 2 programs per floor per day. The programs are designed for residents with dementia and address cognitive, fitness, sensory, 1:1 visits, music, food, seasonal themes and care for the environment. Programs are offered indoors and in the outdoor courtyard (as appropriate). *When recreation or music therapy programs are not occurring -Care staff engage residents with resources on the unit (puzzles, magazines, colouring, walking etc..)

★= program is in the main building. *Staff will accompany SCU residents to these main building programs as appropriate.*

“\$”=Optional program at a cost. Pub drinks \$1-\$4, Paid entertainers \$4