


weekly  
**MENU**



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>Breakfast</i>	Hot Oatmeal Scrambled Eggs Raisin Bran Muffin Banana—half	Hot Oatmeal Hard Boiled Egg Whole Wheat Toast Banana—half	Hot Oatmeal Cheddar Scrambled Egg Cinnamon Raisin Toast Banana—half	Hot Oatmeal Hard Boiled Egg Whole Wheat Toast Banana—half	Hot Oatmeal Scrambled Eggs Whole Wheat Toast Banana—half	Hot Oatmeal Mushroom Egg Bites Whole Wheat Toast Banana—half	Hot Oatmeal Bacon Cinnamon French Toast Bake + Syrup Banana—half
<i>Lunch</i>	Chicken Lemon Orzo Soup Pork Tourtiere Garden Salad with Ranch Dressing Fruit Cocktail  <u>Alternate Choice</u> Chicken Congee Pork Tourtiere Filling Jasmine Rice Vegetables Fruit Cocktail	Potato Bacon Chowder Chicken Salad Sandwich on Whole Wheat Cauliflower Apple Wedges  <u>Alternate Choice</u> Chicken Congee Chicken Salad Filling Jasmine Rice Vegetables Apple Wedges	Carrot and Lentil Soup Chicken Congee Coconut Mango Stew Basmati Rice Apricot Halves	Pasta Fagioli Soup Chicken Fingers with Plum Sauce French Fries Green Beans Apricots  <u>Alternate Choice</u> Chicken Congee Chicken Fingers with Plum Sauce Basmati Rice Green Beans Diced Pears	Tomato Soup Chicken Congee Tuna Noodle Casserole Sliced Carrots Cantaloupe	Spinach Cream Soup Turkey Schnitzel Potato Salad Harvard Beets Orange Wedges  <u>Alternate Choice</u> Chicken Congee Turkey Schnitzel Jasmine Rice Harvard Beets Orange Wedges	Split Pea Soup Fish Cakes with Mango Chutney Potato Wedges Vinaigrette Coleslaw Apricots  <u>Alternate Choice</u> Fish Cakes with Mango Chutney Jasmine Rice Vinaigrette Coleslaw Apricots
<i>Dinner</i>	Breaded Chicken Drumstick Garlic Mashed Potatoes Sliced Carrots Boston Cream Poke Cake  <u>Alternate Choice</u> Chicken Congee Breaded Chicken Drumstick Basmati Rice Sliced Carrot Boston Cream Poke Cake	Chicken Congee Chicken with Mushroom Sauce Jasmine Rice Broccoli Strawberry Crumble Bar	Sweet and Sour Pork Mashed Potatoes Chocolate Éclair Cake  <u>Alternate Choice</u> Chicken Congee Sweet and Sour Pork Jasmine Rice Chocolate Éclair Cake	Turkey Ratatouille Rice Pilaf Sauteed Zucchini Pumpkin Loaf  <u>Alternate Choice</u> Chicken Congee Turkey Ratatouille Rice Pilaf Sauteed Zucchini Pumpkin Loaf	Mediterranean Pork Loin French Fries Peas and Carrots Vanilla Mousse  <u>Alternate Choice</u> Chicken Congee Mediterranean Pork Loin Basmati Rice Peas and Carrots Vanilla Mousse	Meatloaf with Gravy Basmati Rice Sunrise Vegetables Date Square  <u>Alternate Choice</u> Chicken Congee Meatloaf with Gravy Basmati Rice Sunrise Vegetables Date Square	Tofu Teriyaki Stir Fry Jasmine Rice Chocolate Mint Pudding



Fall & Winter  
Menu 2025

Our menu is proudly Chef-Designed, Resident Guided, & Dietitian Approved.  
Every item on the menu with a  icon indicates that this item has been specifically requested by a resident.

Week Four