



Rosewood Manor - Spring/Summer - 2026

WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals
	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Scrambled Eggs	Boiled Eggs	Poached Egg	Scrambled Eggs	Boiled Eggs	Poached Egg	Omelette
	Toast/Jam	Toast/Jam	Toast/Jam	Muffins/Toast/Jam	Toast/Jam	Raisin Toast/Jam	Toast/Jam
	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Soup	Canadian Split Pea Soup	Chicken Barley Soup	Zucchini & Pea Soup	Golden Carrot & Ginger Soup	Spring Minestrone Soup	Clam Chowder	Sweet and Sour Cabbage Soup
Lunch	Tuna and Avocado Salad Sandiwch	Pea, Goat Cheese and Onion Quiche	Beef Taco Rice Plate	Crispy Baked Chicken Chunks with Honey Garlic Sauce	Lemon Oregano Pork Chop	BBQ Chicken and Vegetable Pizza	Baked Mac n' Cheese
Sides	Spring Salad	Spinach Salad	Mexican Vegetables	Sesame Greenbeans, Steamed Rice	Greek Rice, Pepper and Zucchini	Caesar Salad	Buttered Broccoli and Carrots
Alternative	Baked Basa with Broccoli and Rice	Roast peppers & onion Egg Bake, Peas, Rice	Beef Taco, Vegetable Medley, Rice	Chicken Chunks Ranch Dressing, Fries, Tomato and Cucumber	Lemon Garlic Pork, Pepper and Zucchini, Rice	Oriental Chicken, Vegetable Medley, Rice	Tofu Teriyaki, Broccoli & Carrots, Rice
Mince	Basa/Potato Mash/Broccoli/Gravy	Crustless Quiche/Potato Mash/Peas	Beef/Potato Mash/Mexican Vegetables/Gravy	Chicken/Potato Mash/Greenbeans/Gravy	Pork/Potato Mash/Zucchini/Gravy	Chicken/Potato Mash/Vegetable Medley/Gravy	Tofu/Potato Mash/Broccoli/Gravy
Puree	Basa/Potato Mash/Broccoli/Gravy	Crustless Quiche/Potato Mash/Peas	Beef/Potato Mash/Mexican Vegetables/Gravy	Chicken/Potato Mash/Greenbeans/Gravy	Pork/Potato Mash/Zucchini/Gravy	Chicken/Potato Mash/Vegetable Medley/Gravy	Tofu/Potato Mash/Broccoli/Gravy
Dessert	Fresh Orange Segments	Pineapple Chunks	Diced Peach with Vanilla Yogurt	Cinnamon Baked Apple with Cream and Mint	Fresh Berries	Fruit Cocktails	Poached Apricots
Teatime	A Variety of Refreshments Including Bake Goods and Other Assorted Snacks						
Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee
Entrée	Lemongrass Roast Turkey Thighs and Pan Sauce	Tilapia with Lemon Cream Sauce	Roast Pork Loin with Thyme Gravy	Breaded Sole with Lemon Hollandaise Sauce	Hungarian Beef Goulash	Baked Salmon with Tomato and Herb Sauce	Homemade Chicken a la King
Sides	Mashed Potato, Maple Roasted Squash	Buttered Egg Noodles, Peas & Carrots	Scalloped Potatoes & Steamed Broccoli	Jasmine Rice & Italian Vegetable Medley	Steamed Baby Potatoes, Herbed Carrots	Rice Pilaf, Garlic Zucchini	Mashed Potatoes, Vegetable Medley
Alternative	Lemongrass Roast Turkey Thighs, Rice and Maple Squash	Tilapia with Penang Curry, Rice, Peas & Carrots	Hoisin Pork with Rice and Steamed Broccoli	Breaded Sole with Sweet and Sour Sauce, Rice	Beef Goulash with Carrots, Rice	Baked Salmon with Green Onion and Oyster Sauce, Rice	Chicken ala King with Rice, Vegetable Medley
Mince	Lemongrass Turkey/Potato Mash/Maple Squash/ Gravy	Tilapia/Potato Mash/Carrots/ Lemon Cream Sauce	Pork/Potato Mash/Broccoli/ Gravy	Fish/Potato Mash/Italian Vegeatbles/Gravy	Beef/Potato Mash/ Carrots/Gravy	Salmon/Potato Mash/Zucchini/Gravy	Chicken/Potato Mash/Carrots/ Gravy
Puree	Lemongrass Turkey/Potato Mash/Maple Squash/ Gravy	Tilapia/Potato Mash/Carrots/ Lemon Cream Sauce	Pork/Potato Mash/Broccoli/ Gravy	Fish/Potato Mash/Italian Vegeatbles/Gravy	Beef/Potato Mash/Carrots/Gravy	Salmon/Potato Mash/Zucchini/Gravy	Chicken/Potato Mash/Carrots/ Gravy
Dessert	Mix Berry Crumble	Mini Tropical Fruit Tart	Homemade Banana Bread	Raspberry Jello with Whipped Cream	Rainbow Sherbet	Tangerine Mousse with Mandarin OJ	Strawberry Rhubarb Pie
HS Snack	A Variety of Refreshments Including Sandwiches and Other Assorted Snacks						