



Rosewood Manor - Spring/Summer - 2026

WEEK 3	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Scrambled Eggs	Boiled Eggs	Poached Egg	Scrambled Eggs	Boiled Eggs	Poached Egg	Omelette
	Toast/Jam	Toast/Jam	Toast/Jam	Pancakes/Toast/Jam	Toast/Jam	Raisin Toast/Jam	Toast/Jam
	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Soup	Minted Pea Soup	Sausage & Kale Soup	Butternut Squash Soup	Cream of Spinach Soup	Chickpea & Vegetable Soup	Cauliflower Chowder	Lentil and Vegetable Soup
Lunch	Homemade Cheese Burger	Honey Garlic Pork Bites	Texas Chicken Chilli with Corn Bread	Deli Turkey, Swiss Cheese, Tomato and Lettuce Sandwich	Ham and Onion Frittata	Crispy Chicken & Bacon Caesar Salad	Chicken Fried Rice with Spring Rolls
Sides	Tomato, Lettuce, Pickles & French Fries	Garlic Chowmein & Broccoli	Buttered Corn Kernels	Tossed Salad	Herbed Carrots, Tater Tots	Soft Rolls	Asian Vegetable Medleys
Alternative	Hamburger Steak with Hoisin Sauce, Rice and Cauliflower	Egg Salad Sandwich, Iceberg Salad	Texas Chicken Chilli with Rice and Corn Kernels	Turkey Slices, Rice and Asian Vegetables	Ham and Onion Frittata with Carrots and Rice	Crispy Chicken Chunks with Plum Sauce, Rice and Green Peas	Chicken Salad Sandwich with Toss Salad
Mince	Beef/Potato Mash/Cauliflower/Gravy	Pork/Potato Mash/Broccoli/Gravy	Chicken/Potato Mash/Vegetables/Gravy	Turkey/Potato Mash/Veg Medley/Gravy	Crustless Quiche/Potato Mash/Carrots	Chicken/Potato Mash/Peas/Gravy	Chicken/Potato Mash/Veg Medley/Gravy
Puree	Beef/Potato Mash/Cauliflower/Gravy	Pork/Potato Mash/Broccoli/Gravy	Chicken/Potato Mash/Vegetables/Gravy	Turkey/Potato Mash/Veg Medley/Gravy	Crustless Quiche/Potato Mash/Carrots	Chicken/Potato Mash/Peas/Gravy	Chicken/Potato Mash/Veg Medley/Gravy
Dessert	Mango Chunks	Tropical Fruits	Blueberries with Vanilla Yogurt	Pineapple Tidbits	Mandarin Orange Segments	Diced Pears	Fresh Melons with Mint
Teatime	A Variety of Refreshments Including Bake Goods and Other Assorted Snacks						
Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee
Entrée	Maple Glazed Ham and Pan Sauce	Butter Chicken with Naan Bread	Creamy Garlic Shrimp with Peas	Spaghetti Bolognese	Adobo Style Roast Chicken	Poached Salmon with Coconut Curry Sauce	Pork and Mushroom Stew
Sides	Roasted Yam, Buttered Greenbeans	Steamed Rice, Cilantro Cauliflowers	Pilaf Rice, Vegetable Medley	Garlic Bread, Roast Zucchini	Jasmine Rice, Brussel Sprouts	Mashed Sweet Potatoes, Broccoli&Cauliflower	Mashed Potatoes, Roasted Squash
Alternative	Ham with Rice and Greenbeans	Butter Chicken with Rice & Cauliflower	Garlic Shrimp with Peas, Rice and Vegetable Medley	Chinese Ground Beef Stirfry, Zucchini, Rice	Roast Chicken with Thyme Gravy	Poached Salmon with Coconut Curry, Rice, Broccoli&Cauliflower	Pork and Mushroom Stew, Rice and Roast Squash
Mince	Ham/Potato Mash/Green Bean/Gravy	Chicken/Potato Mash Cauliflower/Gravy	Fish/Potato Mash/Peas/Gravy	Beef/Potato Mash/Zucchini/Gravy	Chicken/Potato Mash/Brussel Sprouts/Gravy	Salmon/Potato Mash/Broccoli/Curry Sauce	Pork/Potato Mash/Squash/Gravy
Puree	Ham/Potato Mash/Green Bean/Gravy	Chicken/Potato Mash Cauliflower/Gravy	Fish/Potato Mash/Peas/Gravy	Beef/Potato Mash/Zucchini/Gravy	Chicken/Potato Mash/Brussel Sprouts/Gravy	Salmon/Potato Mash/Broccoli/Curry Sauce	Pork/Potato Mash/Squash/Gravy
Dessert	Cinnamon Donut Holes	Vanilla Ice Cream	Butterscotch Pudding with Wafers	Homemade Marble Cake with Whipped Cream	NY Cheese Cake with Berry Coulis	Strawberry Jello	Blueberry Oatmeal Crisp
HS Snack	A Variety of Refreshments Including Sandwiches and Other Assorted Snacks						