



Rosewood Manor - Spring/Summer - 2026

WEEK 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals
	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Scrambled Eggs	Boiled Eggs	Poached Egg	Scrambled Eggs	Boiled Eggs	Poached Egg	Cheese Omelette
	Toast/Jam	Toast/Jam	Toast/Jam	Croissants/Toast/Jam	Toast/Jam	Raisin Toast/Jam	Toast/Jam
	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk	Tea/Coffee/Milk
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Soup	Navy Bean Soup	Garden Vegetable Soup	Chicken Noodle Soup	Vegetable Minestone Soup	Split Pea Soup	Potato and Cheddar Soup	Tomato Herb Soup
Lunch	Italian Meatball on Buns	Soya Chicken Thighs	Corned Beef Sandwich	Fish and Chips	Baked Garlic Crab Melt	All Beef Hot Dogs with Grilled Onion	Garlic Pork Patties with Sweet Soy Glaze
Sides	French Fries, Tomato Wedges	Carrots and Beans, Garlic Rice	Tossed Salad, Pickles	Creamy Coleslaw, Tartare Sauce	Marinated Tomato and Cucumber	Wedge Fries	Steamed Rice, Oriental Veg Medley
Alternative	Meatballs with Rice and Vegetable Medley	Chicken Salad Sandwiches, Tossed Salad	Corned Beef Slices, Rice and Vegetable Medley	Battered Fish, Asian Coleslaw, Rice	Strifry Crab and Vegetable, Rice	Beef Hotdog with Onions, Carrot and Rice	Cheese Sandwich with Tossed Salad
Mince	Pork/Potato Mash/Vegetables/Gravy	Chicken/Potato Mash/Beans/Gravy	Beef/Potato Mash/Vegetables/Stirfry Sauce	Fish/Potato Mash/Cabbage/Cream Sauce	Fish/Potato Mash/Vegetables	Beef/Potato Mash/Carrot/Gravy	Garlic Pork/Mince Oriental Veg/Mash/Kalbi Sauce
Puree	Pork/Potato Mash/Vegetables/Gravy	Chicken/Potato Mash/Beans/Gravy	Beef/Potato Mash/Vegetables/Stirfry Sauce	Fish/Potato Mash/Cabbage/Cream Sauce	Fish/Potato Mash/Vegetables	Beef/Potato Mash/Carrot/Gravy	Garlic Pork/Puree Oriental Veg/Mash/Kalbi Sauce
Dessert	Mandarin Oranges	Fruit Cocktail	Strawberries	Diced Pears with Caramel Sauce	Poached Apricots	Fresh Melons	Peaches
Teatime	A Variety of Refreshments Including Bake Goods and Other Assorted Snacks						
Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee
Entrée	Homestyle Beef Pot Roast	Tuscan Baked Basa Fillet	Citrus Glazed Pork Tenderloin and Gravy	Chicken Thigh with Hoisin Sauce	Cranberry Pork Meatloaf	Baked Salmon with Chive Hollandaise Sauce	Baked Chicken Thigh Parmesan
Sides	Mashed Potatoes, Corn & Peas	Rice Pilaf and Broccoli	Scallop Potatoes, Green & Yellow Beans	Shanghai Noodles & Stir fry Vegetables	Garlic Mashed Potatoes and Brussel Sprouts	Roast Sweet Potatoes and Buttered Peas	Spanish Rice, Roast Zucchini& Peppers
Alternative	Beef Pot Roast, Rice, Corns & Peas	Basa with Ginger Sauce, Rice and Broccoli	Pork with Rice, Green&Yellow Beans	Chicken Thigh with Hoisin Sauce	Pork Meatloaf with Asian BBQ Glaze and Rice	Salmon with Rice, Buttered Peas, Ginger Sauce	Oriental Chicken Thighs, Roast Zucchini, Peppers and Rice
Mince	Beef/ Mashed Potato/ Peas/ Gravy	Tuscan Basa/Potato Mash/ Broccoli/Tomato Sauce	Pork/Potato Mash/Green Beans /Gravy	Chicken/Potato Mash/Vegetables/ Gravy	Pork/Potato Mash/Brussel Sprouts/ Gravy	Salmon/Potato Mash/Peas/Hollandaise	Chicken/Potato Mash/Zucchini/Gravy
Puree	Beef/ Mashed Potato/ Peas/ Gravy	Tuscan Basa/Potato Mash/ Broccoli/Tomato Sauce	Pork/Potato Mash/Green Beans /Gravy	Chicken/Potato Mash/Vegetables/ Gravy	Pork/Potato Mash/Brussel Sprouts/ Gravy	Salmon/Potato Mash/Peas/Hollandaise	Chicken/Potato Mash/Zucchini/Gravy
Dessert	Chocolate Mousse	Peach & Custard Tart	Two Bite Brownies with Cream	Lime Jello with Whip Topping	Traditional Rice Pudding	Banana Foster Crepe	Maple Sugar Twist Ice Cream
HS Snack	A Variety of Refreshments Including Sandwiches and Other Assorted Snacks						