

Main building 1st Floor Group Programs April 2026 (updated Apr 2)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Virtual Visits: (15 min slots for out of town family/friends)		*Virtual visits 10-12- Sophia	Care Conf 9:30-11:30 Sophia	*Virtual visits 3-4		
<p>Float/Sensory: staff assist with group programs or engage residents in 1:1 & small group activity. Sensory Lounge: staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 and group activities such as games, colouring, reading, sorting, matching, puzzles, Ipad, food. “Take 10’s” – staff spend 10 min “check-ins” with residents who prefer to stay in their rooms. Library Delivery- sign up to have books delivered</p> <p>Music Therapy (MT) therapists Dave, Johann & Vicky lead 1:1, small & larger groups using voice, instruments & mediums. Lon/Stev lounges: Small groups tues 9:30-10:30, 1:15-2:15 “S”=Optional program at a cost. Pub drinks \$1-\$4, Paid entertainers \$4, DR= dining room</p> <p>Mahjong Tues & Fri at 3:45 in the garden lounge</p>			<p>1 10:00 good news – Sonia 11:15 song writing/music w/ Dave MT 1:15 Richmond Singers Ensemble and Cherry blossom festival tea 3:00 float/sensory S/W – Sophia 3:15 manicures with Sabrina 4:00 Sensory lounge- Sophia 4:00 <i>Bar open \$ Sabrina</i> 6:00 \$Bingo with Sabrina</p>	<p>2 10:00 Christ Fellowship Easter Program – Sophia 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 1:15 Table games - Sophia 3:30 Hymns with Herb- Sophia 3:30-4:30- 1:1/sensory/float – Sabrina 6:00 art and music (2nd fl) - Sabrina</p>	<p>3 Good Friday <i>3:00 Music Appreciation- Johann (MT)</i></p>	<p>4 <small>rec extra- Navida</small> 10:00 good news - Sonia 11:15 Exercises 运动 Sonia <i>1:15 Music w/ Johann (MT)</i></p> <p>3:00 Fun bingo – Sonia 4:00 WORD Christian Fellowship - Sonia</p>
<p>5 <small>rec extra- Navida</small> Easter 10:00 float/sensory – Prinnie <i>10:00 Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Prinnie 1:15 Easter Social with Dave (Prinnie & Navida) 3:15 Sensory lounge w/ Prinnie <i>3:15 Guzhong (Chinese Harp) with Charity</i></p>	<p>6 Easter Monday <i>3:15 Music with Dave (MT)</i></p>	<p>7 virtual visits - Navida 10:00 Chinese Group - Sabrina 10:00 good news- Sonia 10-12 “Take 10’s”North- Navida <u>11:15 Exercises</u> with Nico 1:00-2:00 float/sensory S/W-Navida 1:30 Resident Council (Sabrina/Sonia) 3:15 word games – Sonia <u>4:00 sensory lounge- Sonia</u> <i>6:00 Karaoke with Johann (MT)</i></p>	<p>8 10:00 good news – meena 11:15 song writing/music w/ Dave MT 1:15 Floor games- Sonia 3:00 float/sensory S/W – Sonia 3:15 manicures with Sabrina 4:00 Sensory lounge- Sonia <i>4:00 Bar open \$ Sabrina</i> 6:00 \$Bingo with Sabrina</p>	<p>9 Fast Food lunch- by invitation Sophia/Sabrina 10-12 “Take 10’s” West – Sabrina 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 1:15 Table games - Sophia 3:30 Hymns with Herb- Sophia 3:30-4:30- 1:1/sensory/float – Sabrina 6:00 art and music (2nd fl) - Serena</p>	<p>10 Johann off- 10:00 Good News- Sophia 10:00-12:00“Take 10’s”East -Serena 11:00 float/sensory S/W – Sophia <i>11:00 Chinese Songs 中国歌曲 MT</i> 1:15 Pub with Brian Zalo \$ 3:00- sensory lounge - Serena 4:00 <u>sensory lounge</u> – Sophia</p>	<p>11 <small>rec extra- Navida</small> 10:00 Caanan church choir - 11:15 Exercises 运动 Sabrina <i>1:15 Music w/ Johann (MT)</i> 3:00 Fun bingo – Sabrina <u>4:00 sensory Lounge-</u> Sabrina</p>
<p>12 <small>rec extra- Prinnie</small> 10:00 float/sensory – Meena <i>10:00 Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 games with Meena 3:15 Sensory lounge w/ Meena <i>3:15 Guzhong (Chinese Harp) with Charity</i></p>	<p>13 10:00 Talk TV- Youtube-Sophia 11:00 knitting circle – Sophia 1:15 \$ Bingo (Serena /Sophia) 3:15-4:15“Take 10’s” south-Sophia <i>3:15 Music with Dave (MT)</i> <u>4:00 sensory lounge-</u> Sonia 6:00 Game Night- Meena</p>	<p>14 10:00 Chinese Group - Sabrina 10:00 good news- Sophia 10-12 “Take 10’s”North- Navida <u>11:15 Exercises</u> with Nico 1:00 Mike’s Critters animal show \$ 3:15 word games – Sophia <u>4:00 sensory lounge-</u> Sophia <i>6:00 Karaoke with Johann (MT)</i></p>	<p>15 Library Delivery 10:00 good news – meena 11:15 song writing/music w/ Dave MT 1:15 Richmond Christian School artifact- sharing-Sophia 3:00 float/sensory S/W – Sophia 3:15 manicures with Sabrina 4:00 Sensory lounge- Sophia <i>4:00 Bar open \$ Sabrina</i> 6:00 \$Bingo with Sabrina</p>	<p>16 <small>rec staff meeting</small> 10:00 virtual Worship- Sabrina 10-12 “Take 10’s” West – Sabrina 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 3:30 Hymns with Herb- Sophia 3:30-4:30- 1:1/sensory/float – Sabrina 6:00 art and music (2nd fl) - Serena</p>	<p>17 10:00 Good News- Sophia 10:00-12:00“Take 10’s”East- Sonia 11:00 float/sensory S/W – Sophia <i>11:00 Chinese Songs 中国歌曲 MT</i> 1:15 Richmond Christian school Pub, spring fling & Talent show <i>3:00 Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Sonia 4:00 <u>sensory lounge</u> – Sophia</p>	<p>18 <small>rec extra- sonia 9-5</small> 10:00 Richmond Bible Baptist fellowship - 11:15 Exercises 运动 Sabrina <i>1:15 Music w/ Johann (MT)</i> 3:00 Fun bingo – Sonia <u>4:00 sensory Lounge-</u> Sonia</p>
<p>19 <small>rec extra- sonia 9:30-4:00</small> 10:00 float/sensory – Meena <i>10:00 Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena <i>1:15 Met Conservatory Music Leaders Piano concert -Meena</i> 3:15 Sensory lounge w/ Sonia <i>3:15 Guzhong (Chinese Harp) with Charity</i></p>	<p>20 10:00 Talk TV- Youtube-Sophia 11:00 knitting circle – Sophia 1:15 \$ Bingo (Serena /Sophia) 3:15-4:15“Take 10’s” south-Sophia <i>3:15 Music with Dave (MT)</i> <u>4:00 sensory lounge-</u> Serena 6:00 Art to Music with Nelson & Meena</p>	<p>21 Dave -Mt extra 10:00 Chinese Group - Sabrina 10:00 good news- Sophia 10-12 “Take 10’s”North- Serena <u>11:15 Exercises</u> with Nico 1:15 Birthday Party with Dave 3:00-4:40 float/sensory S/W-Sophia 3:15 word games – Serena <u>4:00 sensory lounge-</u> Serena <i>6:00 Karaoke with Johann (MT)</i></p>	<p>22 10:00 good news – meena 11:15 song writing/music w/ Dave MT 1:15 Floor games- Sophia 3:00 float/sensory S/W – Sophia 3:15 manicures with Sabrina 4:00 sensory lounge 6:00 \$Bingo with Sabrina</p>	<p>23 10:00 Christ Fellowship - Sabrina 10-12 “Take 10’s” West – Sabrina 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 1:15 Table games - Sophia 3:15 Hymns with Herb- Sophia 3:30-4:30- 1:1/sensory/float – Sabrina Volunteer Appreciation Dinner</p>	<p>24 10:00 Catholic Communion-Sophia 10:00 Good News- Serena 11:00-12:00“Take 10’s”East -Sophia 11:00 float/sensory S/W – Serena <i>11:00 Chinese Songs 中国歌曲 MT</i> 1:15 Pub with Bobby Bacchus \$ <i>3:00 Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge</u> – Sophia</p>	<p>25 <small>rec extra- Navida</small> 10:00 good news - Sabrina 11:15 Exercises 运动 Sabrina <i>1:15 Music w/ Johann (MT)</i> 3:00 Fun bingo – Sabrina <u>4:00 sensory Lounge-</u> Sabrina</p>
<p>26 <small>rec extra- Navida, Prinnie (SCU)</small> 10:00 float sensory – Meena <i>10:00 Music with Johann (MT)</i> 11:15 Exercises 运动w/ Meena 1:15 Rch Chinese Alliance Church Service 3:15 Sensory lounge w/ Meena <i>3:15 Guzhong (Chinese Harp) with Charity</i></p>	<p>27 10:00 Talk TV- Youtube-Sophia 11:00 knitting circle – Sophia 1:15 \$ Bingo (Serena /Sophia) 3:15-4:15“Take 10’s” south-Sophia <i>3:15 Music with Dave (MT)</i> <u>4:00 sensory lounge-</u> Serena 6:00 Game Night- Meena</p>	<p>28 10:00 Chinese Group - Sabrina 10:00 good news- Sophia 10-12 “Take 10’s”North- Serena <u>11:15 Exercises</u> with Nico 1:15 crafts/décor – Sophia 3:00-4:40 float/sensory S/W-Sophia 3:15 word games – Serena <u>4:00 sensory lounge-</u> Serena <i>6:00 Karaoke with Johann (MT)</i></p>	<p>29 10:00 good news – meena 11:15 song writing/music w/ Dave MT 1:15 Floor games- Sophia 3:00 float/sensory S/W – Sophia 3:15 manicures with Sabrina 4:00 Sensory lounge- Sophia <i>4:00 Bar open \$ Sabrina</i> 6:00 \$Bingo with Sabrina</p>	<p>30 10:00 Christ Fellowship - Sabrina 10-12 “Take 10’s” West – Sabrina 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 1:15 Table games - Sophia 3:30 Hymns with Herb- Sophia 3:30-4:30- 1:1/sensory/float – Sabrina 6:00 art and music (2nd fl) - Serena</p>	<p>Recreation Staff: 1st floor- Sophia (m-f) 2nd floor- Meena (su-th) 1st fl float- Serena (m,tu, th, f) Float- Sabrina(tues-sat)</p>	

