

Main building 1st Floor Group Programs May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Virtual Visits: (15 min slots for out of town family/friends)		*Virtual visits 10-12- Serena	Care Conf 9:30-11:30 Sophia	*Virtual visits 3-4		
31 rec extra- Navida 9:45 float/sensory – Meena 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 games with Meena 3:15 Sensory lounge w/ Meena	Float/Sensory: staff assist with group programs or engage residents in 1:1 & small group activity. Sensory Lounge: staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 and group activities such as games, colouring, reading, sorting, matching, puzzles, Ipad, food. “Take 10’s” – staff spend 10 min “check-ins” with residents who prefer to stay in their rooms. Library Delivery- sign up to have books delivered Music Therapy (MT) therapists Dave, Johann & Vicky lead 1:1, small & larger groups using voice, instruments & mediums. Lon/Stev lounges: Small groups tues 9:30-10:30, 1:15-2:15 “\$” =Optional program at a cost. Pub drinks \$1-\$4, Paid entertainers \$4, DR= dining room.			Recreation Staff: 1 st floor- Sabrina (tu-sat) 2 nd floor- Sophia (m-f) 1 st fl float -Meena (su-th) Float- Serena (m,tu, th, f) The Calendar is subject to change	1 10:00 Good News- Serena 10:00-12:00 “Take 10’s” East -Sabrina 11:00 float/sensory S/W – Serena 11:00 Chinese Songs 中国歌曲 with Vicky (MT) 1:15 Pub with Angie \$ 3:00 Music Appreciation- Johann (MT) 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Sabrina</u>	2 rec extra- Navida, 10:00 good news - Sabrina 11:15 Exercises 运动 with Sabrina 1:15 Music w/ Johann (MT) 2:15 Violin w/ Julia (dining room) 3:00 Fun bingo – Sabrina 4:00 WORD Fellowship-- Sabrina
3 rec extra- Navida 9:45 float/sensory – Meena 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 games with Meena 3:15 Sensory lounge w/ Meena	4 Mexican Week May 4-8 10:00 Talk TV- You tube-Serena 11:00 knitting circle – Serena 1:15 \$ Bingo (Serena /Meena) 3:15-4:45 “Take 10’s” south- Serena 3:15 Movie Matinee “Coco” Meena <i>A boy in Mexico is accidentally transported to the Land of the Dead, where he seeks the help of his musician grandfather to return home</i> 6:00 Game Night- Meena	5 10:00 good news- Meena 10:00 Chinese Group- Sabrina 11:00 “Take 10’s” North- Meena 11:15 Exercises with Nico 12:00 Cinco de mayo lunch 1:15 Armchair travel to Mexico- with Serena 3:00-4:30 paper crafts - Serena 3:15 word games – Sabrina 4:00 <u>sensory lounge- Sabrina</u> 6:00 Karaoke with Johann (MT)	6 rec extra (Serena) bus trip Dave off 10:00 good news – Meena 11:00 sensory lounge- Serena 1:15 Floor games- Sabrina 1:15 Bus trip-scenic drive (Sabrina/Serena) 3:00 float/sensory S/W – Meena 3:15 manicures with Sabrina 4:00 Sensory lounge- Meena 4:00 Bar open \$ Sabrina 6:00 \$Bingo with Sabrina	7 Fast Food Lunch (Sabrina/Meena) 10:00 virtual Worship – Sabrina 10-12 “Take 10’s” West – Meena 11:00 float/sensory – Sabrina 11:15 Exercises 运动 with Eddie 1:30 Resident Council- Serena/Sabrina 3:30 Hymns with Herb- Sabrina 3:30-4:30 1:1/sensory/float- Meena 6:00 art and music 2 nd fl – Serena	8 10:00 Good News- Serena 10:00-12:00 “Take 10’s” East -Sabrina 11:00 float/sensory S/W – Serena 11:00 Chinese Songs 中国歌曲 with Vicky (MT) 1:15 Pub with Susan 3:00 Mexican Music Appreciation- with Johann (MT) 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Sabrina</u>	9 rec extra- Navida 10:00 Caanan church choir - 11:15 Exercises 运动 with Sabrina 1:15 Music w/ Johann (MT) 3:00 Fun bingo – Sabrina 4:00 <u>sensory Lounge- Sabrina</u>
10 rec extra- dorothy dave off 10:00 sensory lounge -Meena 11:15 Exercises 运动w/ Meena 1:15 Mother’s day social with Viene (Piano) -Meena/Dorothy 3:15 Sensory lounge w/ Meena	11 dave off 10:00 Talk TV- You tube-Serena 11:00 knitting circle – Serena 1:15 \$ Bingo (Serena /Meena) 3:15-4:45 “Take 10’s” south- Serena 3:15 resident choice -Meena 4:00 <u>sensory lounge- Meena</u> 6:00 Game Night- Meena	12 10:00 good news- Meena 10:00 Chinese Group- Iris 11:00 “Take 10’s” North- Meena 11:15 Exercises with Nico 1:00 Mike’s Critters Animal show 3:00-4:30 paper crafts - Serena 3:15 word games – Iris 4:00 <u>sensory lounge- Iris</u> 6:00 Karaoke with Johann (MT)	13 rec extra (Serena) Dave off 10:00 good news – Meena 11:00 sensory lounge- Serena 1:15 Camilli Quartet concert 3:00 float/sensory S/W – Iris 3:15 manicures with Meena 4:00 Sensory lounge- Meena 4:00 Bar open \$ Iris 6:00 \$Bingo with Iris	14 10:00 Christ Fellowship – Iris 10-12 “Take 10’s” West – Meena 11:00 float/sensory – Iris 11:15 Exercises 运动 with Eddie 1:15 Table games - Meena 3:30 Hymns with Herb- Iris 3:30-4:30 1:1/sensory/float- Meena 6:00 art and music 2 nd fl - Serena	15 10:00 Good News- Serena 10:00-12:00 “Take 10’s” East -Iris 11:00 float/sensory S/W – Serena 11:00 Chinese Songs 中国歌曲 with Vicky (MT) 1:15 Pub with Kristin \$ 3:00 Music Appreciation- Johann (MT) 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Iris</u>	16 no rec extra 10:00 Richmond Bible Baptist fellowship - 11:15 Exercises 运动 with Iris 1:15 Music w/ Johann (MT) 2:15 Cello w/ Cayden (dining rm) 3:00 Fun bingo – Iris 4:00 <u>sensory Lounge- Iris</u>
17 rec extra- Navida 9:45 float/sensory – Dorothy 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/Dorothy 1:15 games with Dorothy 3:15 Sensory lounge w/ Dorothy	18 Victoria Day 3:15 Music with Dave (MT)	19 10:00 good news- Meena 10:00 Chinese Group- Iris 11:00 “Take 10’s” North- Meena 11:15 Exercises with Nico 1:15 Birthday Party with Cindy 3:00-4:30 paper crafts - Serena 3:15 word games – Iris 4:00 Scrapbook wall- Sophia 6:00 Karaoke with Johann (MT)	20 rec extra (Serena) SCU bus trip 10:00 good news – Meena 11:15 song writing/music w/ Dave MT 1:15 Floor games- Iris 3:00 float/sensory S/W – Iris 3:15 manicures with Meena 4:00 Sensory lounge- Meena 4:00 Bar open \$ Iris 6:00 \$Bingo with Iris	21 rec staff mtg 10:00 virtual Worship – Iris 10-12 “Take 10’s” West – Meena 11:00 float/sensory – Iris 11:15 Exercises 运动 with Eddie 3:30 Hymns with Herb- Iris 3:30-4:30 1:1/sensory/float- Meena 6:00 art and music 2 nd fl- Serena	22 10:00 Catholic Communion- Sabrina 10:00 Good News- Serena 10:00-12:00 “Take 10’s” East -Iris 11:00 float/sensory S/W – Serena 11:00 Chinese Songs 中国歌曲 with Vicky (MT) 1:15 Pub with Pete Campbell \$ 3:00 Music Appreciation- Johann (MT) 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Iris</u>	23 rec extra- Dorothy 10:00 good news - Iris 11:15 Exercises 运动 with Iris 1:15 Music w/ Johann (MT) 3:00 Fun bingo – Iris 4:00 <u>sensory Lounge- Iris</u>
24 rec extra-Navida 9:45 float/sensory – Meena 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 Rch Chinese Alliance Church Service 3:15 Sensory lounge w/ Meena	25 10:00 Talk TV- You tube- Serena 11:00 knitting circle – Serena 1:15 \$ Bingo (Serena /Meena) 3:15-4:45 “Take 10’s” south- Serena 3:15 Music with Dave (MT) 4:00 <u>sensory lounge- Meena</u> 6:00 Art to Music w/ Nelson &Meena	26 10:00 food committee Scott/Meena 10:00 Chinese Group- Iris 11:00 “Take 10’s” North- Meena 11:15 Exercises with Nico 1:30 Resident Memorial Service 3:00-4:30 paper crafts - Serena 3:15 word games – Iris 4:00 <u>sensory lounge- Iris</u> 6:00 Karaoke with Johann (MT)	27 10:00 good news – Meena 11:15 song writing/music w/ Dave MT 1:15 Floor games- Iris 3:00 float/sensory S/W – Iris 3:15 manicures with Meena 4:00 Sensory lounge- Meena 4:00 Bar open \$ Iris 6:00 \$Bingo with Iris	28 10:00 Christ Fellowship – Iris 10-12 “Take 10’s” West – Meena 11:00 float/sensory – Sabrina 11:15 Exercises 运动 with Eddie 1:15 Table games - Meena 3:30 Hymns with Herb- Iris 3:30-4:30 1:1/sensory/float- Meena 6:00 art and music 2 nd fl- Serena	29 10:00 Good News- Serena 10:00-12:00 “Take 10’s” East -Iris 11:00 float/sensory S/W – Serena 11:00 Chinese Songs 中国歌曲 with Vicky (MT) 1:15 Pub with Mike Kinal \$ 3:00 Music Appreciation- Johann (MT) 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Iris</u>	30 rec extra- Navida 10:00 good news - Iris 11:15 Exercises 运动 with Iris 1:15 Music w/ Johann (MT) 3:00 Fun bingo – Iris 4:00 <u>sensory Lounge- Iris</u>

