

Main building 1st Floor Group Programs June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Virtual Visits: (15 min slots for out of town family/friends)		*Virtual visits 10-12- Sophia		Care Conf 9:30-11:30 Sophia		*Virtual visits 3-4
Recreation Staff: 1 st floor- Serena (m,tu, th, f) 2 nd floor-Sabrina(tues-sat) 1 st fl float- Sophia (m-f) Float- Meena (su-th)	1 10:00 Talk TV- Youtube-Serena 11:00 knitting circle – Serena 1:15 \$ Bingo (Serena/Sophia) 3:15-4:15 “Take 10’s” south-Sophia 3:15 <i>Music with Dave (MT)</i> 4:00 <u>sensory lounge-</u> Serena 6:00 Game Night- Meena	2 10:00 Chinese Group - Iris 10:00 good news- Serena 10-12 “Take 10’s” North- Sophia 11:15 <u>Exercises</u> with Nico 1:30 Resident Council Meeting 3:00-4:40 Paper crafts- Serena 3:15 word games – Sophia 4:00 <u>sensory lounge-</u> Sophia 6:00 <i>Karaoke with Johann (MT)</i>	3 10:00 good news – meena 11:15 song writing/music w/ Dave MT 1:15 Floor games- Sophia 3:00 float/sensory S/W – Meena 3:15 manicures with Sophia 4:00 Sensory lounge- Meena 4:00 <i>Bar open \$ Sophia</i> 6:00 \$Bingo with Iris	4 Fast Food lunch- by invitation Meena/Sophia 10:00 virtual Worship- Sophia 10-12 “Take 10’s” West – Meena 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 1:15 Table games - Serena 3:30 Hymns with Herb- Serena 3:30-4:30- 1:1/sensory/float - Sophia 6:00 art and music (2 nd fl) - Serena	5 10:00 Good News- Sophia 10:00-12:00 “Take 10’s” East -Serena 11:00 float/sensory S/W – Sophia 11:00 <i>Chinese Songs 中国歌曲 MT</i> 1:15 Pub with Luke Sandford \$ 3:00 <i>Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Sophia</u>	6 <small>rec extra- Navida</small> 10:00 good news - Iris 11:15 Exercises 运动 Sabrina 1:15 <i>Music w/ Johann (MT)</i> 3:00 Fun bingo – Iris 4:00 WORD Christian Fellowship - Iris
7 <small>rec extra- Navida</small> 10:00 float/sensory – Meena 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 games with Meena 3:15 Sensory lounge w/ Meena	8 10:00 Talk TV- Youtube-Serena 11:00 knitting circle – Serena 1:15 \$ Bingo (Serena/Sophia) 3:15-4:15 “Take 10’s” south-Sophia 3:15 <i>Music with Dave (MT)</i> 4:00 <u>sensory lounge-</u> Serena 6:00 Game Night- Meena	9 10:00 Chinese Group - Iris 10:00 good news- Serena 10-12 “Take 10’s” North- Sophia 11:15 <u>Exercises</u> with Nico 1:00 Mike’s Critters animal show with Woodward elementary 3:00-4:40 Paper crafts- Serena 3:15 word games – Sophia 4:00 <u>sensory lounge-</u> Sophia 6:00 <i>Karaoke with Johann (MT)</i>	10 <small>serena- rec extra</small> Library Delivery 10:00 good news – meena 10-12- float/sensory S/W- Serena 11:15 song writing/music w/ Dave MT 1:15 Floor games- Meena 3:00 float/sensory S/W – Serena 3:15 manicures with Meena 4:00 Sensory lounge- Serena 4:00 <i>Bar open \$ Meena</i> 6:00 \$Bingo with Sabrina	11 10:00 Christ Fellowship 10-12 “Take 10’s” West Meena 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 1:15 Table games - Serena 3:30 Hymns with Herb- Sophia 3:30-4:30-1:1/sensory/float - Serena 6:00 art and music (2 nd fl) - Serena	12 10:00 Good News- Sophia 10:00-12:00 “Take 10’s” East -Serena 11:00 float/sensory S/W – Sophia 11:00 <i>Chinese Songs 中国歌曲 MT</i> Watch FIFA game- Canada vs BIU (starts at 12:00) 1:15 Pub with Susan 3:00 <i>Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Sophia</u>	13 <small>rec extra- Navida</small> 10:00 Caanan church choir - 11:15 Exercises with Sabrina 1:15 <i>Music w/ Johann (MT)</i> 2:15 Violin w/ Julia (dining rm) 3:00 Fun bingo – Sabrina 4:00 <u>sensory Lounge-</u> Sabrina
14 <small>rec extra- Navida</small> 10:00 float/sensory – Meena 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 games with Meena 3:15 Sensory lounge w/ Meena	15 10:00 Talk TV- Youtube-Serena 11:00 knitting circle – Serena 1:15 \$ Bingo (Serena/Sophia) 3:15-4:15 “Take 10’s” south-Sophia 3:15 <i>Music with Dave (MT)</i> 4:00 <u>sensory lounge-</u> Serena 6:00 Art to music w/ Nelson &Meena	16 10:00 Chinese Group - Sabrina 10:00 good news- Serena 10-12 “Take 10’s” North- Sophia 11:15 <u>Exercises</u> with Nico 1:15 Birthday Party with Cindy 3:00-4:40 Paper crafts- Serena 3:15 word games – Sophia 4:00 <u>sensory lounge-</u> Sophia 6:00 <i>Karaoke with Johann (MT)</i>	17 10:00 good news—Meena <small>extra- Serena</small> 10-12 float/sensory S/W- Serena 11:15 song writing/music w/ Dave MT 1:15 Chinese music and opera 3:00 float/sensory S/W – Meena 3:15 manicures with Sophia 4:00 Sensory lounge- Meena 4:00 <i>Bar open \$ Sophia</i> 6:00 \$Bingo with Sabrina	18 <small>rec staff meeting</small> To celebrate FIFA- it’s Jersey Day! 10:00 virtual Worship- Sophia 10-12 “Take 10’s” West – Meena 11:15 Exercises 运动with Jal 3:30 Hymns with Herb- Serena 3:30-4:30- 1:1/sensory/float - Sophia 6:00 art and music (2 nd fl) Serena	19 10:00 Good News- Sophia 10:00-12:00 “Take 10’s” East -Serena 11:00 float/sensory S/W – Sophia 11:00 <i>Chinese Songs 中国歌曲 MT</i> 1:15 Pub with Lorraine \$ 3:00 <i>Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Sophia</u>	20 <small>rec extra- Navida</small> 10:00 Richmond Bible Baptist 11:15 Exercises with Sabrina 1:15 <i>Music w/ Johann (MT)</i> 2:15 Cello w/ Cayden (dining rm) 3:00 Fun bingo – Sabrina 4:00 <u>sensory Lounge-</u> Sabrina
21 <small>rec extra- Iris</small> Father’s Day 10:00 float/sensory – Meena 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 Father’s day social with Dave and Meena 3:15 Sensory lounge w/ Meena	22 10:00 Talk TV- Youtube-Serena 11:00 knitting circle – Serena 1:15 \$ Bingo (Serena/Sophia) 3:15-4:15 “Take 10’s” south-Sophia 3:15 <i>Music with Dave (MT)</i> 4:00 <u>sensory lounge-</u> Serena 6:00 Game Night- Meena	23 10:00 Chinese Group - Sabrina 10:00 food committee Scott/Serena 10-12 “Take 10’s” North- Sophia 11:15 <u>Exercises</u> with Nico 1:15 décor- Canada day 3:00-4:40 Paper crafts- Serena 3:15 word games – Sophia 4:00 <u>sensory lounge-</u> Sophia 6:00 <i>Karaoke with Johann (MT)</i>	24 10:00 good news—Meena <small>extra- Serena</small> 10-12 float/sensory S/W- Serena 11:15 song writing/music w/ Dave MT 1:15 bus trip – scenic drive 1:15 Floor games- Meena 3:00 float/sensory S/W – Meena 3:15 manicures with Sophia 4:00 Sensory lounge- Meena 4:00 <i>Bar open \$ Sophia</i> 6:00 \$Bingo with Sabrina	25 10:00 Christ Fellowship – Sophia 10-12 “Take 10’s” West Meena 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Jal 1:15 Table games - Sophia 3:30 Hymns with Herb- Serena 3:30-4:30- 1:1/sensory/float - Sophia 6:00 art and music (2 nd fl) Serena	26 10:00 Catholic Communion—Serena 10:00 Good News- Sophia 11:00-12:00 “Take 10’s” East -Serena 11:00 float/sensory S/W – Sophia 11:00 <i>Chinese Songs 中国歌曲 MT</i> 1:15 Pub with Max \$ 3:00 <i>Music Appreciation- Johann (MT)</i> 3:00- 4:40 Float/1:1 – Serena 4:00 <u>sensory lounge – Sophia</u>	27 <small>rec extra- Navida</small> 10:00 good news - Sabrina 11:15 Exercises with Sabrina 1:15 <i>Music w/ Johann (MT)</i> 3:00 Fun bingo – Sabrina 4:00 <u>sensory Lounge-</u> Sabrina
28 <small>rec extra- Navida</small> 10:00 float/sensory – Meena 10:00 <i>Drum Group w/ Dave(MT)</i> 11:15 Exercises 运动w/ Meena 1:15 Rch Chinese Alliance church Service 3:15 Sensory lounge w/ Meena	29 10:00 Movie Matinee -Serena 1:15 \$ Bingo (Serena/Sophia) 2:15 sweet treats ice cream sandwiches Karen Evans retirement tea 3:15-4:15 “Take 10’s” south-Sophia 3:15 <i>Music with Dave (MT)</i> 4:00 <u>sensory lounge-</u> Serena 6:00 Game Night- Meena	30 10:00 Chinese Group - Sabrina 10:00 good news- Serena 10-12 “Take 10’s” North- Sophia 11:15 <u>Exercises</u> with Nico 1:15 Canadiana social with Dave and Johann 3:00-4:40 Paper crafts- Serena 3:15 word games – Sophia 4:00 <u>sensory lounge-</u> Sophia 6:00 <i>Karaoke with Johann (MT)</i>		Canada’s FIFA World Cup Matches June 12 th @ 12:00 Canada vs BIH June 18 th @ 3pm Canada vs Qatar (at BC Place) June 24 th @ 12:00 Canada vs Switzerland	Float/Sensory: staff assist with group programs or engage residents in 1:1 & small group activity. Sensory Lounge: staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 and group activities such as games, colouring, reading, sorting, matching, puzzles, Ipad, food. “Take 10’s” – staff spend 10 min “check-ins” with residents who prefer to stay in their rooms. Library Delivery- sign up to have books delivered Music Therapy (MT) therapists Dave, Johann & Vicky lead 1:1, small & larger groups using voice, instruments & mediums. Lon/Stev lounges: Small groups tues 9:30-10:30, 1:15-2:15 “\$”=Optional program at a cost. Pub drinks \$1-\$4, Paid entertainers \$4, DR= dining room	

