

| Main building 2 <sup>nd</sup> Floor Group Programs July 2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                             | “🌟”= program on main floor                                                                                                                                                                                                                                                                                               | updated July 15                                                                                                                                                                                                                     |
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| Sunday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Monday                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                                                                                                          | Wednesday                                                                                                                                                                                                                                                                    | Thursday                                                                                                                                                                                                                                                                                                                                    | Friday                                                                                                                                                                                                                                                                                                                   | Saturday                                                                                                                                                                                                                            |
| <b>Sensory Lounge:</b> staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 or group activity such as games, colouring, reading, sorting, matching, puzzles, Ipad, food.<br><b>“Take 10’s”</b> – staff spend 10 mins with residents who prefer to stay in their rooms.<br><b>Library Delivery:</b> <i>sign up to have books delivered.</i><br><b>“\$”</b> =Optional program at a cost. Pub drinks \$1-\$4, Paid entertainers \$4, Bus trip \$6<br><b>Virtual Worship Service</b> <a href="http://www.spiritualeldercare.com">www.spiritualeldercare.com</a><br><b>Music Therapy</b> (MT) Music therapists Dave, Johann & Vicky lead 1:1, small & larger groups using instruments, voice & mediums.<br><b>Virtual Visits</b> (15 min slots for out of town family/friends) to book <a href="mailto:recreation@rosewoodmanor.org">recreation@rosewoodmanor.org</a> |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                  | <b>1</b><br>10:00 music with Dave (MT)<br><br>                                                                                                                                            | <b>2 Fast Food lunch \$</b><br>10:00 Good news with Sabrina<br>11:00 sensory lounge/1:1’s – Sabrina<br>11:15🌟Exercises with Eddie<br>1:15 manicures- Sabrina<br>3:00-4:30 “Take 10’s” - Sabrina<br>3:15 sensory, 1:1- Iris<br>3:15 🌟Res choice/courtyard- iris<br>4:00 sensory lounge – Iris<br>6:00 Art & music - Iris                     | <b>3</b><br>10:00 Exercises with Navida<br>11:00 Sensory Lounge- Navida<br><b>1:15 🌟Pub with Bobby Bacchus \$</b><br>3:00 float/1:1 visits- Navida<br>4:00 Sensory lounge- Navida                                                                                                                                        | <b>4</b> (rec extra- Sonia)<br>10:00 good news- Sonia<br>11:15🌟exercises w/ Sabrina<br>11:15 sensory lounge- Sonia<br>1:15 sensory lounge – Sabrina<br>2:45 <i>Music with Johann (MT)</i><br><b>4:00 🌟WORD Christian fellowship</b> |
| <b>5</b> (rec extra-sonia)<br>10:00 coffee talk with - Sonia<br>10:00🌟Drum Group -Dave (MT)<br>11:00 Sensory lounge- Sonia<br>11:15🌟Exercises w/ Iris<br>1:15🌟 games with Iris<br>3:15 Music appreciation with Dave (MT)<br>4:00-4:45 Sensory lounge- Iris                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>6 Country western week</b><br>10:00 Good News- Sonia<br>11:00 sensory lounge - Sonia<br>1:15 🌟Bingo (Iris/Sophia)<br>1:15 1:1 visits – Sonia<br>3:15 word games with Sonia<br>4:00 sensory lounge – Sonia<br>6:00 🌟Game night - Iris | <b>7 9:45 Virtual Worship Service*</b> <i>Serena</i><br>10:00🌟Chinese group-Sabrina<br>11:00 Sensory lounge – Sonia<br>11:15🌟Exercises with Nico<br>1:15 country décor - Sonia<br>3:00 <i>Country and western Music Appreciation with Johann (MT)</i><br>3:00 take 10’s -Sabrina<br>4:00 Sensory lounge- Sabrina<br>6:00 🌟Karaoke w/ Johann (MT) |                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                     |
| <b>12</b> (rec extra-Dorothy)<br>10:00 coffee talk with - Dorothy<br>10:00🌟Drum Group -Dave (MT)<br>11:00 Sensory lounge- Dorothy<br>11:15🌟Exercises w/ Iris<br>1:15🌟 games with Iris<br>3:15 Music appreciation with Dave (MT)<br>4:00-4:45 Sensory lounge- Iris                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>13</b><br>10:00 Good News- Serena<br>11:00 sensory lounge - Serena<br>1:15 🌟Bingo (Iris/ Sonia)<br>1:15 1:1 visits – Serena<br>3:15 word games with Serena<br>4:00 sensory lounge – Serena<br>6:00 🌟Game night - Iris                | <b>14 9:45 Virtual Worship Service*</b> <i>Serena</i><br>10:00🌟Chinese group-Sabrina<br>11:00 Sensory lounge – Serena<br>11:15🌟Exercises with Nico<br><b>1:00 🌟Mike’s Critters \$</b><br>3:00 <i>Music Appr. w/ Johann (MT)</i><br>3:00 take 10’s -Sabrina<br>4:00 Sensory lounge- Sabrina<br>6:00 🌟Karaoke w/ Johann (MT)                       | <b>15</b><br>10:00 music with Dave (MT)<br>11:00 Sensory lounge- Iris<br>1:15 Crafts/Décor – Sonia<br>3:15 word games- Sonia<br>4:00 Sensory Lounge – Sonia<br>4:00 🌟Happy Hour<br>6:00 🌟Bingo (Sabrina)                                                                     | <b>16</b><br>10:00 Good news with Sonia<br>11:00 sensory lounge/1:1’s – Sonia<br>11:15🌟Exercises with Eddie<br>3:15 sensory, 1:1- Sabrina<br>3:15 🌟Res choice/courtyard- serena<br>4:00 “Take 10’s” - Serena<br>4:00 sensory lounge – Sabrina<br>6:00 Art & music - Serena                                                                  | <b>17</b><br>10:00 <b>Smart Doll project- UBC Idea Lab</b> –Sabrina<br>11:00 Exercises with Sabrina<br>11:00 🌟Chinese Songs w/ Vicky (MT)<br><b>1:15 🌟 Pub with Susan</b><br>2:30 <i>Chinese songs with Vicky</i><br>3:00 float/1:1 visits- Serena<br>4:00 Sensory lounge- Serena                                        | <b>18</b> no rec extra-<br><br><b>10:00 🌟Richmond Bible Baptist fellowship</b><br>11:15🌟exercises w/ Meena<br>1:15 sensory lounge – Meena<br>2:45 <i>Music with Johann (MT)</i>                                                     |
| <b>19</b> no rec extra<br>10:00 coffee talk – Iris<br>10:00🌟Drum Group -Dave (MT)<br>11:15🌟Exercises w/ Iris<br>1:15🌟 games with Iris<br>3:15 Music appreciation with Dave (MT)<br>4:00-4:45 Sensory lounge- Iris                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>20</b><br>10:00 Good News- Serena<br>11:00 sensory lounge - Serena<br>1:15 🌟Bingo (Iris/Sophia)<br>1:15 1:1 visits – Serena<br>3:15 word games with Serena<br>4:00 sensory lounge – Serena<br>6:00 🌟art to music with Nelson & Iris  | <b>21 9:45 Virtual Worship Service*</b> <i>Serena</i><br>10:00🌟Chinese group-Sabrina<br>11:00 Sensory lounge – Serena<br>11:15🌟Exercises with Nico<br>1:15 Resident choice – Serena<br>3:00 <i>Music Appr. w/ Johann (MT)</i><br>3:00 take 10’s -Sabrina<br>4:00 Sensory lounge- Sabrina<br>6:00 🌟Karaoke w/ Johann (MT)                         | <b>22</b> rec extra -Serena<br>10:00 music with Dave (MT)<br>11:00 Sensory lounge- Iris<br>1:15 🌟 <b>Birthday Party /courtyard</b><br>3:15 word games- Sophia<br>3:15-4:30 “Take 10’s” - Serena<br>4:00 Sensory Lounge – Sophia<br>4:00 🌟Happy Hour<br>6:00 🌟Bingo (Sabrina) | <b>23</b> <i>rec staff meeting</i><br><b>10:00 🌟Christian fellowship</b><br>10:00 Good news with Sophia<br>11:00 sensory lounge/1:1’s – Sophia<br>11:15🌟Exercises with Eddie<br>3:15 sensory, 1:1- Sabrina<br>3:15 🌟Res choice/courtyard- serena<br>4:00 “Take 10’s” - Serena<br>4:00 sensory lounge – Sabrina<br>6:00 Art & music - Serena | <b>24 10:00 Catholic Communion</b><br>10:00 <b>Smart Doll project- UBC Idea Lab</b> –Sabrina<br>11:00 Exercises with Sabrina<br>11:00 🌟Chinese Songs w/ Vicky (MT)<br><b>1:15 🌟Pub- Celtic fiddle w/Kierah\$</b><br>2:30 <i>Chinese songs with Vicky</i><br>3:00 float/1:1 visits- Serena<br>4:00 Sensory lounge- Serena |                                                                                                                                                                                                                                     |
| <b>26</b> rec extra- Dorothy<br>10:00 coffee talk with - Dorothy<br>10:00🌟Drum Group -Dave (MT)<br>11:00 Sensory lounge- Dorothy<br>11:15🌟Exercises w/ Iris<br>11:15 <i>Piano with Chloe</i><br><b>1:15🌟Richmond Chinese alliance church service</b><br>3:15 Music apprec. w/Dave (MT)<br>4:00-4:45 Sensory lounge- Iris                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>27</b><br>10:00 Good News- Serena<br>11:00 sensory lounge - Serena<br>1:15 🌟Bingo (Iris/Sonia)<br>1:15 1:1 visits – Serena<br>3:15 word games with Serena<br>4:00 sensory lounge – Serena<br>6:00 🌟Game night - Iris                 | <b>28 9:45 Virtual Worship Service*</b> <i>Serena</i><br>10:00🌟Chinese group-Sabrina<br>11:00 Sensory lounge – Serena<br>11:15🌟Exercises with Nico<br>1:15 Resident choice – Serena<br>3:00 <i>Music Appr. w/ Johann (MT)</i><br>3:00 take 10’s -Sabrina<br>4:00 Sensory lounge- Sabrina<br>6:00 🌟Karaoke w/ Johann (MT)                         | <b>29</b><br>10:00 music with Dave (MT)<br>11:00 Sensory lounge- Iris<br>1:15 Crafts/Décor – Sonia<br>3:15 word games- Sonia<br>4:00 Sensory Lounge – Sonia<br>4:00 🌟Happy Hour<br>6:00 🌟Bingo (Sabrina)                                                                     | <b>30</b><br>10:00 Good news with Sonia<br>11:00 sensory lounge/1:1’s – Sonia<br>11:15🌟Exercises with Eddie<br>1:15 manicures- Sabrina<br>3:15 sensory, 1:1- Sabrina<br>3:15 🌟Res choice/courtyard- serena<br>4:00 “Take 10’s” - Serena<br>4:00 sensory lounge – Sabrina<br>6:00 Art & music - Serena                                       | <b>31</b><br>10:00 <b>Smart Doll project- UBC Idea Lab</b> –Sabrina<br>11:00 Exercises with Sabrina<br>11:00🌟Chinese Songs w/ Vicky(MT)<br><b>1:15 🌟 Pub with Pete Campbell\$</b><br>2:30 <i>Chinese songs with Vicky</i><br>3:00 float/1:1 visits- Serena<br>4:00 Sensory lounge- Serena                                | <b>Recreation Staff:</b><br>1 <sup>st</sup> floor- Iris (sun-th)<br>2 <sup>nd</sup> floor- Serena (m,tu, th, f)<br><br>1 <sup>st</sup> fl float- Sabrina (tues-sat)<br>Float: Sophia (m-f)                                          |

