

Special Care Unit			July 2026		updated July 15	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Movement: staff facilitate range-of-motion (ROM) and functional movement through fun, engaging group activities across three floors to support resident mobility. Float/Sensory: staff assist with group programs or engage residents in 1:1 & small group activities such as games, colouring, reading, sorting, matching, puzzles, Ipad, food. Family is invited to accompany their residents to these main building events: Sat., July 11 @ 10:00 Caanan Church Choir & @ 2:15 Violin with Julia Sat., July 18 @ 2:15 Cello w/ Cayden			1  2:30-4:00 <i>Music with Dave (MT)</i>	2 9:30–11:45 rec programs 12:45- 4:45 rec programs 2:45-4:45 <i>Music w/ Dave (MT)</i> 5:45-7:00 <i>Music w/ Dave (MT)</i>	3 9:30–11:45 Morning Movement 9:15-10:45 <i>Music with Vicky (MT)</i> 1:15-2:30 <i>Music with Johann (MT)</i> 1:15 ☆ Pub w/ Bobby Bacchus\$ 2:45- 4:45 rec programs	4 <i>10:45-12:00 Music with Johann (MT)</i>
5 <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i>	6 Prinnie RT <i>9:45-11:00 Music with Dave</i> <i>9:30-12 RT sessions- Prinnie</i> <i>11:15-12:00 rec 1:1's</i> <i>1:15-2:15 Iced tea in the garden</i> <i>12:45-2:15 RT sessions-Prinnie</i> <i>2:45- 4:45 rec programs</i> <i>5:45-6:45 rec programs</i>	7 <i>9:30-11:45 rec programs</i> 1:30 SCU Birthday Party with Meena and Johann <i>2:45- 4:45 rec programs</i>	8 Prinnie RT <i>9:30–11:45 Morning Movement</i> 1:15 Scenic Drive (Meena/Sabrina) <i>12:45- 4:45 RT sessions –Prinnie</i> <i>2:30-4:00 Music with Dave (MT)</i> <i>2:45-4:45 Float/Sensory</i>	9 <i>9:30–11:45 rec programs</i> <i>12:45- 4:45 rec programs</i> <i>2:45-4:45 Music w/ Dave (MT)</i> <i>5:45-7:00 Music w/ Dave (MT)</i>	10 <i>9:30–11:45 Morning Movement</i> <i>9:15-10:45 Music with Vicky (MT)</i> <i>1:15-2:30 Music with Johann (MT)</i> 1:15 ☆ Pub with Brian Zalo \$ <i>2:45- 4:45 rec programs</i>	11 rec extra – Dorothy <i>10:45-12:00 Music with Johann (MT)</i> <i>1:00-3:45 – Rec Programs</i>
12 Prinnie RT, Rec Extra- Dorothy <i>9:30-12:00 RT sessions- Prinnie</i> <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i> <i>12:45-2:15 RT sessions- Prinnie</i> <i>1:00-3:45 – Rec Programs</i>	13 <i>9:45-11:00 Music with Dave</i> <i>11:15-12:00 rec 1:1's</i> <i>12:45- 4:45 rec programs</i> <i>5:45-6:45 rec programs</i>	14 <i>9:30-11:45 rec programs</i> 1:00 ☆Mike's critters animal show \$ <i>2:45- 4:45 rec programs</i>	15 Prinnie RT <i>9:30–11:45 Morning Movement</i> <i>12:45- 4:45 RT sessions –Prinnie</i> <i>1:15-2:15 Garden Visits/1:1</i> <i>2:30-4:00 Music with Dave (MT)</i> <i>2:45-4:45 Float/Senosry</i>	16 <i>9:30–11:45 rec programs</i> <i>12:45- 4:45 rec programs</i> <i>2:45-4:45 Music w/ Johann (MT)</i> <i>5:45-7:00 Music w/ Johann (MT)</i>	17 <i>9:30–11:45 Morning Movement</i> <i>9:15-10:45 Music with Vicky (MT)</i> <i>1:15-2:30 Music with Johann (MT)</i> 1:15 ☆Pub with Susan <i>2:45- 4:45 rec programs</i>	18 <i>10:45-12:00 Music with Johann (MT)</i>
19 <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i>	20 Prinnie RT <i>9:45-11:00 Music with Dave</i> <i>9:30-12 RT sessions- Prinnie</i> <i>11:15-12:00 rec 1:1's</i> <i>1:15-2:15 Ice Cream Social</i> <i>12:45-2:15 RT sessions-Prinnie</i> <i>2:45- 4:45 rec programs</i> <i>5:45-6:45 rec programs</i>	21 <i>9:30-11:45 rec programs</i> <i>12:45- 4:45 rec programs</i>	22 Prinnie RT <i>9:30–11:45 Morning Movement</i> <i>12:45-4:45 rec programs</i> <i>12:45- 4:45 RT sessions –Prinnie</i> <i>1:15-2:15 Baking</i> <i>2:30-4:00 Music with Dave (MT)</i> <i>2:45-4:45 Float/Senosry</i>	23 rec staff meeting <i>9:30–11:45 rec programs</i> <i>2:45- 4:45 rec programs</i> <i>2:45-4:45 Music w/ Dave (MT)</i> <i>5:45-7:00 Music w/ Dave (MT)</i>	24 <i>9:30–11:45 Morning Movement</i> <i>9:15-10:45 Music with Vicky (MT)</i> <i>1:15-2:30 Music with Johann (MT)</i> 1:15 ☆ Pub & Celtic fiddle w/ Kierah\$ <i>2:45- 4:45 rec programs</i>	25 rec extra – Dorothy <i>1:00-3:45 – Rec Programs</i>
26 Prinnie RT Rec Extra- Dorothy <i>9:30-12:00 RT sessions- Prinnie</i> <i>11-12 Music w/ Dave(MT)</i> <i>1:00-2:30 Music w/ Dave (MT)</i> <i>12:45-2:15 RT sessions- Prinnie</i> <i>1:00-3:45 – Rec Programs</i>	27 <i>9:45-11:00 Music with Dave</i> <i>11:15-12:00 rec 1:1's</i> <i>12:45- 4:45 rec programs</i> <i>5:45-6:45 rec programs</i>	28 <i>9:30-11:45 rec programs</i> <i>12:45- 4:45 rec programs</i>	29 Prinnie RT <i>9:30–11:45 Morning Movement</i> <i>1:15-2:15 Garden Visits/Sensory</i> <i>12:45- 4:45 RT sessions –Prinnie</i> <i>2:30-4:00 Music with Dave (MT)</i> <i>2:45-4:45 Float/Sensory</i>	30 <i>9:30–11:45 rec programs</i> <i>12:45- 4:45 rec programs</i> <i>2:45-4:45 Music w/ Dave (MT)</i> <i>5:45-7:00 Music w/ Dave (MT)</i>	31 <i>9:30–11:45 Morning Movement</i> <i>9:15-10:45 Music with Vicky (MT)</i> <i>1:15-2:30 Music with Johann (MT)</i> 1:15 ☆ Pub w/ Pete Campbell \$ <i>2:45- 4:45 rec programs</i>	
Recreation “Rec” programs: Recreation staff Meena (mon- fri) divides her time between the 3 floors. Afternoon recreation programs are offered most weekends. Programs run 20- 45 minutes per floor with an average of 2 programs per floor per day. The programs are designed for residents with dementia and address cognitive, fitness, sensory, 1:1 visits, music, food, seasonal themes and care for the environment. Programs are offered indoors and in the outdoor courtyard such as garden visits (as appropriate). *When recreation or music therapy programs are not occurring -Care staff engage residents with resources on the unit (puzzles, magazines, arts, walking etc.) Recreation Therapist: Prinnie -12 hours per week. Prinnie is responsible for clinical assessments, care planning and the development and implementation of person-centered therapeutic programs on the SCU “RT sessions” Music Therapy: Music therapists (Dave, Vicky, Johann) divide their time between floors leading 1:1 & small groups incorporating voice & various musical instruments & mediums. Mobility Program: (6 days/week). Physiotherapist assessment and Rehab assistants work with residents in the program Face times (duo, zoom): for out of town family/friends: To schedule regular times (15 min sessions) contact Meena (SCU rec staff) at recreation@rosewoodmanor.org or 604-271-3590 ext 141 ☆ = program is in the main building. Staff will accompany SCU residents to these main building programs as appropriate. “\$”=Optional program at a cost. Pub drinks \$1-\$4, Paid entertainers \$4						