Main building 1st Floor Group Programs October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
***Virtual Visits:** (15 min slots for out of town family/friends)		***Virtual visits 10-12**	**Care Conf 9:30-11:30 Sophia**	***Virtual visits 3-4**		
Recreation Staff: 1st floor- Serena (m,tu, th, f) 2nd floor-Sabrina(tues-sat) 1st fl float- Sophia (m-f) Float- Iris (su-th) Program calendar is subject to change	**Float/Sensory***:* staff assist with group programs or engage residents in 1:1 & small group activity. **Sensory Lounge**: staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 and group activities such as games, colouring, reading, sorting, matching, puzzles, Ipad, food. **"Take 10's"** – staff spend 10 min "check-ins" with residents who prefer to stay in their rooms. **Library Delivery**- sign up to have books delivered **Music Therapy (MT)** therapists Dave, Johann & Vicky lead 1:1, small & larger groups using voice, instruments & mediums. Lon/Stev lounges: Small groups tues 9:30-10:30, 1:15-2:15 **"$"**=Optional program at a cost. Pub drinks $1-$4, Paid entertainers $4, DR= dining room **Mahjong**: the table is in the garden lounge. Volunteers are available to assist. Check the posted schedule.			**1 Fast Food lunch- by invitation** **Library Delivery** Iris/Sophia 10:00 virtual Worship- Sophia 10-12 ***"Take 10's"*** *West* – Iris 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 1:15 Table games - Serena 3:30 Hymns with Herb- *Serena* 3:30-4:30- 1:1/sensory/float - Sophia 6:00 art and music (2nd fl) - Serena	**2** 10:00 Good News- Sophia 10:00-12:00***"Take 10's"****East -Serena* 11:00 float/sensory S/W – Sophia *11:00 Chinese Songs 中国歌曲 MT* **1:15 Pub with Hand over Heart $** *3:00 Music Appreciation- Johann (MT)* 3:00- 4:40 Float/1:1 – Serena 4:00 sensory lounge – Sophia	**3** rec extra- Navida 10:00 good news – Sabrina 11:15 Exercises 运动 Sabrina *1:15 Music w/ Johann (MT)* 3:00 Fun bingo – Sabrina **4:00 WORD Christian Fellowship** - Sabrina
4 rec extra- Navida 10:00 float/sensory – Iris *10:00 Drum Group w/ Dave(MT)* 11:15 Exercises 运动w/ Iris 1:15 games with Iris 3:15 Sensory lounge with Iris	**5** 10:00 talk TV- tea social – Serena 11:00 sensory lounge- Serena 1:15 **$** Bingo (Serena/Sophia) 3:15-4:15***"Take 10's"*** *south-Sophia* *3:15 Music with Dave (MT)* 4:00 sensory lounge- Serena 6:00 Game Night- Iris	**6** 10:00 Chinese Group - Sabrina 10:00 good news- Serena 10-12 **"Take 10's"***North*- Sophia 11:15 Exercises with Nico **1:30 Resident Council – S**erena/Sophia **2-4 Municipal election mobile Poll** 3:15 word games – Sophia 3:00-4:40 take 10's – serena 4:00 sensory lounge- Sophia *6:00 Karaoke with Johann (MT)*	**7** 10:00 good news – Iris 11:15 song writing/music w/ Dave MT **1:15 Camilli Quartet Concert** 3:00 float/sensory S/W – Iris 3:15 manicures with Sophia 4:00 Sensory lounge- Iris *4:00 Bar open $ Sophia* 6:00 $Bingo with Sabrina	**8 10:00 Christ Fellowship** 10-12 ***"Take 10's"*** *West* – Iris 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 1:15 Table games - Serena 3:30 Hymns with Herb- *Serena* 3:30-4:30- 1:1/sensory/float - Sophia 6:00 art and music (2nd fl) - Serena	**9** 10:00-12:00***"Take 10's"****East -Serena* **10:00 News & discussion with RCS staff –** Sophia **11:00 Music moments w/ Richmond Christian School staff –** Sophia **1:15 Harvest social/Pub w/ Susan** *3:00 Music Appreciation- Johann (MT)* 3:00- 4:40 Float/1:1 – Serena 4:00 sensory lounge – Sophia	**10** rec extra- Navida **10:00 Caanan church choir** - 11:15 Exercises with Esther *1:15 Music w/ Johann (MT* 3:00 Fun bingo – Esther 4:00 sensory Lounge- Esther
11 rec extra- Navida 10:00 float/sensory – Esther *10:00 Drum Group w/ Dave(MT)* 11:15 Exercises 运动w/ Esther 1:15 games with Esther 3:15 Sensory lounge with Esther	**12 Thanksgiving** *3:15 Music with Dave (MT)*	**13** 10:00 Chinese Group - Sabrina 10:00 good news- Sonia 10-12 **"Take 10's"***North*- Sophia 11:15 Exercises with Nico **1:00 Mike's Critters animal show $** 3:15 word games – Sophia 3:00-4:40 take 10's – Sonia 4:00 sensory lounge- Sophia *6:00 Karaoke with Johann (MT)*	**14** 10:00 good news – Iris 11:15 song writing/music w/ Dave MT **1:15 Vancouver Women's Chinese Orchestra Concert** 3:00 float/sensory S/W – Iris 3:15 manicures with Sophia 4:00 Sensory lounge- Iris *4:00 Bar open $ Sophia* 6:00 $Bingo with Sabrina	**15** *rec staff meeting* 10:00 virtual Worship- Sophia 10-12 ***"Take 10's"*** *West* – Iris 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie 3:30 Hymns with Herb- *Serena* 3:30-4:30- 1:1/sensory/float - Sophia 6:00 art and music (2nd fl) - Serena	**16** 10:00 Good News- Sophia 10:00-12:00***"Take 10's"****East -Serena* 11:00 float/sensory S/W – Sophia *11:00 Chinese Songs 中国歌曲 MT* **1:15 Pub with Kristin $** *3:00 Music Appreciation- Johann (MT)* 3:00- 4:40 Float/1:1 – Serena 4:00 sensory lounge – Sophia	**17** rec extra- Navida **10:00 Richmond Bible Baptist** 11:15 Exercises with Sabrina *1:15 Music w/ Johann (MT)* 2:15 Cello w/ Cayden (dining rm) **3:00 Speak with Arts concert** 4:00 sensory Lounge- Sabrina
18 rec extra- Navida dave Mt- off 10:00 good news – Iris 11:15 Exercises 运动w/ Iris **1:15 Troupe One- Guzheng & Erhu Performance** 3:15 Sensory lounge with Iris	**19** dave Mt- off **10:00 Movie Matinee-** serena 1:15 **$** Bingo (Serena/Sophia) 3:15-4:15***"Take 10's"*** *south-Sophia* 4:00 sensory lounge- Serena 6:00 Art to music w/ Nelson & Iris	**20** 10:00 Chinese Group - Sabrina 10:00 good news- Serena 10-12 **"Take 10's"***North*- Sophia 11:15 Exercises with Nico **1:15 Birthday Party with Cindy** 3:00-4:40 take 10's – serena 3:15 word games – Sophia 4:00 sensory lounge- Sophia *6:00 Karaoke with Johann (MT)*	**21** dave Mt- off 10:00 good news – Sophia 11:00 sensory lounge – Sophia 1:15 Floor games- Iris 3:00 float/sensory S/W – Iris 3:15 manicures with Sophia 4:00 Sensory lounge- Iris *4:00 Bar open $ Sophia* 6:00 $Bingo with Sabrina	**22 10:00 Christ Fellowship** – Sophia 10-12 ***"Take 10's"*** *West* – Iris 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie **1:15 Rosewood's 44th Anniversary Staff Talent show & bake Sale** 3:30 Hymns with Herb- *Serena* 3:30-4:30- 1:1/sensory/float - Sophia 6:00 art and music (2nd fl) - Serena	**23 10:00 Catholic Communion**-Serena 10:00 Good News- Sophia 11:00-12:00***"Take 10's"****East -Serena* 11:00 float/sensory S/W – Sophia *11:00 Chinese Songs 中国歌曲 MT* **1:15 Pub with Luke Sandford $** *3:00 Music Appreciation- Johann (MT)* 3:00- 4:40 Float/1:1 – Serena 4:00 sensory lounge – Sophia	**24** rec extra- Navida 10:00 good news - Sabrina 11:15 Exercises with Sabrina *1:15 Music w/ Johann (MT)* 3:00 Fun bingo – Sabrina 4:00 sensory Lounge- Sabrina
25 rec extra- Navida **Rosewood's 44th Anniversary** 10:00 float/sensory – Iris *10:00 Drum Group w/ Dave(MT)* 11:15 Exercises 运动w/ Iris **1:15 Rch Chinese Alliance church Service** 3:15 Sensory lounge w/ Iris	**26** 10:00 talk TV- tea social – Serena 11:00 sensory lounge- Serena 1:15 **$** Bingo (Serena/Sophia) 3:15-4:15***"Take 10's"*** *south-Sophia* *3:15 Music with Dave (MT)* 4:00 sensory lounge- Serena 6:00 Game Night- Iris	**27** 10:00 Chinese Group - Sabrina **10:00 food committee** Scott/Serena 10-12 **"Take 10's"***North*- Sophia 11:15 Exercises with Nico 1:15 Halloween Décor- Serena **2:15 70th Anniversary Party Pearl and Bill Weiss** 3:00-4:40 take 10's – serena 3:15 word games – Sophia 4:00 sensory lounge- Sophia *6:00 Karaoke with Johann (MT)*	**28** 10:00 good news – Iris 11:15 song writing/music w/ Dave MT 1:15 Floor games- Iris 3:00 float/sensory S/W – Iris 3:15 manicures with Sophia 4:00 Sensory lounge- Iris *4:00 Bar open $ Sophia* 6:00 $Bingo with Sabrina	**29 Bus trip$** 10:00 virtual Worship- Sophia 10-12 ***"Take 10's"*** *West* – Iris 11:00 float/sensory – Sophia 11:15 Exercises 运动 with Eddie **1:15 Fall Colours scenic drive** 3:30 Hymns with Herb- *Sophia* 3:30-4:30- 1:1/sensory/float - Serena 6:00 art and music (2nd fl) - Serena	**30** 10:00 Good News- Sophia 11:00-12:00***"Take 10's"****East -Serena* 11:00 float/sensory S/W – Sophia *11:00 Chinese Songs 中国歌曲 MT* **1:15 Orange & Black Spooktacular Pub party with Rob & Don$** *3:00 Music Appreciation- Johann (MT)* 3:00- 4:40 Float/1:1 – Serena 4:00 sensory lounge – Sophia	**31** rec extra- Esther **Halloween** 10:00 good news - Sabrina 11:15 Exercises with Sabrina ***1:15 Harvest Halloween Social with Johann (MT) & Sabrina*** 3:00 Fun bingo – Sabrina 4:00 sensory Lounge- Sabrina