Main building 2nd Floor Group Programs October 2026

"☆"= program on main floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Staff: 1st floor- Serena (m,tu, th, f) 2nd floor-Sabrina(tues-sat) 1st fl float- Sophia (m-f) Float- Iris (su-th) Program calendar is subject to change ☆=progrm is 0n the 1st floor	**Float/Sensory***:* staff assist with group programs or engage residents in 1:1 & small group activity. **Sensory Lounge**: staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 and group activities such as games, colouring, reading, sorting, matching, puzzles, Ipad, food. **"Take 10's"** – staff spend 10 min "check-ins" with residents who prefer to stay in their rooms. **Library Delivery**- sign up to have books delivered **Music Therapy (MT)** therapists Dave, Johann & Vicky lead 1:1, small & larger groups using voice, instruments & mediums. Lon/Stev lounges: Small groups tues 9:30-10:30, 1:15-2:15 **"$"**=Optional program at a cost. Pub drinks $1-$4, Paid entertainers $4, DR= dining room **Mahjong**: the table is in the garden lounge. Volunteers are available to assist. Check the posted schedule.			**1 Fast Food lunch $** 10:00 Good news with Sabrina 11:00 sensory lounge/1:1's – Sabrina 11:15☆Exercises with Eddie 1:15 manicures- Sabrina 3:00-4:30 "Take 10's" - Iris 3:15 sensory, 1:1- Sabrina 3:30 ☆Hymns with Herb 4:00 sensory lounge – Sabrina 6:00 Art & music - Serena	**2** 10:00 Exercises with Sabrina 11:00 Sensory Lounge- Sabrina *11:00 ☆Chinese Songs w/ Vicky (MT* **1:15 ☆Pub with Hand over Heart $** *2:30 Chinese songs with Vicky* 3:00 float/1:1 visits- Sabrina 4:00 Sensory lounge- Sabrina	**3** (rec extra- Navida) 10:00 good news- Navida 11:15☆exercises w/ Sabrina 11:15 sensory lounge- Navida 1:15 sensory lounge – Sabrina *2:45 Music with Johann (MT)* ***4:00 ☆WORD Christian fellowship***
4 (rec extra-navida) 10:00 coffee talk with - Navida 10:00☆Drum Group -Dave (MT) 11:00 Sensory lounge- Navida 11:15☆Exercises w/ Iris 1:15☆ games with Iris 3:15 Music appreciation with Dave (MT) 4:00-4:45 Sensory lounge- Iris	**5** 10:00 Good News- Sophia 11:00 sensory lounge – Sophia 1:15 ☆Bingo (Serena/Sophia) 1:15 1:1 visits – Iris 3:15 word games with Iris 4:00 sensory lounge – Iris 6:00 ☆Game night - Iris	**6** *9:45 Virtual Worship Service* Iris* *10:00☆Chinese group-Sabrina* 11:00 Sensory lounge – Iris 11:15☆Exercises with Nico **1:30 ☆Resident Council Meeting** **2-4 Municipal election mobile Poll** *3:00 Music Appr. w/ Johann (MT)* 3:00 take 10's -Iris 4:00 Sensory lounge- Sabrina 6:00 ☆Karaoke w/ Johann (MT)	**7** 10:00 music with Dave (MT) 11:00 Sensory lounge- Iris **1:15 ☆Camilli Quartet** 3:15 word games- Sabrina 4:00 Sensory Lounge – Sabrina *4:00 Piano with Jenny* 4:00 ☆Happy Hour 6:00 ☆Bingo (Sabrina)	**8** ***10:00 ☆Christian fellowship*** 10:00 Good news with Sabrina 11:00 sensory lounge/1:1's – Sabrina 11:15☆Exercises with Eddie 1:15 manicures- Sabrina 3:00-4:30 "Take 10's" - Iris 3:15 sensory, 1:1- Sabrina 3:30 ☆Hymns with Herb 4:00 sensory lounge – Sabrina 6:00 Art & music - Serena	**9** 10:00 Exercises with Sabrina 11:00 Sensory Lounge- Sabrina **10:00 ☆discussion w/ RCS staff** 11:00 Sensory Lounge- Sabrina **11:00☆ Music with Richmond Christian School staff** **1:15 ☆Harvest Pub with Susan** 3:00 float/1:1 visits- Sabrina 4:00 Sensory lounge- Sabrina	**10** (rec extra- Navida) 10:00 good news- Navida **10:00 ☆Caanan Church Choir** 11:15☆exercises w/ Esther 11:15 sensory lounge- Navida 1:15 sensory lounge – Esther *2:45 Music with Johann (MT)*
11 (rec extra-navida) 10:00 coffee talk with - Navida 10:00☆Drum Group -Dave (MT) 11:00 Sensory lounge- Navida 11:15☆Exercises w/ Esther 1:15☆ games with Esther 3:15 Music appreciation with Dave (MT) 4:00-4:45 Sensory lounge- Esther	**12** **Thanksgiving** 1:15 Music with Dave (MT)	**13** *9:45 Virtual Worship Service* Iris* *10:00☆Chinese group-Sabrina* 11:00 Sensory lounge – Iris 11:15☆Exercises with Nico **1:00 ☆Mike's Critters $** *3:00 Music Appr. w/ Johann (MT)* 3:00 take 10's -Iris 4:00 Sensory lounge- Sabrina 6:00 ☆Karaoke w/ Johann (MT)	**14** 10:00 music w/ Dave (MT) 11:00 Sensory lounge- Iris **1:15 ☆Vancouver Women's Chinese Orchestra concert** 3:15 word games- Sabrina 4:00 Sensory Lounge – Sabrina *4:00 Piano with Jenny* 4:00 ☆Happy Hour 6:00 ☆Bingo (Sabrina)	**15** *rec staff meeting* 10:00 Good news with Sabrina 11:00 sensory lounge/1:1's – Sabrina 11:15☆Exercises with Eddie 3:00-4:30 "Take 10's" - Iris 3:15 sensory, 1:1- Sabrina 3:30 ☆Hymns with Herb 4:00 sensory lounge – Sabrina 6:00 Art & music - Serena	**16** 10:00 Exercises with Sabrina 11:00 Sensory Lounge- Sabrina *11:00 ☆Chinese Songs w/ Vicky (MT* **1:15 ☆ Pub with Kristin $** *2:30 Chinese songs with Vicky* 3:00 float/1:1 visits- Sabrina 4:00 Sensory lounge- Sabrina	**17** (rec extra- Navida) 10:00 good news- Navida **10:00 ☆Richmond Bible Baptist fellowship** 11:15☆exercises w/ Sabrina 11:15 sensory lounge- Navida 1:15 sensory lounge – Sabrina *2:45 1:1 Music with Johann (MT)* ***3:00 ☆Speak with Arts concert***
18 (rec extra-Navida) 10:00 coffee talk with - Navida 11:00 Sensory lounge- Navida 11:15☆Exercises w/ Iris **1:15☆ Troupe One Guzheng & Erhu performance** 4:00-4:45 Sensory lounge- Iris *MT- Dave off Oct 18-22*	**19** **10:00 ☆Movie Matinee** 10:00 Good News- Sophia 11:00 sensory lounge – Sophia 1:15 ☆Bingo (Serena/Sophia) 1:15 1:1 visits – Iris 3:15 word games with Iris 4:00 sensory lounge – Iris 6:00 ☆Game night - Iris	**20** *9:45 Virtual Worship Service* Iris* *10:00☆Chinese group-Sabrina* 11:00 Sensory lounge – Iris 11:15☆Exercises with Nico **1:15 ☆Birthday Party with Cindy** *3:00 Music Appr. w/ Johann (MT)* 3:00 take 10's -Iris 4:00 Sensory lounge- Sabrina 6:00 ☆Karaoke w/ Johann (MT)	**21** 10:00 good news – Iris 11:00 Sensory lounge- Iris 1:15 crafts/décor – sabrina 3:15 word games- Sabrina 4:00 Sensory Lounge – Sabrina *4:00 Piano with Jenny* 4:00 ☆Happy Hour 6:00 ☆Bingo (Sabrina)	**22** ***10:00 ☆Christian fellowship*** 10:00 Good news with Sabrina 11:00 sensory lounge/1:1's – Sabrina 11:15☆Exercises with Eddie **1:15 ☆Rosewood's 44th anniv Talent show and bake sale** 3:00 "Take 10's"- Iris Sensory-sabrina 3:30 ☆Hymns with Herb 4:00 sensory lounge – Sabrina 6:00 Art & music - Serena	**23 10:00 Catholic Communion** 10:00 Exercises with Sabrina 11:00 Sensory Lounge- Sabrina *11:00 ☆Chinese Songs w/ Vicky (MT* **1:15 ☆ Pub with Luke Sandford $** *2:30 Chinese songs with Vicky* 3:00 float/1:1 visits- Sabrina 4:00 Sensory lounge- Sabrina	**24** (rec extra- Navida) 10:00 good news- Navida 11:15☆exercises w/ Sabrina 11:15 sensory lounge- Navida 1:15 sensory lounge – Sabrina *2:45 Music with Johann (MT)*
25 rec extra- Navida 10:00 coffee talk with - Navida 10:00☆Drum Group -Dave (MT) 11:00 Sensory lounge- Navida 11:15☆Exercises w/ Iris **1:15☆Richmond Chinese alliance church service** 3:15 Music appreciation with Dave (MT) 4:00-4:45 Sensory lounge- Iris	**26** 10:00 Good News- Sophia 11:00 sensory lounge – Sophia 1:15 ☆Bingo (Serena/Sophia) 1:15 1:1 visits – Iris 3:15 word games with Iris 4:00 sensory lounge – Iris 6:00 ☆Game night - Iris	**27** *9:45 Virtual Worship Service* Iris* *10:00☆Chinese group-Sabrina* *10:00 ☆food committee meeting* 11:00 Sensory lounge – Iris 11:15☆Exercises with Nico 1:15 scrapbooking- sabrina *3:00 Music Appr. w/ Johann (MT)* 3:00 take 10's -Iris 4:00 Sensory lounge- Sabrina 6:00 ☆Karaoke w/ Johann (MT)	**28** 10:00 music with Dave (MT) 11:00 Sensory lounge- Iris 1:15 crafts/décor- Sabrina 3:15 word games- Sabrina *4:00 Piano with Jenny* 4:00 Sensory Lounge – Sabrina 4:00 ☆Happy Hour 6:00 ☆Bingo (Sabrina)	**29 Bus trip $ – fall colours scenic** 10:00 Good news with Sabrina 11:00 sensory lounge/1:1's – Sabrina 11:15☆Exercises with Eddie 1:15 manicures- Iris 3:00-4:30 "Take 10's" - Iris 3:30 sensory, 1:1- Sabrina 3:30 ☆Hymns with Herb 4:00 sensory lounge – Sabrina 6:00 Art & music - Serena	**30** 10:00 Exercises with Sabrina 11:00 Sensory Lounge- Sabrina *11:00 ☆Chinese Songs w/ Vicky(MT* **1:15 ☆ Orange & Black Pub party Spooktacular with Rob & Don $** *2:30 Chinese songs with Vicky* 3:00 float/1:1 visits- Sabrina 4:00 Sensory lounge- Sabrina	**31 Halloween** (rec extra- Esther) 10:00 good news- Esther 11:15☆exercises w/ Sabrina 11:15 sensory lounge- Esther ***1:15 ☆Harvest Halloween Social with Johann (MT) & Sabrina*** *2:45 Music with Johann (MT)*