

Main building <u>2nd Floor Group Programs</u>				September 2026		“🌟”= program on main floor
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Staff 1 st floor- Sabrina (tues-sat) 2 nd floor- Sophia (m-f) 1 st fl float- Iris (sun-th) Float: Serena (m,tu, th, f)		1 <u>9:45 Virtual Worship Service*</u> Sophia 10:00🌟Chinese group-Sabrina 11:00 Sensory lounge- Sophia 11:15🌟Exercises with Nico 1:15 1:1/sensory- Navida 1:30 🌟Resident council -sab/soph 3:00 Music Appr. w/ Johann (MT) 3:00 take 10's -Navida 4:00 Sensory lounge- Sophia 6:00 🌟Karaoke w/ Johann (MT)	2 10:00 music with Dave (MT) 11:00 Sensory lounge - Sonia 1:15 Crafts/Décor – Sophia 3:15 word games- Sophia 4:00 Sensory Lounge – Sophia 4:00 🌟Happy Hour 6:00 🌟Bingo (Sabrina)	3 Fast Food lunch \$ sab/soph 10:00 Good news with Sophia 11:00 sensory lounge/1:1's – Sophia 11:15🌟Exercises with Eddie 1:15 manicures- Sonia 3:15 sensory, 1:1- Sophia 3:15 🌟Res choice/courtyard 4:00 “Take 10's” - Sonia 4:00 sensory lounge – Sophia 6:00 Art & music - Sonia	4 10:00 Exercises with Sophia 11:00 Sensory Lounge Sophia 11:00 🌟Chinese Songs w/ Vicky (MT) 1:15 🌟Pub with Bobby Bacchus \$ 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	5 (rec extra- Dorothy) 10:00 good news- Dorothy 11:15🌟exercises w/ Esther 11:15 sensory lounge- Dorothy 1:15 sensory lounge – Esther 2:45 Music with Johann (MT) 4:00 🌟WORD Christian fellowship
6 (rec extra- Esther) 10:00 coffee talk with - Esther 10:00🌟Drum Group -Dave (MT) 11:00 Sensory lounge- Esther 11:15🌟Exercises w/ Nancy 1:15🌟games with Nancy 3:15 Music appreciation with Dave (MT) 4:00-4:45 Sensory lounge- Nancy	7 Labour Day 1:15 Music with Dave 	8 <u>9:45 Virtual Worship Service*</u> Sophia 10:00🌟Chinese group-Sabrina 11:00 Sensory lounge- Sophia 11:15🌟Exercises with Nico 1:00 🌟Mike's Critters \$ 1:15 1:1/sensory- Nancy 3:00 Music Appr. w/ Johann (MT) 3:00 take 10's -Nancy 4:00 Sensory lounge- Sophia 6:00 🌟Karaoke w/ Johann (MT)	9 10:00 music with Dave (MT) 11:00 Sensory lounge - Sonia 1:15 🌟Harmony Cultural Arts society Cantonese Opera 3:15 word games- Sophia 4:00 Sensory Lounge – Sophia 4:00 🌟Happy Hour 6:00 🌟Bingo (Sabrina)	10 10:00 🌟Christian fellowship 10:00 Good news with Sophia 11:00 sensory lounge/1:1's – Sophia 11:15🌟Exercises with Eddie 1:15 manicures- Sonia 3:15 sensory, 1:1- Sophia 3:30 🌟Hymns with Herb 4:00 “Take 10's” - Sonia 4:00 sensory lounge – Sophia 6:00 Art & music - Sonia	11 10:00 Exercises with Sophia 11:00 Sensory Lounge Sophia 11:00 🌟Chinese Songs w/ Vicky (MT) 1:15 🌟Pub with Susan 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	12 (rec extra-Navida) 10:00 good news- Navida 10:00 🌟Caanan Church Choir 11:15🌟exercises w/ Sabrina 11:15 sensory lounge- Navida 1:15 sensory lounge – Sabrina 2:45 Music with Johann (MT)
13 (rec extra-Navida) 10:00 coffee talk with - Navida 10:00🌟Drum Group -Dave (MT) 11:00 Sensory lounge- Navida 11:15🌟Exercises w/ Iris 1:15🌟games with Iris 3:15 Music appreciation with Dave (MT) 4:00-4:45 Sensory lounge- Iris	14 10:00 Good News- Sophia 11:00 sensory lounge – Sophia 1:15 🌟Bingo 1:15 1:1 visits – Sophia 3:15 word games with Sophia 4:00 sensory lounge – Sophia 6:00 🌟Game night - Iris	15 <u>9:45 Virtual Worship Service*</u> Sopha 10:00🌟Chinese group-Sabrina 11:00 Sensory lounge- Sophia 11:15🌟Exercises with Nico 1:15 🌟Birthday Party with Cindy 3:00 Music Appr. w/ Johann (MT) 3:00 take 10's -Sonia 4:00 Sensory lounge- Sophia 6:00 🌟Karaoke w/ Johann (MT)	16 10:00 music with Dave (MT) 11:00 Chinese Group – Iris 1:15 Crafts/Décor – Sophia 3:15 word games- Sophia 4:00 Sensory Lounge – Sophia 4:00 🌟Happy Hour 6:00 🌟Bingo (Sabrina)	17 10:00 Good news with Sophia 11:00 sensory lounge/1:1's – Sophia 11:15🌟Exercises with Eddie 1:15 manicures- Sonia 3:15 sensory, 1:1- Sophia 3:30 🌟Hymns with Herb 4:00 “Take 10's” - Sonia 4:00 sensory lounge – Sophia 6:00 Art & music - Sonia	18 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia 11:00 🌟Chinese Songs w/ Vicky (MT) 1:15 🌟Pub Social 2:30 Chinese songs with Vicky 33:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	19 (rec extra-Esther) 10:00 good news- Esther 10:00 🌟Richmond Bible Baptist fellowship 11:15🌟exercises w/ Sabrina 11:15 sensory lounge- Esther 1:15 sensory lounge – Sabrina 2:45 Music with Johann (MT)
20 (rec extra-Esther) 10:00 coffee talk with - Esther 10:00🌟Drum Group -Dave (MT) 11:00 Sensory lounge- Esther 11:15🌟Exercises w/ Iris 1:15🌟games with Iris 3:15 Music appreciation with Dave (MT) 4:00-4:45 Sensory lounge- Iris	21 10:00 Good News- Sophia 11:00 sensory lounge – Sophia 1:15 🌟Bingo 1:15 1:1 visits – Sophia 3:15 word games with Sophia 4:00 sensory lounge – Sophia 6:00 🌟art to music w/ Nelson & Iris	22 <u>9:45 Virtual Worship Service*</u> Sopha 10:00🌟Chinese group-Sabrina 11:00 Sensory lounge – Sophia 11:15🌟Exercises with Nico 1:15 1:1/sensory- Sonia 1:30 🌟Memorial Service 3:00 Music Appr. w/ Johann (MT) 3:00 take 10's -Sonia 4:00 Sensory lounge- Sophia 6:00 🌟Karaoke w/ Johann (MT)	23 10:00 music with Dave (MT) 11:00 Chinese Group – Iris 1:15 Crafts/Décor – Sophia 3:15 word games- Sophia 4:00 Sensory Lounge – Sophia 4:00 🌟Happy Hour 6:00 🌟Bingo (Sabrina)	24 10:00 🌟Christian fellowship 10:00 Good news with Sophia 11:00 sensory lounge/1:1's – Sophia 11:15🌟Exercises with Eddie 1:15 manicures- Sonia 3:15 sensory, 1:1- Sophia 3:30 🌟Hymns with Herb 4:00 “Take 10's” - Sonia 4:00 sensory lounge – Sophia 6:00 Art & music - Sonia	25 10:00 🌟Catholic Communion 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia 1:15 🌟Pub with Pete Campbell \$ 2:30 Chinese songs with Vicky 3:00 float/1:1 visits- Sophia 4:00 Sensory lounge- Sophia	26 (rec extra-Esther) 10:00 good news- Esther 11:15🌟exercises w/ Sabrina 11:15 sensory lounge- Esther 1:15 🌟Maple Leaf Singers variety show 2:45 Music with Johann (MT)
27 (rec extra-Navida) 10:00 coffee talk with - Navida 10:00🌟Drum Group -Dave (MT) 11:00 Sensory lounge- Navida 11:15🌟Exercises w/ Iris 1:15🌟Richmond Chinese alliance church service 3:15 Music appreciation with Dave (MT) 4:00-4:45 Sensory lounge- Iris	28 10:00 Good News- Sophia 11:00 sensory lounge – Sophia 1:15 🌟Bingo 1:15 1:1 visits – Sophia 3:15 word games with Sophia 4:00 sensory lounge – Sophia 6:00 🌟Game night - Iris	29 <u>9:45 Virtual Worship Service*</u> Sopha 10:00🌟Chinese group-Sabrina 11:00 Sensory lounge – Sophia 11:15🌟Exercises with Nico 1:15 1:1/sensory- Nancy 1:15 scrapbooking- Sophia 3:00 Music Appr. w/ Johann (MT) 3:00 take 10's -Nancy 4:00 Sensory lounge- Sophia 6:00 🌟Karaoke w/ Johann (MT)	30 National Day for Truth and Reconciliation  10:00 music with Dave	Sensory Lounge: staff prepare the lounge (e.g., music, TV) then engage residents in their preferred 1:1 or group activity such as games, colouring, reading, sorting, matching, puzzles, lpad, food. “Take 10's” – staff spend 10 mins with residents who prefer to stay in their rooms. Library Delivery: <i>sign up to have books delivered.</i> “\$” =Optional program at a cost. Pub drinks \$1-\$4, Paid entertainers \$4, Bus trip \$6 Virtual Worship Service <u>www.spiritualeldercare.com</u> Music Therapy (MT) Music therapists Dave, Johann & Vicky lead 1:1, small & larger groups using instruments, voice & mediums. Virtual Visits (15 min slots for out of town family/friends) to book recreation@rosewoodmanor.org		

