Special Care Unit November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 rec extra- Navida *11-12 Music w/ Dave(MT)* *1:00-2:30 Music w/ Dave (MT)* 1:00-3:45 Rec programs - Navida	**2** Prinnie RT *9:30-12:00 RT sessions*- Prinnie *9:45-11:00 Music with Dave* 11:15-12:00 rec 1:1's *12:45-2:15 RT sessions*-Prinnie **1:00-4:45 Active games /**Sensory 5:45–6:45 Evening walks/ 1:1	**3** 9:30-11:45 Morning Glow 12:45-2:15 rec programs 2:45- 4:45 rec programs	**4** Prinnie RT 9:30–11:45 Morning Movement *12:45- 4:45 RT sessions* –Prinnie **1:15-2:15 Afternoon Social** 2:30-4:00 *Music with Dave (MT)* 2:45-4:45 rec programs	**5** 9:30–11:45 Morning Glow 12:45-2:15 rec programs *2:45-4:45 Music w/ Dave (MT)* 2:45- 4:45 rec programs *5:45-7:00 Music w/ Dave (MT)*	**6** *9:15-10:45 Music with Vicky (MT)* 9:30–11:45 rec programs *1:15-2:30 Music with Johann (MT)* **1:15 ✰Pub w/ Bobby Bacchus$** 2:45- 4:45 rec programs	**7** rec extra-Navida *10:45-12:00 Music with Johann (MT)* 1:00-3:45 Rec Programs
8 rec extra- Navida Prinnie RT *9:30-12:00 RT sessions*- Prinnie *11-12 Music w/ Dave(MT)* *12:45-2:15 RT sessions*- Prinnie *1:00-2:30 Music w/ Dave (MT)* 1:00-3:45 Rec programs - Navida	**9** Prinnie RT *9:30-2:15 RT sessions*- Prinnie *9:45-11:00 Music with Dave* 11:15-12:00 rec 1:1's **1:15 ✰Remembrance Day Service** 2:45- 4:45 rec programs 5:45–6:45 Evening walks/1:1	**10** 9:30-11:45 Morning Glow **1:00 ✰Mike's critters animal show $** 2:45- 4:45 rec programs	**11** 2:30-4:00 *Music with Dave (MT)*  	**12** 9:30–11:45 Morning Glow 12:45-2:15 rec programs *2:45-4:45 Music w/ Dave (MT)* 2:45- 4:45 rec programs *5:45-7:00 Music w/ Dave (MT)*	**13** *9:15-10:45 Music with Vicky (MT)* 9:30–11:45 rec programs 12:45-2:15 rec programs *1:15-2:30 Music with Johann (MT)* 2:45-4:45 rec programs	**14** rec extra-Navida *10:45-12:00 Music with Johann (MT)* 1:00-3:45 Rec Programs
15 rec extra- Navida *11-12 Music w/ Dave(MT)* *1:00-2:30 Music w/ Dave (MT)* 1:00-3:45 Rec programs	**16** Prinnie RT *9:30-2:15 RT sessions*- Prinnie *9:45-11:00 Music with Dave* 11:15-12:00 rec 1:1's **1:15-4:45 Baking /** Sensory 5:45–6:45 Evening walks/ 1:1	**17** 9:30-11:45 Morning Glow 12:45-2:15 rec programs 2:45- 4:45 rec programs	**18** Prinnie RT 9:30–11:45 Morning Movement *12:45- 4:45 RT sessions* –Prinnie **1:30 SCU Birthday Party** 2:30-4:00 *Music with Dave (MT)* 2:45-4:45 rec programs	**19** *rec staff meeting* 9:30–11:45 Morning Glow 12:45- 4:45 rec programs *2:45-4:45 Music w/ Dave (MT)* 2:45- 4:45 rec programs *5:45-7:00 Music w/ Dave (MT)*	**20** *9:15-10:45 Music with Vicky (MT)* 9:30–11:45 Morning Movement *1:15-2:30 Music with Johann (MT)* **1:15 ✰Pub with Angie $** 2:45- 4:45 rec programs	**21** rec extra- Navida *10:45-12:00 Music with Johann (MT)* 1:00-3:45 Rec Programs
22 rec extra- Navida Prinnie RT *9:30-12:00 RT sessions*- Prinnie *11-12 Music w/ Dave(MT)* *12:45-2:15 RT sessions*- Prinnie *1:00-2:30 Music w/ Dave (MT)* 1:00-3:45 Rec programs- Navida	**23** *9:45-11:00 Music with Dave* 11:15-12:00 rec 1:1's 12:45- 4:45 rec programs 5:45–6:45 Evening walks/ 1:1 visits	**24** 9:30-11:45 Morning Glow **1:15-2:15 Tea Social** 2:45- 4:45 rec programs	**25** Prinnie RT 9:30–11:45 Morning Movement *12:45- 4:45 RT sessions* –Prinnie **12:45-2:15 Creative Arts** 2:30-4:00 *Music with Dave (MT)* 2:45-4:45 Float/Senosry	**26** 9:30–11:45 Morning Glow 12:45- 4:45 rec programs *2:45-4:45 Music w/ Dave (MT)* 2:45- 4:45 rec programs *5:45-7:00 Music w/ Dave (MT)*	**27** *9:15-10:45 Music with Vicky (MT)* 9:30–11:45 Morning Movement *1:15-2:30 Music with Johann (MT)* **1:15 ✰ Pub with Lorraine $** 2:45- 4:45 rec programs	**28** rec extra- Navida *10:45-12:00 Music with Johann (MT)* 1:00-3:45 Rec Programs
29 rec extra- Navida *11-12 Music w/ Dave(MT)* *1:00-2:30 Music w/ Dave (MT)* 1:00-3:45 Rec programs - Navida	**30** Prinnie RT *9:30-12:00 RT sessions*- Prinnie *9:45-11:00 Music with Dave* 11:15-12:00 rec 1:1's *12:45-2:15 RT sessions*-Prinnie **12:45-4:45 Xmas Décor/**Sensory 5:45–6:45 Evening walks/ 1:1	**Family is invited to accompany their residents to these main building events:** **Sat., Nov 14 @ 10:00am Caanan Church Choir** **Sat., Nov 28 @ 1:15pm Piano Recital** **Morning Movement***:* staff facilitate range-of-motion (ROM) and functional movement through fun, engaging group activities across three floors to support resident mobility. **Float/Sensory***:* staff assist with group programs or engage residents in 1:1 & small group activities such as games, colouring, reading, sorting, matching, puzzles, food , Ipad/TV (music, singalong, armchair travel & worship).				

Recreation "Rec" programs: Recreation staff Meena (mon- fri) divides her time between the 3 floors. Afternoon recreation programs are offered most weekends. Programs run 20- 45 minutes per floor with an average of 2 programs per floor per day. The programs are designed for residents with dementia and address cognitive, fitness, sensory, 1:1 visits, music, food, seasonal themes and care for the environment. Programs are offered indoors and in the outdoor courtyard such as garden visits (as appropriate). *When recreation or music therapy programs are not occurring -Care staff engage residents with resources on the unit (puzzles, magazines, arts, walking etc.)

Recreation Therapist: Prinnie -12 hours per week. Prinnie is responsible for clinical assessments, care planning and the development and implementation of person-centered therapeutic programs on the SCU "*RT sessions"*

Music Therapy: Music therapists (Dave, Vicky, Johann) divide their time between floors leading 1:1 & small groups incorporating voice & various musical instruments & mediums.

Mobility Program: (6 days/week). Physiotherapist assessment and Rehab assistants work with residents in the program

Face times (duo, zoom): for out of town family/friends: To schedule regular times (15 min sessions) contact Meena (SCU rec staff) at recreation@rosewoodmanor.org or 604-271-3590 ext 141

✰ = program is in the main building. S*taff will accompany SCU residents to these main building programs as appropriate.* **"$"**=Optional program at a cost. Pub drinks $1-$4, Paid entertainers $4