Rosewood Manor - Fall/Winter - 2026-2027

WEEK 2	Nov 8 Dec 6 Jan 3 Jan 31 Feb 28 Mar 28 **SUNDAY**	Nov 9 Dec 7 Jan 4 Feb 1 Mar 1 Mar 29 **MONDAY**	Nov 10 Dec 8 Jan 5 Feb 2 Mar 2 Mar 30 **TUESDAY**	Nov 11 Dec 9 Jan 6 Feb 3 Mar 3 Mar 31 **WEDNESDAY**	Nov 12 Dec 10 Jan 7 Feb 4 Mar 4 Apr 1 **THURSDAY**	Nov 13 Dec 11 Jan 8 Feb 5 Mar 5 Apr 2 **FRIDAY**	Nov 14 Dec 12 Jan 9 Feb 6 Mar 6 Apr 3 **SATURDAY**
Breakfast	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea
	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals
	Scrambled Eggs	Boiled Eggs	Poached Egg	Scrambled Eggs	Boiled Eggs	Poached Egg	Cheese Omelet
	Whole wheat or white toast with jam	Whole wheat or white toast with jam	Whole wheat or white toast with jam	Buttermilk Scones / Whole wheat or white toast with jam	Whole wheat or white toast with jam	Raisin Toast	Whole wheat or white toast with jam
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk
Soup	Cream of Tomato Soup	Winter Vegetable Soup	Cream of Spinach Soup	Lentil Soup	Cream of Mushroom Soup	Borscht Soup	Broccoli Cheese Soup
Lunch	Fillet O' Fish Burger w Lettuce, Tomato and Tartar Sauce and Apple Beet Salad	BBQ Chicken with Dinner Roll and Tossed salad with dressing and bacon bits	Chana Masala, Basmati rice and Green peas	Crispy Chicken Chunks, Potato Salad and Coleslaw	Ham and Cheese Sandwich, Pineapple carrot slaw and Dill pickle	Perogies with Grilled Onion and Fresh Chive, Sour Cream and Turkey Sausage	Sloppy Joe's, Coleslaw and Orange Slices
Minced	Fish with Mash, Green Peas and Hollandaise	Chicken with Mash, Carrots and Gravy	Chickpea with Greenbeans, Mash and Gravy	Chicken with Mash, Turnip and Gravy	Ham with Mash, Cauliflower and Gravy	Turkey and gravy with Mash and Squash	Beef and gravy with Mash and Zucchini
Pureed	Fish with Mash, Green Peas and Hollandaise	Chicken with Mash, Carrots and Gravy	Chickpea with Greenbeans, Mash and Gravy	Chicken with Mash, Turnip and Gravy	Ham with Mash, Cauliflower and Gravy	Turkey and gravy with Mash and Squash	Beef with Mash, Zucchini and Gravy
Alternative	Fish patty with tartar sauce with Rice and Warm beets	BBQ chicken with Rice and Parsley wax beans	Chana masala with Rice and Green peas	Chicken chunks with Rice and Carrots	Baked ham with Rice and Cauliflower	Turkey sausage with grilled onion with Rice	Sloppy Joe filling with Rice and Zucchini
Dessert	Orange Mandarin Jello	Apricots	Strawberries	Pineapples	Baked Apple Slices	Diced Pears	Mango *Or* Oranges
Teatime	**A Variety of Refreshments Including Baked Goods, Local Seasonal Fruit and Other Assorted Snacks**						
Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee
Entree	Roast Pork with Gravy and Apple Sauce, Roasted yams, Wax beans and Red peppers	Meatloaf w Mushroom Gravy, Mashed Potatoes and Steamed Broccoli	Lemon Dijon Basa, Scalloped Potatoes and Julienne Carrots	Rosemary Pork Pot Roast, Buttered red potatoes and PEI vegetables	Chicken Cacciatore, Pasta Shells and Sauteed Mushrooms with Thyme	Herb Sole with Dill Mustard Cream Sauce, Rice Pilaf and Sliced Zucchini	Ranch Marinated Chicken Thighs, Mashed Sweet Potatoes and Glazed Beets
Alternatives	Roast pork, Rice, Wax beans and Red peppers	Meatloaf, Rice and Steamed broccoli	Lemon Dijon basa, Rice and Julienne carrots	Rosemary pork pot roast, Rice and PEI vegetables	Chicken cacciatore, Rice and Sauteed mushrooms with thyme	Herb sole with dill mustard cream sauce and Roast potatoes	Ranch chicken, Rice and Glazed beets
Minced	Pork, Mash, Wax Beans and Gravy	Beef and gravy, Mash and Broccoli	Basa with hollandaise, Mash and Carrot	Pork, Mash, PEI Veg and Gravy	Chicken, Mash, Mushroom and Gravy	Sole in cream sauce, Mash and Zucchini	Chicken, Mash, Beets and Gravy
Pureed	Pork, Mash, Wax Beans and Gravy	Beef, Mash, Broccoli and Gravy	Basa with hollandaise, Mash and Carrot	Pork, Mash, PEI Veg and Gravy	Chicken, Mash, Mushroom and Gravy	Sole in cream sauce, Mash and Zucchini	Chicken, Mash, Beets and Gravy
Dessert	Cream Puff/Chocolate Coulis	Rainbow Sherbet	Homemade Banana Cake	Raspberry Jello with Whipped Cream	Carrot Cake with Icing	Tangerine Mousse with Mandarin Orange segment	Stewed Strawberries and Rhubarb
Evening snack	**Assorted Evening Snacks and Beverages**						