Rosewood Manor - Fall/Winter - 2026-2027

WEEK 3	Nov 15 Dec 13 Jan 10 Feb 7 Mar 7 Apr 4 **SUNDAY**	Nov 16 Dec 14 Jan 11 Feb 8 Mar 8 Apr 5 **MONDAY**	Nov 17 Dec 15 Jan 12 Feb 9 Mar 9 Apr 6 **TUESDAY**	Nov 18 Dec 16 Jan 13 Feb 10 Mar 10 Apr 7 **WEDNESDAY**	Nov 19 Dec 17 Jan 14 Feb 11 Mar 11 Apr 8 **THURSDAY**	Nov 20 Dec 18 Jan 15 Feb 12 Mar 12 Apr 9 **FRIDAY**	Nov 21 Dec 19 Jan 16 Feb 13 Mar 13 Apr 10 **SATURDAY**
Breakfast	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea	Assorted juices / Milk / Coffee / Tea
	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals
	Scrambled Eggs	Boiled Eggs	Poached Egg	Scrambled Eggs	Boiled Eggs	Poached Egg	Omelette
	Whole wheat or white toast with jam	Whole wheat or white toast with jam	Whole wheat or white toast with jam	Pancakes / Whole wheat or white toast with jam	Whole wheat or white toast with jam	Raisin Toast	Whole wheat or white toast with jam
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk
Soup	Cream of Leek Soup	Cream of Tomato Soup	Navy Bean Soup	Minestrone Soup	Pumpkin Soup	Egg Drop Soup	Potato Chowder
Lunch	Belgian Waffle with Fruit Compote and Syrup and Honey Ham	Western Frittata, Potato Hash and Orange Slice	Macaroni and Cheese and Green Salad	Chicken Sandwich on Croissant, Broccoli Coleslaw and Dill Pickle	Cheeseburger with Lettuce and Tomato and French Fries	Ginger Pork Chow Mein and Oriental Vegetable Medley	Hot Turkey Sandwich and Parsley Butternut Squash
Minced	Ham with Mash, Asian Veg and Gravy	Egg with Mash, Green Beans and Gravy	Tofu with Mash, Peas and Gravy	Chicken with Mash, Broccoli and Gravy	Beef and gravy with Mash and Wax Beans	Pork with Mash, Orient Veg and Gravy	Turkey and gravy with Mash and Squash
Pureed	Ham with Mash, Asian Veg and Gravy	Egg with Mash, Green Beans and Gravy	Tofu with Mash, Peas and Gravy	Chicken with Mash, Broccoli and Gravy	Beef with Mash, Wax Beans and Gravy	Pork with Mash, Orient Veg and Gravy	Turkey and gravy with Mash and Squash
Alternative	Honey ham with Rice and Asian vegetable medley	Western frittata with Rice and Orange slice	Tofu with garlic soy glaze with Rice and Peas	Baked chicken chunks with Rice and Broccoli	Beef patties with Rice and Wax beans	Assorted sandwiches with Green salad	Turkey with Rice and Squash
Dessert	Orange Wedges	Peaches	Fruit Cocktail	Blueberries with yogurt	Pineapples	Cinnamon Baked Apple	Mandarin Oranges
Teatime	**A Variety of Refreshments Including Baked Goods, Local Seasonal Fruit and Other Assorted Snacks**						
Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee	Chicken Congee
Entree	Beef Pot Roast with Gravy, Garlic Mashed Potato and Roast Root Vegetables	Tilapia with Red Thai Sauce, Fried Rice and Steamed Broccoli	Chicken Florentine, Roast potatoes, Cauliflower and Peas	Beef Fajita with Green Onion, Mashed Sweet Potatoes and Mexican Vegetables	Almond Orange Chicken, Herbed Rice and Creamed Spinach	Baked Salmon with Chive Hollandaise Sauce, Baked potatoes, Sour cream, Green onions and Parsnips and carrots	Veal Cutlet with Gravy, Mashed Potato and Garlic Zucchini
Alternatives	Beef pot roast, Rice and Roast root vegetables	Tilapia with red Thai sauce, Mashed potatoes and Steamed broccoli	Chicken Florentine, Rice, Cauliflower and Peas	Beef fajita, Rice and Mexican vegetables	Almond orange chicken, Mashed potatoes and Creamed spinach	Baked salmon, Rice and Parsnips and carrots	Veal cutlet, Rice and Garlic zucchini
Minced	Beef and gravy, Mash and Root Veg	Tilapia with hollandaise, Mash and Broccoli	Chicken, Mash, Cauliflower and Gravy	Beef and gravy, Mash and Mexican Veg	Chicken, Mash, Spinach and Gravy	Salmon, Mash, Carrot and Hollandaise	Beef and gravy, Mash and Zucchini
Pureed	Beef, Mash, Root Veg and Gravy	Tilapia with hollandaise, Mash and Broccoli	Chicken, Mash, Cauliflower and Gravy	Beef, Mash, Mexican Veg and Gravy	Chicken, Mash, Spinach and Gravy	Salmon, Mash, Carrot and Hollandaise	Beef, Mash, Zucchini and Gravy
Dessert	Peach Pie with Whip Topping	Ice Cream Sandwich	Butterscotch Pudding with Wafers	Chocolate Cake	Strawberry Jello Whip	New York Cheese Cake with Berry Sauce	Mango Cream Cake
Evening snack	**Assorted Evening Snacks and Beverages**						